



the BULLETIN

PRESIDENT

Nina Netherway 0417371873

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MEMBERSHIP/MY U3A

Mary Maloney 0411260047

WEBSITE MANAGER

Elena Tommasi 0421520414

OFFICE MANAGER

Rebecca Black 0488661317

BULLETIN

Anne Dwyer 0477701742

PUBLIC OFFICER

Ros McArthur 0409241115

Barbara Burnett Supplies, Gallery

Joyce Cuttle Volunteers

Chris Hindhaugh Equipment

Steve Walsh The Shed

U3A PHONE OFFICE NUMBER

0431859315

U3A POSTAL ADDRESS

PO Box 2058, Bakery Hill,
Ballarat, VIC 3350

Reg. No A 13304 K
ABN 3371 3445 856

Email: info@u3aballarat.org.au

Web: www.u3aballarat.org.au

Facebook: U3A Ballarat

Bulletin: bulletin@u3aballarat.org.au

Next Bulletin Deadline

May 27 2024

CLASS UPDATE

AMERICAN POLITICS

Democrat ... Republican ... Congress ...
Electoral College

Only 5 months to go now! Do you want to understand the USA political system and its electoral process better? Then Richard Byrne's class is for you!



Wednesday Weeks 2 and 4, Red Room BNCC, 11am-12:30pm
Contact Richard Byrne for more details: 0480 429 658

More information relating to class vacancies can be found on page three of this Bulletin, along with the call for a second woodwork tutor.

Forthcoming Events for May

Wednesday May 15

New Members' Morning Tea BNCC lunchroom
10.30-11.30am

Thursday May 16

Coffee and Chat Selkirk Foyer 989 Norman
Street 10-11am

Thursday May 23

Celtic Band Soirée BNCC 2.30-3.30pm

Wednesday May 29

Ukulele Minstrels' Seventies Singalong Hut 48 2.30-3.30pm

Tuesday June 18

Ballarat U3A Choristers Soirée BNCC 2.30-3.30pm

Wednesday June 19

New Members' Morning Tea BNCC lunchroom 10.30-11.30am

Thursday June 20

Coffee and Chat Selkirk Foyer 989 Norman Street 10-11am

Thursday June 20

Chorale and Recorder Concert BNCC 2.30-3.30pm





President Nina Netherway

I write this as I contemplate the next few days sitting at home with COVID. I could not believe it, as this is the first time I have had it. What a week to have it: our monthly Committee meeting, and my Australian History class with a visiting speaker. However, this is where U3A friends are amazing: I have had phone calls and messages - from 'you poor old thing', to 'do you want food', 'I can take your class if you like', and 'no problems, I can run the Committee meeting in your absence'. How grateful I am to have such friends.

The month began with Elena and I cleaning out the storeroom at the Hut. I don't quite know how Elena managed to squeeze all the stuff we were throwing out into her car - but she did and the room is very tidy. The only thing that remains and should potentially be ditched is the overhead projector - do we know if anyone is using it, and, is it still useful?

During the holidays, the Gallery hanging railings were installed in the BNCC Hall and the first classes to show their handiwork will be the Painting and Drawing classes in June. The Gallery is being managed by Barbara Burnett who will be contacting classes regarding times they might like to show their work. I look forward to attending our first exhibition opening in June.

Our Hawaiian themed oldies dance was amazing - the Ukulele Minstrels set the pace and we all bopped along with our various dancing skills!!! The hall, decorated by Mary and Elena, looked fantastic - the flowers created by Sit and Stitch for the Begonia Festival parade lined the doorway, and tables were set with (empty!) champagne glasses to give a beach-like atmosphere. Thank you to all who participated and made the night so much fun.

During my time isolating at home, I was able to Zoom in to the Regional Network meeting. This is a meeting of all U3As in the Grampians Region. Most U3As are small in size, but it is interesting to hear what they are doing and how they run their classes. One thing Network is doing is trying to assist U3As, particularly in running classes and providing resources to run classes. To this end, they have many course guides available - some are for face-to-face classes, whilst others use Zoom or video technology. There are also course plans available to assist new tutors who are not confident in starting a class - these include language, art, science, and First Nations. So, if you think you might like to lead a course with the help of these resources, please go online to Network Victoria (u3avictoria.org.au). Do have a look, as you might find something of interest to you, and if there is, let me know.

Yesterday, masked up, I attended a meeting with the Level Crossing Authority regarding access to the railway station. As you have probably read, work will be undertaken so that the platforms can be accessed without having to walk over the rail tracks. They are planning to put a bridge over the tracks with a lift at either end at the east of the station platform. It will be interesting to see if the heritage suggestions we put up will be carried out. It took a two hour meeting to obtain that much information!

I hope I get over COVID soon, and I hope that you all keep well during these cold autumnal mornings.

Nina



'Aloha' Committee members!



Barb and Gary Johnston



A quick chat between dances

Class Vacancies May 2024

The following list names all the classes that currently appear to have vacancies and have no-one on their waiting list. Please communicate with class tutor before enrolling.

[American Politics](#)
[Australian History](#)
[Ballarat & District History - An Overview](#)
[Ballarat U3A Choristers](#)
[Belly Dancing \(& Belly Laughs\) with Becky](#)
[Bridge Play Sessions](#)
[Celebration of French Song](#)
[Celtic Band](#)
[Christian Church History - 5th to 10th Centuries](#)
[Classics Reading Group](#)
[Cryptic Crosswords](#)
[Current Affairs](#)
[Essays and Ideas](#)
[Exploring Magical Melbourne](#)
[Fall of the Roman Republic](#)
[Film Musicals](#)
[Fine Art Photography](#)
[French - Reading in French](#)
[Genealogy and Family History](#)
[Genealogy and Family History online course](#)
[German Advanced](#)
[German Beginners](#)
[Glass Fusing in the Microwave](#)
[History of Buninyong](#)
[Introduction to Linguistics](#)
[Islamic Geometric Patterns](#)
[Knitting and Crocheting](#)
[Latin](#)
[Learn Patchwork and Quilting](#)
[Literature](#)
[Mahjong](#)
[Mindfulness with a Twist](#)
[Music Appreciation](#)
[Native Orchids around the Ballarat Region](#)
[Painting and Drawing](#)
[Painting Group](#)
[Pétanque \(or French Boules\)](#)
[Positive Practices, Positive People 2](#)
[Recorder Ensemble](#)
[Reflections on the 21st Century](#)
[Scrabble](#)
[Shakespeare](#)
[Tell Your Life Story](#)
[Understanding the 21st Century - 1- Geopolitics](#)
[Understanding the 21st Century - 2 - Capitalism](#)
[Wine Appreciation](#)
[Year of Revolution, 1848](#)
[Yellow Book Club](#)

Seeking Additional WOODWORK Tutor



Woodwork is one of our most popular classes, with the current class, tutored by Henk Rem, fully booked and ready to go once our Manual Arts Shed is operating. If we had a second tutor, we could accommodate many others who want to attend this class.

If you know of someone who might be a potential tutor, please contact our Class Coordinator, Miriam Peck.

ClassCoordinator@u3aballarat.org.au

Yes, over 40 classes have vacancies for interested members!

Would you like to find out more? Class details can be found at www.u3aballarat.org.au

Remember, please communicate with the tutor before enrolling.

Jane Austen Film Adaptations

Bryan Dwyer, tutor, met up with Anne Dwyer (no relation) to chat about the Jane Austen Film Adaptations class.

Why do you think Austen film adaptations attract such quality actors?

People in the acting industry know Jane Austen is a safe bet. Entertaining and witty, memorable quotes and stunning visuals are hard to resist. She writes to amuse the reader. I think actors also recognise the timeless themes in Jane Austen's writing: the necessity of affection in marriage and the status of women are recurring themes in Austen's novels. It can be said that Austen created the Romantic Comedy genre - and no-one has done it better. There is a depth and complexity to her characters: the good make mistakes, and some of her villains are tragic figures who are destroyed by one particular fault. Her writing is witty, satirical and perceptive. She's just so entertaining.

What governed your selection of films for this class?

I was keen to include a range and selected adaptations of famous novels (*Sense and Sensibility*, *Pride and Prejudice*, *Mansfield Park*, *Emma*, *Northanger Abbey*, *Persuasion*), unfinished writing (*Sanditon*, *Love and Friendship*) and modern interpretations (*Clueless*, which was inspired by *Emma*). The length of the film was another consideration. We watched the 1995 film of *Sense and Sensibility* rather than the six hour BBC series. The actors' interpretation of characters was also a factor - I wanted us to watch Emma Thompson in *Sense and Sensibility*, and Keira Knightley in the 2005 *Pride and Prejudice*. We watch the films in the order that the books were published. This allows the viewer to see the development of Austen's heroines.



Pride and Prejudice (Image Screen Rant)

Jane Austen's English is very much the language of her time. Do you think this can be a barrier to the viewer?

I think screen-writers have been very skilful, especially Emma Thompson, in keeping Austen's best lines and paraphrasing the rest. Obviously, a two hour film is less wordy than a book of 80,000+ words. And the visuals are a major selling point of the films.

Finally, what is it like to be in a room of Jane Austen fans?

It won't surprise you to know that they are all very 'amiable', as Jane Austen would say. They are excellent company. We never have any trouble with tidying up or completing other little chores!

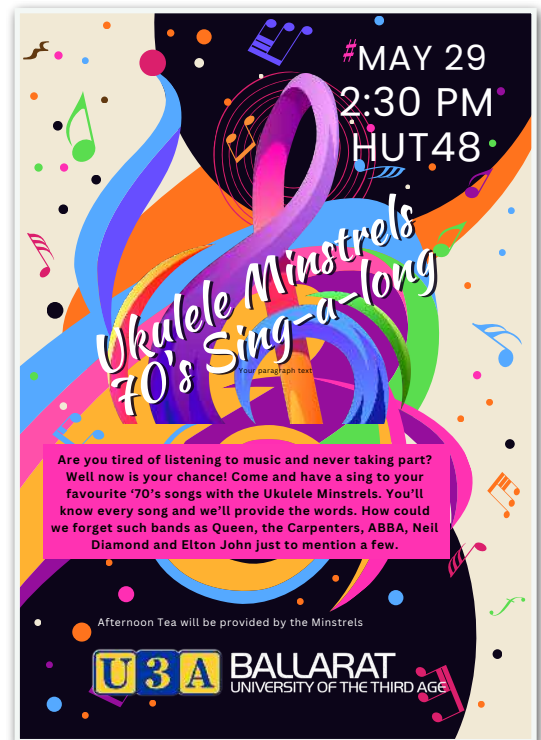
This class meet once a month, Mondays 1-4pm, at the Eastwood Leisure Centre.

Hawaiian Oldies Dance

Our April dance proved to be a colourful and fun event for all who attended. Don said, "There was loads of laughter and some slick dance moves on display." Mary agreed, adding "What a hoot! Great music, fun dancing, wonderful people. Let's do it again!"



SAVE THE DATE



U3A BALLARAT PAINTING EXHIBITION

Monday June 3 - Tuesday June 28

Come and view class work from our two painting groups

Exhibition Opening: Monday June 3 4-6pm

Viewing Dates and Times:

Friday June 7, 4-7pm

Friday June 14, 4-7pm

Saturday June 15, 10am-2pm

Location: BNCC Hall

Ukulele Minstrels Keep on Giving

The fabulous Ukulele Minstrels continue to support community events. They walked and performed at the Begonia Festival Parade in March, provided music at Birchgrove Studio during the Golden Plains Arts Trail in April, and they kept our toes tapping at the U3A Oldies Dance. A big thank you to Sue McLachlan and this very merry band of musicians.



COMMUNITY ANNOUNCEMENTS

QUILT EXHIBITION



Are you interested in attending this popular event? Additional information can be found at:
<https://waverleypatchworkers.com.au/quilt-show-2024/>



BALLARAT CHORAL SOCIETY
PRESENTS

ROSSINI

PETITE MESSE SOLENNELLE

MUSICAL DIRECTOR – HELEN DUGGAN

SOLOISTS

Alison Ho
Lyndell Allen
Kyle Hackwill
Noah Straughan

ACCOMPANISTS

Beverley Phillips
Bronwyn Blaiklock
Evan Duggan

Ballarat Central Uniting Church
103 Lydiard Street South

Sunday 19th May at 2pm

TICKETS

Adults - \$35 Concession - \$30 Students - \$15 Family - \$75 (2 Adults & 2 Children)
 Children 12 years and under - Free Online Booking - <https://www.trybooking.com/CQRHZ>
 Tickets at the door - Cash & Eftpos





City of Ballarat

Seniors Exercise**Park Group****Over 55's | FREE****Mount Pleasant Reserve**Morton Street, Mount Pleasant, Ballarat
1.30pm | Thursdays (No class on public holidays & 2 May)**Bookings essential**

Contact City of Ballarat Community Connections Team on 5320 5637



City of Ballarat

Ageing Well**Pilates Class****Over 55's | \$5 per class****Brown Hill Public Hall**375 Humffray Street North, Brown Hill
3-3.45pm | Wednesdays (No class on public holidays)For bookings and accessibility please contact the Social Activities Team
Call 5320 5637 or email socialconnections@ballarat.vic.gov.au
Please bring your own mat.

City of Ballarat and Showbiz Cinemas

Ageing Well**Film and Cuppa Package****Over 55s | The Taste of Things****Showbiz Cinemas Ballarat**315 Glenelg Highway, Delacombe
Thursday 9 May at 10am

Film and a cup of tea or coffee during the movie \$8 per person

Like to book?For booking and accessibility information please contact Showbiz Cinemas on
(03) 5326 2001 or drop into the cinema at 315 Glenelg Highway, Delacombe.

City of Ballarat and Regent Cinema

Ageing Well**Film and Slice Package****The Way, My Way | For our over 55s community!****Regent Cinema Ballarat**

49 Lydiard Street North, Ballarat

Thursday 23 May | 9.45am arrival for 10am screening

Film, three pieces of slice and a bottle of water \$13.50 per person

Like to book?For booking and accessibility information please contact Regent Cinemas on
(03) 5330 5655 or drop into the cinema at 49 Lydiard Street North, Ballarat.
Or book online at regentballarat.com.au

Please advise of any dietary requirements when booking.



QUINCES IN SYRUP RECIPE

This is a Jewish recipe which is used to help break the fast at Yom Kippur. It is a bit fiddly, but worth it.

Ingredients

1 kg quinces (washed, whole)

Syrup

2 c sugar

1 c water, or as needed

1 tbs chopped fresh rosemary

2 whole cloves

2 cinnamon sticks



1. Place the quinces in a large saucepan and cover with water
2. Bring to the boil on high heat and cook, uncovered, until just tender (about 10-15 minutes)
3. Drain the quinces and, when cool enough to handle, peel, halve, core and cut into slices
4. In a saucepan large enough to accommodate the sliced quinces, combine the syrup ingredients
5. Place on medium heat and bring to a simmer, stirring to dissolve the sugar
6. Add the quince slices and additional water if needed to cover. Simmer for 5 minutes.
7. Bring the quince slices to the boil in the syrup three times, boiling them for 5 minutes each time. This helps to bring up the rich red colour of the fruit and allows them to absorb the syrup over time. The length of time over which the boiling happens determines the redness of the quinces.
8. Transfer to a serving dish and refrigerate. Serve chilled. Serves 6.

Recipe provided by Val Newman. Val was interested in feedback, and three U3A members obliged!

"Yummo! So delicately spiced." Janene

"A beautiful balance of spice that allows the quince to come through. The addition of rosemary is a master stroke." Don

"An ancient fruit matched with an ancient herb and spices. A wonderful, earthy delight." Anne

We are keen to include economical, nutritious, seasonal recipes in the Bulletin. Do you have recipes ideas you would be happy to share? If so, send your recipe and a photo to bulletin@u3aballarat.org.au. We will try and include one recipe in each Bulletin edition.

GARDENING PRODUCE HINT

Creating Citrus Cleaner

Keep the peel of 2 oranges - you can also add peel of lemon if you want. Place in a glass container, then cover with white vinegar. Seal and leave for approximately two weeks, or until peels fall to the bottom of the bottle. Strain the liquid into a bowl, then pour into a spray bottle.

Use

You can use the cleaner either straight or diluted (for example, 1/2 cup concentrate to 1/2 cup water). This cleaner is ideal for kitchen benches, sinks, marks on walls, even a spray to keep ants away. I do not recommend its use on marble.



Preparation



Ready to Clean

Coral Hiscock, Gardening Interest Group

VALE BRIAN COOK

Brian Cook was a much respected member of U3A Ballarat for over twenty years. In recent years he moved to Melbourne to be closer to family, but his enthusiasm and commitment to U3A Ballarat classes and meetings is remembered with much fondness.

Brian organised and lead a Bush Walking group with his friend Brian Costigan - and they were affectionately known as B1 and B2. Many of the walks would end with a barbecue before the walkers headed home.

Brian is remembered as someone who was always there, happy to help out with whatever task needed completing. He seemingly wore a permanent smile and was always pleased to see people.

A Memorial, organised by his daughter Deb, was recently held in Ballarat where Bill Stubbs and Shirley Faull reflected on his involvement with U3A.

Farewell, Brian.



QUIZ CORNER

By Nina Netherway, U3A Ballarat President and tutor

1. Cobb and Co coaches had change stations employing a groom to have fresh horses harnessed and ready every 10, 20, 30, or 40 miles?
2. True or false: Cobb and Co built part of the NSW railway system, setting up a town called Bolivia to house their workers and their families.
3. The first Cobb and Co coach advertisement for passengers appeared in the Melbourne Argus on 30 January 1854. Where was it going?
- 4 The arrival of the railway system in Victoria pushed Cobb and Co to set up their HQ where?
5. Despite diversification and overcoming the railways presence, by 1920 when it closed, Cobb and Co were only running mail runs in outback Queensland from their coach factory in Charleville. What was the new revolution that forced the closure?
(Answers are on page eight)

Tutors, would you like to provide five questions and answers for future Bulletin editions? We are seeking one multiple choice question, one true or false question, and three questions types of your choice. Please send your questions and answers to bulletin@u3aballarat.org.au



Cobb and Co Coach (Image Museum Victoria)

**U3A Office Ballarat North
Community Centre**

702 Walker St Ballarat North

Office Hours for Term Two:

**Tuesday 10am-12pm
Wednesday 10am- 2pm
Thursday 10am-2pm**

A graphic with the words "Thank you" written in a large, elegant, black cursive script.

Mahjong 1, 2 and 3 classes would like to thank the kind member who donated their Mahjong set. It has allowed four more U3A members to play in each of the classes. We would be delighted to receive any other card tables or Mahjong sets that are gathering dust. Mahjong is a game of high skill that our members find quite challenging, and is good for keeping mental agility whilst we age.

If undeliverable return to:

U3A Ballarat
PO Box 2058
Bakery Hill, Vic 3354

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Quiz Answers

1. 10 miles
2. True
3. Forest Creek - between Chewton and Castlemaine
4. Bathurst
5. QANTAS

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