



the BULLETIN

PRESIDENT

Don Collins 0488010467

VICE PRESIDENT

Miriam Peck 0435296636

TREASURER

Jeff Langdon 0411552862

SECRETARY

Ros McArthur 0409241115

CLASS COORDINATOR

Miriam Peck 0435296636

MEMBERSHIP/MY U3A

Nina Netherway 0417371873

WEBSITE MANAGER

Nina Netherway 0417371873

EVENTS MANAGER

Elena Tommasi 0421520414

OFFICE MANAGER

Rebecca Black 0488661317

BULLETIN

Anne Dwyer 0477701742

GALLERY MANAGER

Barbara Burnett 0477035507

PUBLIC OFFICER

Ros McArthur 0409241115

Steve Walsh BGMA Workshop

U3A PHONE OFFICE NUMBER

0431859315

U3A POSTAL ADDRESS

PO Box 2058, Bakery Hill,
Ballarat, VIC 3350

Reg. No A 13304 K
ABN 3371 3445 856

Email: info@u3aballarat.org.au

Web: www.u3aballarat.org.au

Facebook: U3A Ballarat

Bulletin: bulletin@u3aballarat.org.au

Next Bulletin Deadline

September 30 2024

CLASS UPDATE

A list of class vacancies is shown on page three of this Bulletin. Term Four includes additional classes, including 'Design for Wellbeing' which will be offered in November. In this class Stuart Porteous (tutor), through excursions and discovery activities, will support individuals and couples to create your unique wellbeing environment.

Monday 9:15 - 1:30 Tennis and Hockey Centre, Gillies St.

The next series of 'Tell Your Life Story' returns. Experienced author and editor, Susan Pierotti, returns for this 3-week workshop to guide you in preparing a meaningful legacy for your family. Remember, no-one's story is boring!

Visit the website for full details on all classes.
www.u3aballarat.org.au



Forthcoming Events for September and October

Saturday September 7

Swap Tables BNCC 10-11am

Thursday September 12

Tea Dance - Ukulele Minstrels and dance classes BNCC 2.30-3.30pm

Thursday September 19

Coffee and Chat Selkirk Foyer 989 Norman Street 10-11am

Friday September 20

Final day of Term Three classes

Saturday October 5

Swap Tables BNCC 10-11am

Monday October 7 - Friday December 6

Seniors Art Gallery Display

Thursday October 10

Seniors Week Exhibition Day BNCC
10am-4pm

Thursday October 17

Coffee and Chat Selkirk Foyer 989 Norman Street 10-11am

Thursday October 31

Thank You Lunch for Tutors, Reps and Volunteers BNCC
12.15-2.15pm





President Don Collins

It is a privilege to hold the role of President of U3A Ballarat and I look forward to working with you as we continue to build the culture of our dynamic organisation.

Tutors are essential in building our culture. The diversity of classes held at U3A Ballarat is testament to the extensive knowledge and skills that our community has to share. The data, shared by Miriam at the AGM, outlined the depth and breadth of what we do ... nearly 1200 members and over 120 classes. We seem to thrive on coming together and learning together. You will soon receive emails calling for Tutors for both the Summer School and our 2025 classes. Our newly appointed Vice President, Miriam Peck, will continue in the role of Class Coordinator, and she will liaise with you to ensure the necessary information is collected.

Last year, the Committee developed a Vision statement for U3A Ballarat: *To develop a sense of belonging and enjoyment of life, through sustained and supportive connections within the U3A Community, and as part of the broader Ballarat community.*

The return of Swap Tables is an example of how we form connections with each other: in this instance, through sharing produce and exchanging stories over a cuppa. Bring some produce to share if you have some, or just come along and enjoy the bounty of others. It's all free ... even the tea and coffee.

Not everyone was able to attend the August AGM. Below is the speech I gave at this key event:

Firstly, I would like to recognise the outstanding contribution made by Nina as President over the past two years and as a Committee member for 20 years. Nina has shown a commitment to U3A Ballarat which is admirable. She has led by listening to others, seeing possibilities, finding solutions and working with members and organisations beyond our own to create opportunities and outcomes that nourish U3A Ballarat. For example, The Gallery in the Hall came to being via a suggestion from a member, and lo and behold in matter of months, we had another way to showcase the talents of our members.

I am not Nina, and as a relatively newcomer to Ballarat, having arrived in 2021, I don't have her extensive local knowledge and connections. But this is why we have a Committee. The experience and talents of the Committee members make for a shared journey that will, at times, ask general members to assist and contribute their skills and energies. It takes a village to raise a child: I suspect the same applies to U3A Ballarat and all other U3As across the world.

It is my hope that the new Committee will carry on the good work of assisting tutors and classes to offer an extensive range of learning opportunities for members of U3A Ballarat. I also hope that we shall continue to set an agenda which keeps U3A moving forward whilst retaining all the elements that foster connection, a sense of fun and clear sense of community, helping reduce any sense of isolation for our members.

As a volunteer-based organisation, we try our best to work well with others, and recognise that the universe (ie the needs of families and health matters) also places demands upon us. We all do what we can.

Australia's newest breakdancing proponent Ray Gun has weathered what I believe is unfair criticism for her performance at the Paris Olympics. The barrage of hate speech online and a change.org petition demanding justification of her selection would knock down many. Yet, despite the public ridicule, she appeared in a clip at the 2024 Logies where she finished with the phrase ... "be nice to one another". It is a maxim we should remember every day.

In conclusion, I would like to thank and recognise the contribution of the Recorder Ensemble, ably led by June Johnstone, for their performance at the AGM. The quality of the sound and the intricacy of the music was remarkable and a most fitting tribute to our outgoing President, Nina.



Recorder Ensemble members at the AGM

Don

Class Vacancies September 2024

The following list names all the classes that currently appear to have vacancies and have no-one on their waiting list. Please communicate with the relevant class tutor before enrolling.

500 Card Game	Glass Fusing in the Microwave
Australian History	History of Buninyong
Ballarat and District History - An Overview	Knitting and Crocheting
Ballarat U3A Choristers	Latin
Bridge Play Sessions	Linguistics- an Introduction
Celebration of French Song	Mahjong
Celtic Band	Music Appreciation
Christian Church History - 5th to 10th Centuries	Native Orchids around the Ballarat Region
Cryptic Crosswords	Painting and Drawing
Current Affairs	Painting Group
Design for Wellbeing (Term 4)	Petanque (Term 4)
DNA Details - Group A (Term 4)	Positive Practices, Positive People 2
Essays and Ideas	Recorder Ensemble
Exploring Magical Melbourne	Scrabble
Fall of the Roman Republic	Shakespeare
Film Musicals	Tell Your Life Story (Term 4)
Fine Art Photography	Wine Appreciation
French - Reading in French	Year of Revolution, 1848
German	Yellow Book Club

YOGA TUTOR 2025

We are wondering if there is a yoga teacher in the U3A membership who might be interested in taking one or two yoga classes in 2025. If you are interested, please contact Lori Hutton, Yoga Tutor kalima.39@gmail.com

WOODWORK TUTOR

Woodwork is one of our most popular classes and we are seeking a Tutor once our Manual Arts Workshop is operating. If you know of someone who might be a potential tutor, please contact our Class Coordinator, Miriam Peck.

ClassCoordinator@u3aballarat.org.au

Nina Netherway, Past President, Committee Member and Life Member spoke with Anne Dwyer

Tell us about your early memories of Ballarat

Well, there are lots of memories. I was born in Ballarat and remember having the freedom to do whatever we liked. We could play in the street, go up to the lake, swim with the leeches at View Point and have picnic teas there. Sunday School picnics, with everyone on a sugar 'high' from drinking raspberry cordial, are also a strong memory. The picnics were on the lake near Pipers, and we would have egg and spoon races. The boys would row hire boats, and we would throw ice into the lake to see what would happen.

Growing up, I was lucky with my family. My father, in particular, had an inquiring mind. When I was in Grade 5, I was mad keen on nature - collecting insects and all sorts of things. At school, a teacher made little boards and we could write about and illustrate an insect on them. These were placed at the top of the blackboard. I was breeding silkworms at that stage and I took along some silkworm eggs and they hatched! The next morning, there were lots of little caterpillars wandering around the blackboard. I had to gather them up and take them home as they didn't have anything to eat: I raided the mulberry trees of people I knew as we didn't have a mulberry tree. This interest in nature led to my family joining the Field Naturalist Club. We went out on excursions and had wonderful times. Alan Sonsee, a science lecturer at the Teachers' College, showed us how a huntsman spider could walk up your arm without causing any harm!

A passion for history seems to run in your family.

Dad was a member of the Historical Society and was Secretary for a number of years. When I was at Teachers' College, I would 'man' the local museum. I suppose I was just immersed in history. I remain a member of the Historical Society and am currently the Secretary. We hold monthly meetings and have a speaker - usually someone who can talk on Ballarat's history. When Sovereign Hill began, the Historical Society collection went over to Sovereign Hill to start their Gold Museum collection.

What have been some of your U3A highlights?

As President, a highlight has been hearing people tell me how they love U3A. They love the tutors and they don't know what they would do without U3A. When you see people come to organised events - like exhibitions in the BNCC Hall Gallery - it is very satisfying. Working with the Committee is a highlight: it is terrific to watch others work on shared ideas. I have been a Committee member for 20 years. Initially, I worked on the Bulletin with my partner, Zelda, for over eight years. I then took on the Membership role, creating a date base using FileMaker Pro (prior to the advent of MyU3A). It was good to be able to maintain the information technology skills I had developed before I retired.



I would describe you as an active and interested listener. How important has listening been as U3A President?

If you listen you find out all sorts of interesting things. I am curious to find out more about what others are doing. I find people to be interesting: if they have a problem, I am happy to try and help them. I just like talking to people!

What have you learnt about yourself through your U3A Presidency?

Well, I never wanted to be a president of anything. And when I was persuaded to take on the role, I thought 'oh!'. But, I have learnt that I can do the role. Leading a great group has been a real pleasure. It has been a challenge, but it has been really rewarding. I am glad I did it.

What does life look like for you post U3A Presidency?

I will do more recorder practice! Music is one of my interests. I might take up more classes and devote more time to volunteer work. I don't want to stagnate: I want to continue to learn and gain knowledge 'in my old age'.

You were recently given the nickname 'Ninja' as you moved deftly from one U3A Ballarat performance group to another, dressed in black. Ninjas need to be skilled. How do you feel about this nickname?

"I've never had a nickname in my life! I don't know what I think about having one."

Bridge Play Sessions (Bridge)

This month's class profile is on Bridge, a world-wide card game, which is offered by Tutor, Ann Agni.

Can you tell us something of the history of the card game, Bridge

Bridge has a long and convoluted history. It dates back to the sixteenth century and originates from the trick taking card game, whist, which was popular with the British nobility of the time. Some people believe bridge actually originated in India and was then taken to England by soldiers. In the 1800s 'biritch' (Russian whist) evolved during the time of the Crimean War. Biritch saw the dealer become the declarer, and bidding for trumps became part of the game. (Biritch means 'herald/announce' in Russian.)

There are other theories as to how the name 'Bridge' came into being. During the Crimean War, British soldiers were billeted in Istanbul, and it is said that soldiers would cross a bridge to a coffee house to play cards, and that the crossing of the bridge led to the name, Bridge. The 'dummy' hand, which is part of the modern bridge game, may have come from India. Soldiers who were stationed in remote parts of India could struggle to find four players, so they invented the 'dummy' hand which meant only three players were needed. The American, Harold Vanderbilt, is accredited with refining the scoring and bidding of the modern game, creating a more interesting, challenging and a fairer game.

When did you start playing Bridge?

I was 16 and living in Burma when I began playing whist with my mother. In Burma, we always played card games from a very young age. Adults viewed cards as a good way to socialise children and to introduce them to numbers and concepts. On those very wet, monsoon days, cards were a popular pastime. From whist, I moved to playing Auction Bridge: a game where you bid on your own hand. In 2016, decades after leaving Burma and moving to Australia, I joined the Ballarat Bridge Club, where I was introduced to Duplicate Bridge.



When did you first offer Bridge at U3A Ballarat? You have a loyal following in the U3A Ballarat Bridge class. Why do you think people choose to stay playing Bridge?

I first offered bridge classes in 2020 - just before COVID! We started with 16 very enthusiastic players. Interested people came back once classes resumed and they have stayed. Bridge is an interesting game. Each hand is slightly different and, therefore, you need to call upon knowledge and apply it to that particular hand. This is the skillfulness of the game and provides mental stimulation. Bridge appeals to people who like numbers and like analysing things. Bridge is also very social by nature: this is a big draw card. At U3A Ballarat bridge, you move around and mix with others. Communication is involved. And, if you play competitive duplicate bridge at a club like the Ballarat Bridge Club, you will have a partner and you need to know your partner's game.

Do you despair when U3A Ballarat Bridge members, like me, forget conventions?

No, not at all. I know it is difficult to remember artificial bids, which are the conventions, where the meaning doesn't directly relate to the bid itself. I despair if people think bridge is too difficult and abstract and they don't want to try it. It is a logical game where you can learn and progress based on mathematical principles. Bridge is a thinking game, which is why it is interesting.

You are ably supported by other bridge playing members of the U3A community when you run classes.

We are a very congenial lot who are willing to help and who appreciate what U3A offers. U3A provides the space for people to share skills and interests: you don't have to be an expert to contribute. People like this approach and will help in any way they can.

In conclusion

I want people to enjoy bridge: it is a game for everybody. I want to dispel the idea that bridge is elitist and only wants certain people. You are all most welcome to come and try: new blood allows the group to grow. You don't need a partner. We play different styles of bridge: one week we play social, the next week we play duplicate, then the next is competition, and we also have a teaching and learning week to learn the various aspects of bridge. U3A Ballarat Bridge classes run on Monday afternoons from 2.30-4.30pm during school terms.

Meet Your Committee Members

Don Collins, President

I worked in education and educational leadership in Australia and overseas. My second language, Spanish, is widely spoken in various parts of the world and my haltingly third language, Mandarin, is spoken by one of the two most populated countries in the world. What do I believe U3A offers? That's simple ... opportunity, connection, learning and a sense of fun. But it is my passion for scuba diving that has taken me to many locations across the globe and nothing soothes me more than being 30-40m under the water observing marine life in its many forms. As a keen gardener, I enjoy the opportunity to create an environment where a diversity of trees and plants co-exist in a harmony that is pleasing to the eye and the ear. What a privilege it is to be able to grow a wide range of produce for our own dining table and to also share the bounty with others. (Zucchini's anyone?!)



Miriam Peck, Vice President

I have had an almost unbroken involvement in education since I was three years old until my retirement at age 70 - as a student and then as a teacher of primary, secondary, special education and TAFE students. The main legacy that remains from this long association is that I just love teaching and I love learning! As soon as I have learned a new skill or developed a new interest, I want to pass it on to others. U3A has given me the opportunity to remain a learner and a teacher. What a wonderful organisation it is! Far from being solely academic as 'university' in the name might suggest, U3A brings together people from all backgrounds of life with such a variety of experiences. From serious study to the fun and frivolity of our occasional events, I never imagined that retirement could be so rewarding and so much fun. My husband of 50 years is Roger, a fellow U3A member and talented musician. We have been privileged to travel in Australia and overseas several times during those years. My passions are social history, genealogy, family history, quilting and stitching, most of them the focus of U3A classes that I teach. I particularly enjoy delving into the world of DNA and have experienced the satisfaction of solving the mystery of parentage of several people.



Miriam and husband, Roger, revisit their honeymoon destination, 50 years on.

U3A BALLARAT IN THE COMMUNITY

Our Sit and Stitch class are once again helping others - this time, their commitment is to the broader Ballarat community. Sit and Stitch members are making Sensory Mats (fidget mats) for the Ballarat Health Services. The mats, created using repurposed materials, are designed for people with Dementia. The mats give people something to do with their hands: they can touch the different objects on the mats.

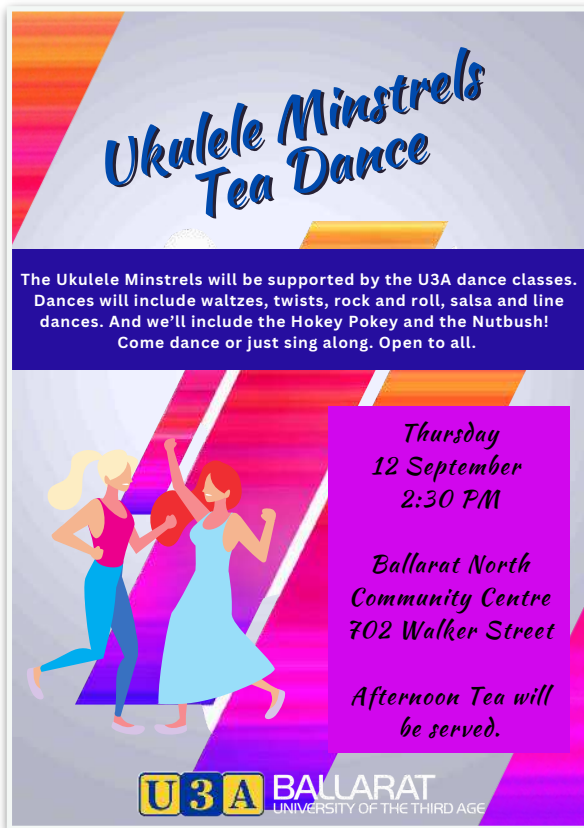


U3A Ballarat in the Community

Do you have a story to share on how U3A is working with the local community?
If so, send an article and image to

bulletin@u3aballarat.org.au

SAVE THE DATE



Ukulele Minstrels Tea Dance

The Ukulele Minstrels will be supported by the U3A dance classes. Dances will include waltzes, twists, rock and roll, salsa and line dances. And we'll include the Hokey Pokey and the Nutbush! Come dance or just sing along. Open to all.

**Thursday
12 September
2:30 PM**

**Ballarat North
Community Centre
702 Walker Street**

Afternoon Tea will be served.

U3A BALLARAT
UNIVERSITY OF THE THIRD AGE

Strut Your Stuff

Let's celebrate Seniors 'Week' in style (and for longer than a week!)

The U3A Chorale will perform at the Mercure Hotel on Tuesday October 1 11.30-11.50am.

From October 7 to December 6, we will feature rolling exhibitions of creative works from U3A members in the BNCC Hall Gallery.

Thursday October 10 will feature a display from creative classes and individuals in the BNCC Hall. Do you belong to a small music ensemble (6-8 people) who might like to play on the day?

Are you interested in participating? If so, contact Elena Tommasi elena.u3a@gmail.com by Friday September 13 and she will send you a form to complete.

COMMUNITY EVENTS



City of Ballarat

**Ageing Well
Pilates Class**

Over 55's | \$5 per class

Brown Hill Public Hall
375 Humfray Street North, Brown Hill
3-3.45pm | Wednesdays (No class on public holidays)

For bookings and accessibility please contact the Social Activities Team
Call 5320 5637 or email socialconnections@ballarat.vic.gov.au
Please bring your own mat

CITY OF BALLARAT



City of Ballarat

**Seniors Exercise
Park Group**

Over 55's | FREE

Mount Pleasant Reserve
Morton Street, Mount Pleasant, Ballarat
1.30pm | Thursdays (No class on public holidays & 2 May)

Bookings essential
Contact City of Ballarat Community Connections Team on 5320 5637

CITY OF BALLARAT

Visit the Staying Active and Connected site to find out more about the range of activities, events and information being offered by the City of Ballarat.

<https://www.ballarat.vic.gov.au/community/ageing-well-ballarat/staying-active-and-connected>

COMMUNITY EVENTS



Editor's Note: I had the pleasure of listening to wonderfully lyric performances in the Celebrating Chopin section of the Eisteddfod. The Art Gallery of Ballarat provided the perfect venue to hear music by the 'poet of the piano'.

**ROYAL SOUTH STREET SOCIETY
BALLARAT EISTEDDFOD**

EVENTS THIS Month

01 SEP	CELEBRATING CHOPIN From 11am at the Art Gallery of Ballarat Ballarat Masonic Centre \$20 Adult \$16 Concession
04-06 SEP	ALL ABILITIES PERFORMING ARTS The Farm Campus - Ballarat Specialist School From 9.30am - 3.00pm - gold coin donation
05-06 SEP	CHORAL COMPETITION Founders Theatre - Federation University From 9.30am - 3.00pm - \$10 Adult \$8 Concession
07-12 SEP	SCHOOLS INSTRUMENTAL MUSIC Founders Theatre - Federation University From 9.30am - 3.00pm - \$10 Adult \$8 Concession

TICKETS & SCHEDULE AVAILABLE ONLINE
Tickets are available at the door or online via our website
www.royalsouthstreet.com.au

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BALLARAT EISTEDDFOD**

**ROYAL SOUTH STREET SOCIETY
BALLARAT EISTEDDFOD**

EVENTS THIS Month

21 SEP - 05 OCT	DANCE Founders Theatre - Federation University From 9.30am - 8.00pm daily From \$15 Adult \$10 Concession
11 - 30 OCT	CALISTHENICS Founders Theatre - Federation University From 9.30am - 8.00pm daily Full session \$25 Adult \$20 Concession

*All Troupes Weekend - 21/22 September
Solos/ duos/ trios in all dance genres and all age groups
Senior Championships 04/05 October*

*Calisthenics Solo Final - 11 October
100 years Graceful Solo Final - 12 October
All age groups and divisions throughout October*

TICKETS & SCHEDULE AVAILABLE ONLINE
Tickets are available at the door or online via our website
www.royalsouthstreet.com.au

Interested in knowing more?
Visit www.royalsouthstreet.com.au

REMEMBERING HANK REM

A few weeks ago, our dear friend Henk Rem passed away after a short illness. Henk was an active and well-respected member of the U3A Cycle Touring Group and was a Tutor for some years with the U3A Woodworking Group.

Raised in the northern suburbs of Amsterdam, Henk was an energetic youth, applying his powerful body to racing on ice skates, rock climbing and gymnastics. Maybe it was these pursuits that stimulated his love of cooking?

Henk trained and practiced as a professional photographer in his homeland of the Netherlands and, after migration, in Australia. Trained from his teen years in photographic developing and printing, Henk was indeed a master craftsman in capturing images; his wildlife photography reached high standards.



Henk's photographic career spanned all the major disciplines within the profession - from climbing or flying to dizzying heights when photographing major industrial sites such as oil refineries, through to personal and family occasions including marriages, births and 'rite of passage' celebrations. Henk's life in photography stretched from black and white through the advent of colour and into the digital age. Throughout, he loved making great images.

After migrating to Victoria, Henk joined a retail photography business in Prahran, later assuming control when the owner retired. It was during this time that Henk met Elly and they lived for some years in that very urban setting. Later, they exchanged urban life for 'the bush' with a move to Warburton. As great contributors to local life and business, Henk and Elly were active in the local bushwalking group, while establishing and operating a retail craft business in the main street; many items of their stock were handmade by Henk or Elly.

After settling in Ballarat in the early 2000s, Henk joined U3A and enrolled in the woodwork class; Henk subsequently took up duties as a tutor within the group.

Upon re-discovering his love of cycling with a wreck of a bike recovered from roadside hard waste, Henk joined cycling groups, participating with great energy in day rides and multi-day tours. Very rapidly, a stable of bikes adorned Henk's shed. All were well used. He became an almost unstoppable rider. Henk was always 'up for the challenge' and at one time would participate in mountain bike, gravel and sealed road rides of all sorts. Short and, at times, very long.

'Race the Train' at Castlemaine? No problem!
 'L'Etape' ride at Jindabyne? No problem!
 Wodonga to Bairnsdale over Mt Wills? No problem!
 20% gradient on Slatey Creek Road? No problem!

And so it went. Unstoppable, despite the falls.

Henk was ever thankful for the medical interventions and support from his doctors that enabled him to 'ride on' through the otherwise debilitating Parkinson's Disease. Latterly, Henk bought an e-bike which reinvigorated and extended his riding adventures: Henk loved riding, the outdoor life and the accompanying social interactions.

His very many friends and acquaintances will remember Henk as a gentle, kind and ever cheerful soul. His dogged determination to keep going, despite the medical odds, stand as an inspirational and aspirational example.

Henk is survived by his wife Elly, daughter Eleasha and stepdaughter Angela.

Rest in Peace, old friend.
 Howard Gibbon

Gail Burge's Hash Brown Potato Bake

Barbara Burnett shared this recipe, which has become a family favourite.

Ingredients

8 hash browns, thawed, thickly sliced
 ¼ tsp cayenne pepper
 1 c tasty cheddar cheese, grated
 pepper to season
 2 tsp olive oil
 1 medium brown onion, finely chopped
 3 bacon rashers, finely chopped
 ½ red capsicum, finely chopped
 1 c sour cream
 parsley, coarsely chopped, to serve



Method

1. Preheat oven to 200C. Lightly grease 6 cup (1.5 litre) baking dish. Place hash brown, cayenne pepper and half the cheddar in a heatproof bowl. Season and toss to combine.
2. Heat the oil in a large frying pan over medium heat. Add the onion, bacon and capsicum and cook, stirring for 4 minutes or until the onion softens and the bacon is golden.
3. Add the onion mixture to the hash brown mixture in the bowl, and gently stir to combine. Gently stir in the sour cream. Spoon into the prepared dish and sprinkle with remaining cheddar.
4. Bake for 25-30 mins or until the cheddar is bubbling and golden brown.
5. Season with pepper and sprinkle with parsley.

Anne Dwyer prepared this and said, "The ultimate comfort food! It was easy to cook and held its shape once cooked. I used light sour cream and was happy with the result." Don also tried the bake and said, "This is a winner. I don't usually like hash browns: this recipe has converted me!"

We are keen to include economical, nutritious, seasonal recipes in the Bulletin. Do you have recipes ideas you would be happy to share? If so, send your recipe and a photo to bulletin@u3aballarat.org.au. We will try and include one recipe in each Bulletin edition.

GARDENING TIP: WEEDS

Spring brings buds, blooms ... and weeds! If you wish to remove weeds that have grown in hard to access places, simply pour boiling water over the weeds. If a few days, the weeds will die and can be easily removed.



Coral Hiscock, Gardening Interest Group

GARDENING INTEREST GROUP (GIG)



GIG visited the property of Chris Dickinson, Invermay, touring the amazing, undulating garden set among 6 acres of manicured lawns, spectacular, multiple hedges and beautiful blossoming trees. Thank you, Chris.

UNIVERSITY OF THE THIRD AGE

QUIZ CORNER

The 2024 Paris Olympics and Paralympics have captured the attention of many of us. Can you answer all 5 questions correctly?

1. The first Olympic games were part of an Ancient Greek festival. The competition lasted for: a) six days, b) six weeks, c) six months
2. True or false. The colours of the Olympic rings, and the white backdrop, reflect the colours found on the flags of participating nations.
3. From 1921-1948, artists participated in the Olympics. Name three of five art disciplines that took part.
4. The symbol of the Paralympic Games is called 'Agitos'. What does Agitos mean in Latin?
5. In wheelchair tennis, players are allowed to let the ball bounce: a) once, b) twice, c) thrice



Tutors and members, would you like to provide five questions and answers for future Bulletin editions? We are seeking one multiple choice question, one true or false question, and three questions types of your choice. Please send your questions and answers to bulletin@u3aballarat.org.au

U3A Office**Ballarat North Community Centre****702 Walker St Ballarat North****Office Hours Term Three:**

Tuesday 10am-12pm
Wednesday 10am- 2pm
Thursday 10am-2pm

SWAP TABLES**Saturday October 5**
10-11AM

702 Walker St Ballarat North
Would you be interested in
volunteering to support our Swap
Tables? If so, please contact
Anne Dwyer
bulletin@u3aballarat.org.au



Quiz Answers

1. c (six months)
2. True
3. Painting, Sculpting, Architecture, Writing, Music
4. I move
5. b (twice)

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