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U3A BALLARAT ADDRESSPO BOX 2058, BAKERY HILL, BALLARAT,
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BALLARAT NORTH CAMPUS, BNCC

702 Walker St, Ballarat North 3350

EASTWOOD LEISURE COMPLEX

20 Eastwood St, Ballarat 3350

HUT 48, AIRPORT

SELKIRK STADIUM

989 Norman St, Wendouree 3350

OFFICE

BALLARAT NORTH CAMPUS, BNCC

Tuesday 9.30 – 11.30

Wednesday 10 – 12:00

Thursday 1.00 – 3.00

PUBLIC OFFICER

ROS McARTHUR 0409241115

COMMITTEE MEETINGS

BNCC 9:00 am

1st Wednesday, Feb to Nov**BULLETIN** LEE ALBERTu3aballaratbulletin@gmail.com

Next issue deadline: April 7 2023

*What's on in March? Lots!***Mon 6:** Celtic Band "The Session" 10:30-11:30 BNCC**Tues 7:** Marvellous Melbourne Walking Tour: fully booked**Mar 15:** New Members' Morning tea 10:30-11:30 BNCC**Wed 22:** Movie Lunch at the Regent 12:00 noon. Places can still be booked. Email u3aballaratbulletin@gmail.com \$24**Wed 29:** Armchair Travel with Elena Tommasi: 10:00-11:00 at Meadow Gardens Country Club, 19 Cooina Dr, Delacombe**Wed 29:** Ukelele Minstrels 2:00-3:00 at Hut48 See flyer inside*April**And don't forget Swap Tables Sat 1 April*

10:00-11:00

Blue Room BNCC

**Thurs 6:** Term 1 ends. Easter break**Mon 24:** Term 2 commences**Wed 26:** Armchair travel to South Africa with Nina Netherway: Meadow Gardens, 19 Cooina Dr, Delacombe, 10:00-11:00**Thurs 27:** Glen Lake speaks on "The Early Squatters in Buninyong" 2:00 pm at BNCC Hall



Autumn has arrived and with it, cooler weather, galahs chomping on the trees outside my window and making an awful noise and mess, and beautiful Easter music. Our U3A social calendar is packed with events and trying to fit them in between classes is getting tricky. But aren't we lucky to have this problem!

Our Music Soirees began well with an appreciative audience at the "Quinta and Friends" concert last Thursday. Our next is on Monday with the Celtic Band "Session" – a new way of hearing the Celtic Band and what talents lie among its members.

Our Travel Talks series at Meadow Gardens, a new venue for us, is hopefully the beginning of an interesting offering. It also gives us a chance to view the facilities these retirement villages offer when thinking of downsizing. Phill and I gave a talk on U3A at the Lucas Lifestyle Village recently and had a good reception from those living in the village.

I seem to have attended a lot of meetings this month as sub-committees sorted out their priorities for the year and the tasks of each member. There was also a meeting of the Operations Committee – this is the committee which looks after BNCC and meets regularly to ensure that BNCC facilities are working well. The members are representatives of The Ballarat North Seniors, Genesis Church, U3A and the City Council. It is a very cohesive and cooperative group.

Likewise the Hut48 Consortium is working very well together as was shown at our meeting this week. We have the use of the Common Room TV and sound system through cooperation with the BAFA (Ballarat Airforce Association) group we share the building with. Although we don't actually see them, we also share with the Engine Club which has rooms opening off the back of the Common Room – what a treasure trove of engines live there!! The BAFA will be advertising films they will be showing in the Common Room – so if you like films, go along as they would love to have you.

Just also a reminder to please **not** approach members of these groups or any venue we hire, regarding changing times or rooms etc. If you have cause to do this Helen Slater is the person to contact. Approaching receptionists and other personnel at our venues is not on!!!!

The Treasurer and I also attended a Grant meeting run by the Ballarat East Neighbourhood Centre and the City Council. It is quite difficult for us to get grants as they have to be for a specific project. However we are going to try!! The requests from tutors for equipment was discussed at Committee and if tutors require equipment which can be used by U3A classes then *please fill in the equipment request form on the website* and send it to the Treasurer. It will be discussed at Committee for approval before purchase. *Do not purchase something and then expect us to pay for it!*

I love hearing praise from members who think their tutor and class are absolutely wonderful – and I hear this very often. We are so lucky with our tutors – as I have said many times. However, sometimes I also hear of class members who do not think before they speak and can disrupt the class with speaking too much, not giving others a go, and generally interrupting the tutor. Please be kind to your tutor and class members. That way we will all be happy!!

Nina ninan06@bigpond.com

Admin Matters.... MARCH

Welcome to our latest group of new members for 2023.

Corinne Britten	Tracey Brown	Richard Byrne
Dianne Fulton	Judith Glaubitz	Elizabeth Hale
Rob Hale	Suzanne Hobson	Kerry Howard
Allen Jones	Mal Jones	Terry Martin
Christiaan Molenkamp	Julie Shelton	Chris Yorke

We hope you enjoy your U3A classes and the other enjoyable activities we offer.



Don't forget the **New Members' morning tea** on Wednesday, March 15 at BNCC 10.30 – 11.30.

Normal Office hours have resumed.

Tuesdays	9.30 – 11.30
Wednesdays	10.00 – 12.00
Thursdays	1.00 – 3.00

If you are a new member and have not received your name badge and membership information please call into the office to collect them.

Website

Remember that there is lots of information about what is happening on our website as well as in this bulletin each month. To access the Members Only area of the website you need the password **Balrt16**. This is a different password from the one you use to access your personal information in MyU3A. If you need assistance with any aspects of the website or MyU3A please contact me on 0411260047.

Mary Maloney. Admin and Membership coordinator.

Cappuccino and Chat!

Join the crowd! Safe environment (well, as safe as a covid-environment can be - lots of space and lots of fresh air). Great people, great coffee / tea / muffins...

Thursday 16 March,

Starts at 10.00 am - arrive anytime after that

Yep, President Nina will be there (just in case anyone wants to talk U3A Ballarat 'stuff') as well as other notable U3A Ballarat members. There is no need to RSVP, just 'rock up' and join the conversations.

Phill Grant grantphillip@hotmail.com

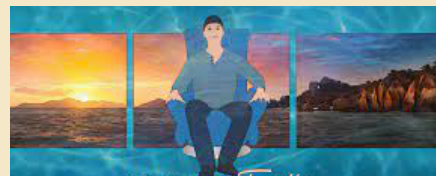




Our Celtic Band is opening its "Session": 10:30-11:30 at BNCC Hall, Monday March 6.

From Rock 'n Roll to Classical, with traces of Celtic. Members of the U3A Celtic Band will perform in small groups or individually, playing music that reveals their backgrounds and engagement in their own particular fields. You are invited to join them with morning tea to follow.

The first of our **Armchair Travel Talks** was given by Bernadette Brouwers, who took us to Iran. An interested audience enjoyed the facilities at Meadow Gardens Country Club.



Our next talk is scheduled for **Wednesday 29 March**, when **Elena Tommasi** will take us to **Bryce Canyon in the USA**. **Spectacular photos!** Don't miss it!

Can you offer a talk? We'd love to hear from you! Email Lee at u3aballaratbulletin@gmail.com

There is still time to book a seat for our movie lunch, March 22

The Regent Cinema is offering us "Living" with Bill Nighy.

To book a seat, email u3aballaratbulletin@gmail.com

To SECURE your seat, pay \$24 at the office

NB: Arrival time is 12:00, screening time is 12:15

If you have any special dietary requirements, the Regent will cater for them.

Let the Office know what you need, or email Lee at the Bulletin.

Cut-off date for booking and payment is March 15.



In 2019 a small, but successful **Summer School** was run by Geoff Parr-Smith under the guidance of Denise Grant from Committee. It is proposed that we run another one in January 2024 for two or three weeks. There are several reasons why we should do this:

1. There are many members who desperately want something to do over the Christmas/January break.
 2. It gives a chance for new members to try us out
 3. It gives a chance for members to try a different type of class
 4. It enables tutors to prepare new students for a class – ie at the last Summer School Elena took a couple of sessions teaching Mahjong so that members felt confident if they then went on to attend her class.
 5. It's a chance for members to give a one off or a two or more sessions of a topic of their interest
- Elaine Maberly and Bernadette Brouwers have offered to organise the Summer School.

We are now starting to ask for volunteers to run some sessions. They could be an hour travel talk, teaching of a skill or a card game or other games, a physical class, a 'come and have sing' session, a tour around an historic part of Ballarat or another place, music appreciation session based on a composer, The possibilities are endless.

And we would also welcome ideas for sessions; what would you like to learn about over the Summer Holiday?

If this is something you would like to participate or have ideas please contact

Elaine on 0438 085 797 or Bernadette on 0427709426

More events you can enjoy!! What a feast is on offer!!

MONTHLY SOCIAL LUNCHEONS

AIRFORCE ASSOCIATION BALLARAT BRANCH



Tuesday 14 March Come and share in the amazing story of Peter Armytage, a former Chairman of the Victoria Racing Club Victoria, including his experience as a prisoner of war 1944 and 1945 after being shot down during his Lancaster aircraft bombing raid.

Tuesday 11 April Movie luncheon!
Screening the 1942 movie
"One of Our Aircraft is Missing" describing the incredible wartime experience of Flying Officer Bruce Clifton, a Lancaster pilot and crash survivor.

Arrive 11:45 for a 12:00 start

Hut 48, 44 Airport Road, Common Room

\$10 covers a light lunch, tea or coffee
and one raffle ticket

RSVP Sue 0419696091 for catering purposes



Live, laugh, learn!!

Art by Inge Löök Oy Ab

So, you would like to be a tutor or a volunteer?

An information session will be held

Tuesday 7 March, 3.30 pm
at BNCC in the Yellow Room

BNCC = Ballarat North Community Centre,
702 Walker Street, Ballarat North

Phill Grant
grantphillip@hotmail.com



NEW CLASSES

There are four new classes to start in either March or Term 2

Music, Movement and Mayhem

Our aim is to enjoy music and exercise in a relaxed atmosphere whilst having fun. We will combine popular music, from different decades, with various combinations of basic dance steps. Wear comfortable clothing and soft soled shoes plus bring a drink bottle and a 'have a go' attitude. Errors will occur providing a jolly good laugh for all.

Starting Wednesday March 22

Class: weekly

BNCC: Hall

Wednesday 9:00 –11:00

Tutor : Kaye Leckie

Email: kayedoodts@hotmail.com

Harmonica -Beginners

This course will involve learning to play a 10 hole Diatonic Harmonica. It will focus on learning how it works, playing in the various positions (1,2, and 3), reading tabs, and playing simple tunes in various styles. The course is for beginners and does not require any musical knowledge. The aim is to do this in a fun, relaxed way that encourages people to enjoy learning their instrument. Prerequisite: A 10 hole Diatonic Harmonica in the Key of C. Recommended is the Johnson Key of C Harmonica which can be purchased for \$10 at Crossroads Music in Ballarat.

Starting Tuesday May 5

Class: weekly

ELC Room 1

Tuesday 1:45 – 2:45

Tutor: Ross Priddle

Email: bart16543@hotmail.com

Journal Writing

Journal writing is an enjoyable and therapeutic way to express, and reflect on, thoughts, emotions, hopes, dreams, experiences and creative writing. No experience necessary; grammar and spelling are unimportant. During each 90 minute, fortnightly class we will engage in a variety of short, writing activities. Participants will be able (voluntarily) to share what they have written with the rest of the class. We explore types of journals (eg: for Travel, Projects, Family, Creative Writing, Dreams, Gratitude, Collections, Songs, Quotes). I will end each class with a guided meditation. Writing at home is encouraged.

Starting Wednesday May 3

Class: Weeks 1 and 3

ELC Room 1

Wednesday 1:30:3:00

Tutor: Jude Oliver

Email: jaaliver8@gmail.com

Ballarat's Military History and some of its characters

Short course –8weeks

Ballarat has had a military presence since 1858! There have been unpaid Volunteers and paid Militia, Citizen Military Forces (CMF) and Army Reserve. "Ballarat's Military History and some of its Characters" will discuss the various eras of the military in Ballarat and will include many of the characters who kept the military going over those years. The one-term, eight-week course will culminate with a visit to the Ballarat Ranger Military Museum at Ranger Barracks where memorabilia from all the eras is on display.

Starting Monday May 1

Class: weekly for 8 weeks

Hut 48 Airport Common Room Monday 9:30 – 11:00

Tutor: Neil Leckie

Email: nkaleckie@optusnet.com.au

Helen Slater Class Co-Ordinator

Learning a Language using computer software.

Many thanks to those who responded to the item in last month's Bulletin. This notice is just to see if there are any more U3A Ballarat members who might like to join a group learning a language using some form of language learning software.

All the people who have responded so far are using the free *DuoLingo* online language learning software. Two languages have been mentioned so far, French and German. The option is still open for people to be learning those or other languages, using the free software or purchasing their own copies of commercially available language learning software (for example, *Rosetta Stone*).

The initial idea is for members to use their choice of language learning software to learn their language of choice, then meet as a group every week or every fortnight to talk about progress and to practise what has been learned.

Interested? Please contact Phill.

Phill Grant

grantphillip@hotmail.com

Word Diversion

Aaah yes, the sweet smell of success for word un-scramblers. It was all covered by the solution to Aunt Jessie's puzzle – FRAGRANCE. The official solutions to Warwick's puzzle were BLACKINGS and SLINGBACK, to which we can add two other suggestions; BACKSLING and BLACKSIGN (and we will leave it to the court of public opinion to determine if that involves two words).

Congratulations, stacks of kudos and, if we had one to offer, a sheep station, to Valerie Newman, Pat Smith, Helen Hogan, Tricia Elliott, Wendy Gottlieb, Polly Goodwin, Jenny Barton, Bill Vincent and Patricia Martin. Congratulations also to those who read the entire Bulletin in order to find the Word Diversion, even if that process left them too exhausted to solve the puzzles.

For this month, Aunt Jessie has pulled N E V T O N L O C I A N out of her bag of goodies, while Warwick's spreadsheets offer is ...

E	I	B
R	S	A
D	O	D

EIBRSADOD

Solutions please to Phill at grantphillip@hotmail.com

Fabulous prizes are on offer (though, admittedly, 'fabulous' may have different meanings to different people) – including extra-ordinary amounts of kudos and self-satisfaction.