



the BULLETIN

November 2023

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BALLARAT NORTH CAMPUS, BNCC

702 Walker St, Ballarat North 3350

EASTWOOD LEISURE COMPLEX

20 Eastwood St, Ballarat 3350

HUT 48, AIRPORT

SELKIRK STADIUM

989 Norman St, Wendouree 3350

OFFICE

BALLARAT NORTH CAMPUS, BNCC

Tuesday 9.30 – 11.30

Wednesday 10 – 12:00

Thursday 1.00 – 3.00

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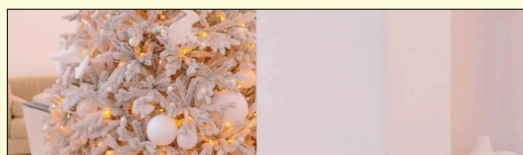
COMMITTEE MEETINGS

BNCC 9:00 am

1st Wednesday, Feb to Nov**BULLETIN** LEE ALBERTu3aballaratbulletin@gmail.com

Next issue deadline: Feb 2 2024

What's on in November.....?

Tues Nov 7: the Melbourne Cup is on at Hut 48!!**Thurs Nov 9:** "Thank you" lunch for tutors and class reps at BNCC**Thurs Nov 30:** U3A Chorale and Recorder Ensemble Christmas concert, BNCC, 2:30-3:30 with afternoon tea to follow

U3A Chorale & Recorder Ensemble Christmas Concert

Thursday, 30 November 2023

2:30 - 3:30 PM
Ballarat North Community Centre
Afternoon Tea to follow



This will be my last report for this year! The year seems to have gone so quickly – I think it goes quicker as one grows older!

Reflecting back, it has been a really progressive year for Ballarat U3A – we actually have a shed now, our music and dance groups have spread our name through their presentations, we have members who have received awards for their work with U3A and we have all had a lot of fun, learnt a lot and had great social interactions.

What more could we want - actually yes – a fully lined and operational Shed would help if there wasn't so much red tape!

I have had the pleasure of presenting, on behalf of U3A Network Victoria, Tutor Excellence Awards to two tutors – Andrew Parker from the Bushwalkers, and John Maguire from French F. There is one more to go – Bernard Catrice from French C – Intermediate. The application for these awards were made by the class and awarded by U3A Network – hence the reason they were presented in class time.

The other thrilling presentation I attended was that for Blake Gordon, who was a finalist in the City Council Community Awards for Ageing Well. It was awe-inspiring listening to the resumes of all the contestants in the various categories and realise just how much is done in the community by volunteers. We were very proud that Blake was a finalist.

The Committee has been working towards next year – there have been Communications Sub-Committee meetings discussing the types and roles of all our communication channels. The Administration Sub-Committee has been planning for enrolment time, organising the Class Information Booklet for both the normal classes and the Summer School. Fortunately we had a volunteer member assist in the Summer School planning. The Social and Catering Sub-committee have excelled themselves with all the activities they have been organising and catering for this month and last month.



Note the days and times for enrolment elsewhere in the Bulletin. The paper copies of the classes will be available at the office when they come from the printer. The courses are available now on line at the website, but a listing (with no details) is included here to whet your appetite!

The Committee do sometimes let their hair down and we certainly did recently at Don's and Anne's place when we had a social night. We all got hooked into playing Pétanque and can't wait until the next evening we have!

This week is going to be very full on – we had Swap Tables today and it was great that so many members came to swap – all bags were very full when they left! Thank you to the volunteers who have assisted in setting up and clearing up on these Saturdays.

Monday we have a Market Stall at the Specialist School Market Fair. We are having a display in our new Shed. If you want to see what it is like in its unfinished state – come along and have a chat.

Tuesday is our Cup Day fun day. Get out on your finery and come along to Hut 48 and have some fun.

Then Thursday the Committee is giving the Tutors, Class Reps and Volunteers a lunch to say 'Thank you' for all they have done during the year to make U3A Ballarat such a successful and worthwhile organisation to belong to.

I think the only social event left is the Chorale and Recorder Christmas Concert which will end our social and U3A year. So come along and make it a wonderful end of year function!

May I wish you all a safe, healthy and happy Christmas and New Year period.

I look forward to welcoming you all back in 2024 – ether at Summer School or in your normal classes.

Nina ninan06@bigpond.com

By the way, we have permission to put up picture rails in the Hall, provided they are done by professionals, not volunteers!

So we will soon be able to have our own art shows. This will mean that the Photography group and the Painting Class and other art classes will be able to display their works, too.

The Painting group have an art show in the Clothesline Café in Eastwood St until the end of November. Do drop by to see their work!





ENROL FOR 2024

Enrolments for 2024 classes and Summer School will commence on Monday, 4th of December 2023.

Enrolment in person will be held at BNCC 702 Walker St. Ballarat Nth.

Times:	Monday, 4 th December 2023	9.00am – 3.00pm
	Tuesday 5 th December 2023	9.00am – 12.30pm

Enrolment online at www.u3aballarat.org.au will commence at 9.00am on Monday, 4th of December 2023.

****Please note that the new enrolment fee is \$60.**

Classes are now listed in the Course Guide on the website. These include the Summer School Classes.

The Class Booklet will be available next week.

Enrolment for 2023 classes has now finished.



BALLARAT
UNIVERSITY OF THE THIRD AGE

U3A Classes for 2024

American Politics	Fine Art Photography
Art – Exploring Contemporary Art	Fitness – Light Aerobic
Australian History	Four Fantastic Films
Back on the Bike	French- Beginners
Ballarat & District History - An Overview	French - Pardon my French
Ballarat U3A Chorale	French – Le mot juste
Ballarat U3A Choristers	French – Reading in French
Belly Dancing (& Belly Laughs) with Becky	French F
Book and Paper Crafts	Gardening -Sharing the journey
Book Club 2	Gardening Interest Group
Book Club 3	Genealogy and Family History
Book Club 4	Genealogy and Family History – Online class
Bridge Play Sessions	German Advanced
Bushwalkers	German Beginners
Canasta	Hiking Group
Ceilidh – A Social and Musical Gathering	History – Convicts, the good and the bad
Celtic Band	History of Buninyong
Ceramics	History of the Suffragette Movement
Christian Church History 5th to 10 th Centuries	Irish History
Classic Cinema	Italian - Amiamo l’Italiano 3 Rosso
Classic Reading Group	Italian – Amiamo l’Italiano 1 - Bianco
Computers	Italian – Amiamo l’Italiano 2 - Verde
Cryptic Crosswords	Jane Austin Film Adaptations
Cultural Capital	Jazzasize on Friday
Current Affairs	Jewellery and Silversmithing Afternoon Class
Cycle Touring Group	Jewellery and Silversmithing Morning Class
Dance 4 Fun (and Fitness) - Monday	Jewellery with Found Items
Dance 4 Fun (and Fitness) – Wednesday	Knitting and Crocheting
Dining Out Group	Know Your iPhone
DNA	Latin 3
Essays and Ideas	Latin 4
Fall of the Roman Republic	Latin 5
Fibre fun -felting & beginning weaving	Latin 6
Film Musicals	Leadlighting
	Line Dancing – Level 1 Absolute Beginners



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U3A Classes for 2024

Line Dancing – Level 2	Recorder – Beginner Alto Recorder
Literature	Recorder Ensemble
Mahjong 1	Science
Mahjong 2	Scottish Country Dancing
Mahjong 3	Scrabble
Meditation - Introduction	Shakespeare
Meditation - Ongoing	Sit and Stitch
Microsoft Excel	Spanish – Continuing 3
Modern Chinese History	Tai Chi - Beginners
Mosaics	Tai Chi - Intermediate
Music – A Celebration of French Song	U3A Bush Walkers
Music Appreciation	Ukulele for Beginners
Music, Movement and Mayhem	Ukulele Intermediate
Myths and Mythmaking	Ukulele Minstrels
Native Orchids around the Ballarat Region	Ukulele Two Little Ducks
Native Orchids around Victoria	Understanding the 21 st Century 1 - Geopolitics
New Chums – History of Ballarat	Understanding the 21 st Century-2-Capitalism
Old Hands – History of Ballarat	Walkers and Coffee
Painting and Drawing	Walkers'n'Talkers
Painting Group – Morning	Wine Appreciation
Pétanque	Woodwork (Monday AM Class)
Philosophy	Woodwork 2
Pole Walking	Writing for Pleasure
Positive Practices, Positive People 1	Year of Revolution 1848
Positive Practices, Positive People 2	Yoga – Beginners/Progressive Beginners
Preserve your Memories	Yoga 1 Intermediate
Printmaking	Yoga 2 Intermediate
Rapt in Singing for Fun	



Summer School Timetable 2024

DATE	VENUE	TUTOR	TITLE	TIME
Mon 8	Blue Room	Jude Oliver	Family History	10.00 – 12.00
	Yellow Room	Jill Filmer	Calligraphy	10.00 – 11.30
	Red Room	Susan Rolfe	Mindfulnesss with a twist	10. – 11.00
	Petanque Club	Don Collins	Petanque	1.00 – 3.00
Tues 9	Blue Room	Elena Tommasi	Mahjong - IntroducQon	10.00-12-00
	Yellow Room	Terry Charlton	Computer passwords & Scams	10.00 -11.00
	Red Room	Fran Harahan	Sudoku	10.00 – 12.00
	Hall	Kaye Leckie	Music, Movement & Mayhem	10.00 – 11.00
	Hall	Miriam Peck	Mahjong - Fancy Hands	1.00 – 3.00
	Petanque Club	Don Collins	Petanque	1.00 – 3.00
	BNCC	Wendy Gangly	Dog Walking	10.30 – 12.00
Wed 10	Yellow Room	Jill Filmer	Calligraphy	10.00 - 11.30
Thur 11	Blue Room	Miriam Peck	Computer- beyond the basics	10.00 – 12.00
	Red Room	Greta Christ ie	Current Affairs	10.30 – 11.30
	Red Room	Eef van Riel	Japanese Braiding	01.00 -03.00
	Hall	Kevin Williams	Ballarat in Pictures	10.30 – 12.00
	Bowling Club	Jackie Metcalf	Outdoor Lawn Bowls	10.00 – 11.30
	Hut48	Pauline Sleigh	Glass Fusing	1.00 – 3.30
Fri 12	Blue Room	Nina Netherway	PowerPoint	10.00 – 11.30
	Hut 48	Jude Oliver	Relax and Detox	10.00 – 11.00
	Hut 48	Lysbeth Curt is -	Canasta	1.0pm – 3.00pm
	Bowling Club	Jackie Metcalf	Outdoor Lawn Bowls	10.00 – 11.30



Summer School Timetable

Mon 15	Blue Room	Jude Oliver	Family History	10.00 – 12.00
	Yellow Room	Jill Filmer	Calligraphy	10.00 – 11.30
	Red Room	Susan Rolfe	Mindfulness	10. – 11.00
Tues 16	Blue Room	Elena Tommasi	Mahjong - Introduction	10.00-12.00
	Yellow Room	Terry Charlton	Computer passwords & Scams	10.00 – 11.00
	Red Room	Fran Harahan	Sudoku	10.00 – 12.00
	Hall	Miriam Peck	Mahjong - Fancy Hands	1.00 – 3.30
	Red Room	Kaye Leckie	Movement and music	11.00 - 1.00
	BNCC	Wendy Gangly	Dog Walking	10.30 – 12.00
Wed 17	Yellow Room	Jill Filmer	Calligraphy	10.00 – 11.30
Thur 18	Blue Room	Miriam Peck	Computer – beyond the basics	10.00 – 12.00
	Yellow Room	Don Collins	Slam Dunk	10.00 -11.00
	Red Room	Greta Christie	Current Affairs	10.30 – 11.30
	Ballarat North Bowling Club	Jacki Metcalf	Outdoor Lawn Bowls	10.00 – 11.30
	Hut48	Pauline Sleigh	Glass Fusing	1.00 – 3.30
Fri 19	Hut 48	Lysbeth Curtis	Canasta	1.00 – 3.00
	Hut 48	Jude Oliver	Relax and Detox	10.00 – 11.00
	Yellow Room	Don Collins	Slam Dunk	10.00 -11.00
	Bowling Club	Jackie Metcalf	Outdoor Lawn Bowls	10.00 – 11.30

** Ballarat Petanque Club is located in Stockade St, off Fussell St, in Ballarat East.



Do these belong to you or to someone you know?

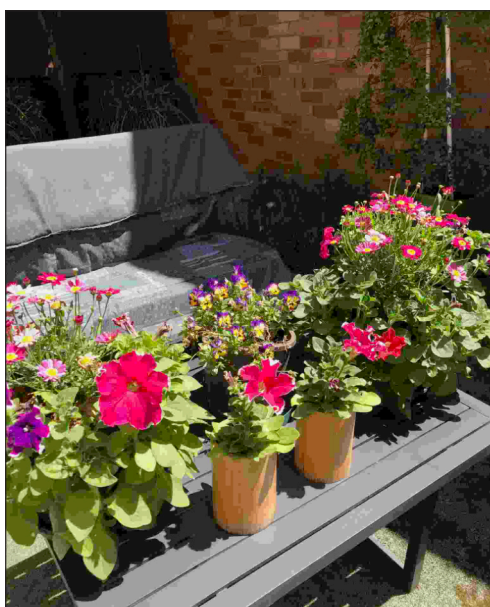
They are waiting for their owner in the Office at BNCC.

Rick and Rita Holt kindly shared their garden recently with the "Sharing the Journey of your garden" group organised by Carrin Greenbank.

Rick is very keen on using various sizes of pots which he has arranged on their back patio so that the plants appear to be growing in garden beds.



He also loves potting up small plants. Perhaps they will be Christmas presents?



Rick makes his own potting mix from a recipe he obtained from Andrew Parker, who has kindly given permission for it to be shared here again.

Rick loves hanging baskets with cascades of flowers.

The next page gives his method for making a hanging basket and the recipe for the potting mix.



Making your own potting mix.

There are plenty of low-priced potting mixes on the market, but they're low-priced for a reason: they usually don't contain the best ingredients. While making your own potting mix is usually not as cheap as the cheapest potting soil, you can make amazing mixes that are much better for your plants for only a bit more money than the cheapest stuff at the garden centre.

- ☐ Half of a 25 to 30 litre bag of compost or perma-fert (perma-fert is recommended)
- ☐ 15 litres of Coir
- ☐ Five litres perlite
- ☐ 12 tablespoons of slow release fertiliser
- ☐ 6 teaspoons water storage crystals

Materials required for making your own multi-seedling Hanging Basket

250mm Growers Pot
250mm Growers Saucer
Chain or Plastic Clasp Hanger

(If using a chain, you will also require 3 split pins per pot)

3 rivets to attach saucer to pot
Potting Mix (approx. 7 litres.)

Tools to make your pot

Cordless drill
Drill bit to suit rivet size.
45mm hole saw
Riveting tool

Chain vs plastic clasp hanger

If the rim of the pot is strong enough, a plastic clasp hanger works best. I have found that I can't buy these locally, only online. For example, a pack of 5 430mm clasp hangers cost 13.90 including postage which works out at \$2.78 each. Whereas a 460 mm metal chain set from Bunnings cost me \$2.65 (I prefer the plastic clasp hangers to be longer at, say 600mm \$3.58 each)

Cut three holes at even intervals in the lower section of the pot, then cut three in the top section, alternating them with the lower ones.

When planting the petunias in the side holes, plant them from the inside of the pot, then fill with soil to anchor them. Water regularly, even twice a day during summer. When the weather warms up, dunk the entire pot in a tub of water once a week. Add some liquid wetting agent such as 'Wettasoil' to the water.

If undeliverable return to:

U3A Ballarat
PO Box 2058
Bakery Hill, Vic 3354

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(July 2002)