



the BULLETIN

April 2022

**PRESIDENT**

ELENA TOMMASI 0421520414

VICE PRESIDENT

NINA NETHERWAY 0417371873

TREASURER

JEFF LANGDON 0411 552 862

SECRETARY

ROS McARTHUR 0409241115

CLASS CO-ORDINATOR HELEN SLATERClassCoordinator@u3aballarat.org.au**MEMBERSHIP/MY U3A**

NINA NETHERWAY 0417371873

WEBSITE MANAGER

MARY MALONEY 0411 260 047

EQUIPMENT

CHRIS HINDHAUGH 0438701322

U3A BALLARAT ADDRESSPO BOX 2058, BAKERY HILL, BALLARAT,
VIC TORIA 3350**U3A PHONE NUMBER**

0431 859 315

EMAIL info@u3aballarat.org.auWEB www.u3aballarat.org.auFacebook <https://www.facebook.com/U3A.Ballarat>**CLASSROOMS**BALLARAT NORTH CAMPUS, BNCC
702 Walker St, Ballarat North 3350**EASTWOOD LEISURE COMPLEX**

20 Eastwood St, Ballarat 3350

HUT 48, AIRPORT**SELKIRK STADIUM**

989 Norman St, Wendoree 3350

OFFICE

BALLARAT NORTH CAMPUS, BNCC

Tuesday 9.30 – 11.30

Wednesday 10 – 12:00

Thursday 1.00 – 3.00

PUBLIC OFFICER

ROS McARTHUR 0409241115

14 Aryvale Avenue, Lake Gardens 3355

Reg No13304 K ABN 3371 3445 856

COMMITTEE MEETINGS

BNCC 9:30 am

1st Wednesday, Feb to Nov**BULLETIN** LEE ALBERTu3aballaratbulletin@gmail.com

Next issue deadline:

May 6 2022

Term 1 finishes April 9
Term 2 starts April 26

Wednesday April 13 10:30-11:30 at the Yacht Club

Cappuccino and chat with Phill and Elena



Saturday 30 April 10:00-11:00 BNCC

Swap Tables and a cuppa



Thursday 21 April: Level 2 First Aid Course, BNCC

Subsidised by Committee

If interested, contact Elena to book a place



Thursday 28 April 2:00 pm

BNCC Hall

Dr Glen Lake will talk on Buninyong:
"Mount Buninyong through time"

Dr Glen Lake will touch on the mystery that surrounds the mount in terms of when the first inhabitants arrived, and the artefacts that have been found that confirm their existence here a very long time ago.

The mount was very important to the Wadawurrung people, and many sites around the mount have been identified as possible camping and corroboree sites.

The mount is a place of great historic importance, to the ancient tribal people who called it home, to the early squatters, followed by those seeking gold, and for all of us who are lucky enough to live in the area.

It is also a place of great beauty, with its intact bush and the flora and fauna that still exist there today.



Let me start by saying that I am awed by the talent of our members. The Celtic Band and Ceilidh Band were absolutely amazing and if you missed it, I would suggest keeping an eye out for their next event. What amazes me is that many of our members not only play an instrument, but they play many instruments and sing as well.

You won't want to miss our next Musical Soiree by the Recorder Group on May 27 at Hut 48 from 10 – 11. You might also like to attend our next Speaker, Dr. Glen Lake on Mount Buninyong through time, on Thursday, 28 April at BNCC. I would also like to thank Andrew Parker for videotaping our Musical Soirees and posting them to YouTube (search U3A Ballarat).

I think I have gotten good at delegating because it seems like everyone else on the Committee is handling things and I have had an easy month. So, thank you to Helen and Blake who have handled all the issues with classes and venues, Nina who had a very productive Admin meeting, and Lee who has done an incredible job of organizing the Risk Management Plan.

Tutors and Class Reps will have received an email with the Risk Management Policy and Risk Management Plans. Please read through the Policy and choose the appropriate Plan for your class. This will benefit you as the leader of a class as well as your class members. If you think this is a bit of a pain in the neck you should have been on the Sub-Committee putting it together! Lee spent an enormous amount of time working it out and the rest of our Committee also spent hours discussing and fine-tuning it. I would also like to thank Andrew Parker and Gordon Talbett who got the ball rolling on Risk Management.

Phill and I are reinstating the Cappuccino and Chat. The first one will be held on Wednesday, 13 April at 10:30 at the Yacht Club. Since it is during School Holidays, we will not be having our New Member Morning Tea, but we encourage all new (and old) members to join us for a cuppa and a chat. Our second Cappuccino and Chat will be on Tuesday, 10 May at Selkirk Stadium and we welcome all to meet us there.

Our First Aid Class is scheduled for Thursday 21 April at BNCC. It is a Level Two course and U3A is picking up half the cost. If you are interested in attending, please let me know, we still have plenty of spaces available.

Speaking of our talented members we have a creative project challenge. We have a large stack of U3A bags left and we are challenging you to come up with a creative idea on how to use or reuse them. Look for the flyer later in this Bulletin for more information. We will have a fashion show and award a prize for most creative idea. So crafty members put on your thinking caps and get creative!

The Committee met last month to discuss the succession of the Committee. We had some great input and ideas that were put forth and we are acting on many of them to ensure that the Committee and U3A Ballarat keep moving forward. We also have a Committee Social Event planned in a couple of weeks. I think many of us have forgotten how to be social during these past two years and it is good to get back to face-to-face events after all the Zooming we have done.

Happy Easter and enjoy your holiday.

Elena Tommasi
elena.u3a@gmail.com



CREATIVE PROJECT CHALLENGE



Above an apron, below a boob bib, and lower right a hat.



We have several boxes of the above U3A bags that have not sold. So, we have come up with a challenge for our creative U3A members. Pick up a bag (or two or three) and repurpose it into something useful. A few ideas (done on the spur of the moment) are shown here. We will have a showing of the finished items at one of our future social events with a prize awarded for the most creative idea. Bags can be picked up at the office during regular office hours and finished projects should be dropped off by May 31.



THE U3A OFFICE WILL BE CLOSED FOR THE
SCHOOL HOLIDAYS.

WE OPEN AGAIN ON TUESDAY 26TH APRIL.

Your lanyards and name tags
await you in the office:

**Trish Irons, Ian Chivers, Lance Jewell,
Catherine Turner, Suzanne Coutanceau,
Sharon Murrihy, Ann Chivers**

Please call in and collect!

DO YOU WANT TO BE AN OFFICE VOLUNTEER?

Do you have great computer skills, love meeting people and having a chat, and you have two hours twice a month when you are free to be an office volunteer? The office is open on Tuesday and Wednesday mornings and Thursday afternoons. You can choose how often and when you volunteer.

Tasks include enrolling new members using MyU3A, making changes to details on MyU3A that are requested by tutors and members, producing name tag labels and other general office duties and most importantly having a chat with everyone who comes into the office. It is a great way to meet new people, and also learn new skills.

If you are interested in joining our office volunteer team, Denise Grant, the Office Manager would love to hear from you. Please email officemanager@u3aballarat.org.au or text or ring Denise 0439321250. We have both men and women in our team and would love to welcome you to our team. Competent computer skills are however essential.

We will be having a training session early in second term for prospective new office volunteers.

CLASS MOVEMENTS

Yoga Ongoing 1 and Film Musicales are both moving to The Ballarat Tennis/Hockey Centre as of April.

Wine Appreciation is now held in the Yellow Room BNCC.

The Plantagenets will move to ELC from their next class onwards.

Writing for Pleasure has moved to the Tennis Hockey Centre temporarily.

Pre-Columbian American history has moved to BNCC Red room.

When changes are made to class information the changes can be checked on the venue locations and the Course Guide both of which are on the website

REMINDER



The new Line Dance Class for beginners starts in term 2.
It will be held at Hut 48 on Tuesdays from 1:00 – 2:30.

Nina's Administration Report

Isn't it great that we have completed Term 1 without a lockdown and able to hold our classes face to face – even if it meant wearing a mask! It has also been terrific to be able to hold events for all members. If you missed the Celtic Band and Ceilidh performance – you missed a treat as we sang and bopped along to some wonderful music and capped it off with a wonderful afternoon tea provided by our Events and Catering Committee!

Our second event for all was the talk on Henry Sutton, the famous Ballarat inventor. You realised just how famous he was hearing the talk by his great granddaughter and seeing his amazing inventions that lead to some of the communication systems that have further developed his ideas.

Our **next event** is to be held on Thursday 28th April when Dr Glen Lake will speak about Mount Buninyong through time.. This is a fascinating story of the squatting age around Ballarat. Do come along if you can.

We have also had our Swap Tables on the last Saturday of the month. Last month there were so many goodies to swap or just take. Plants, jams, chutneys, rhubarb, beans, plums, bulbs (my yellow crocus have been beautiful!) Just a lovely time of chatting and sharing. The next is on Saturday 30th April – 10.00 – 11.00 at BNCC.

Then there was a film luncheon just before Easter which was most successful judging from reports!

We are very lucky to have such a dedicated and hardworking Events and Catering Sub-Committee. They rise to every occasion that requires food and also organise some really interesting events. Thanks to all members of this group as we couldn't run these activities without your support.

Classes and Membership

We are still enrolling new members – which is great and our numbers have risen to 1,072. I just hope they have all found classes to join and have been welcomed into them.

Again, I thank the Tutors for the terrific job they are doing – I hear from so many members how much they are enjoying their classes and how professional their tutors are.

Bulletin

At the Admin Sub-Committee meeting we decided it would be good to have more class reports in the Bulletin. It is important to realise that each class is a part of the whole Ballarat U3A and by telling us what you have been doing informs and may even entice others to join! We would like this to be spasmodic as if every class puts something in each month the poor Editor would never cope. So every so often please send a report and/or a photo to the Bulletin Editor – Lee Albert.

Venues

Some classes have had changes of venues during the term and we thank them for their forbearance in this exercise and hope the new venue is more suitable. If members have ideas for venues for U3A, please tell Helen – Class Coordinator – or a Committee Member. Please do not do any enquiries yourself or make any commitments to a prospective venue. It is up to the Accommodation Sub-Committee – Blake Gordon – and the Class Co-ordinator to make those arrangements. However, we definitely do appreciate suggestions.

Volunteers

We now have a Volunteer Co-ordinator – Phill Grant. If you wish to volunteer to assist in the office, catering, furniture shifting etc. please contact Phill.

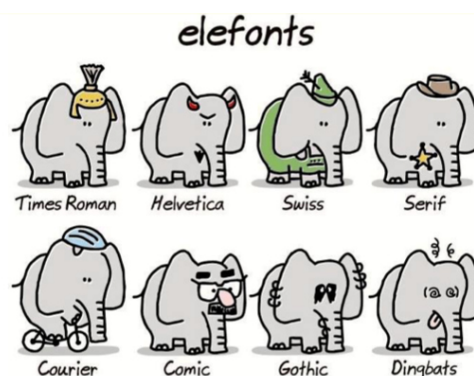
You will see an advertisement for our *Coffee and Chat with Committee*. This month it will replace the New Members Morning tea. These were very successful pre COVID – so we hope you may enjoy just sitting and chatting over a cup of coffee at Selkirk as there is a good café there with food and coffee and plenty of tables and chairs and open space.

I am really looking forward to seeing what creatives, and others like me who are not so creative, can do with the large U3A bags which we have a lot of!! It's going to be a lot of fun I think!

Well, that's your lot for this month

Nina

And from your editor, who regularly changes fonts:



The Return of the Jedi?

No, not quite, it's **THE RETURN of the CAPPUCCINO AND CHATS**

Among the casualties of the pandemic were the Cappuccino and Chat sessions. Now, we think it's safe to venture back into the world of the 'come and join us, if you want to' occasions, where we can 'catch up, just for the sake of catching up'.



Safe? Well, we'll do our best to make it as safe as possible. We can choose venues that are 'airy' and spacious. Mask wearing is optional, but quite acceptable, because individuals may feel more comfortable doing so. Of course, everyone needs to be fully vaccinated and have the green 'vax-sticker' on their badge.

With that in mind, there will be a 'Cappuccino and Chat' session on Wednesday April 13, starting at 10.30 am at the Yacht Club, Lake Wendouree.

Then, to celebrate the start of another pandemic-free term, the first Cappuccino and Chat session for Term 2 will be on Tuesday 10 May, starting at 10.30 am in the café at the Selkirk Stadium (989 Norman Street, Wendouree).

Needless to say, Elena (U3A Ballarat President) will be among the chatters. Attendance is open to any members. There is no need to RSVP (unless there are any questions or if you want to tell me how good it is that the sessions are starting again). And yes, Jedi Knights may also attend.

Phill Grant

Class Notes

LITERATURE Robyn McKnight, Class Rep

Our class will be reading "Let me sing you gentle Songs" by Linda Olsson, led by tutor Helen Boshier. Members please note that there will be only one class for this book, on Thursday 7th April. There will be no class on 21st April due to Easter break.

ITALIAN FILM SCREENINGS 2022

The Ballarat Italian Association, in conjunction with Showbiz Cinemas, Delacombe, will be screening a series of Italian films with subtitles for your enjoyment.

These screenings are in addition to our annual Ballarat Italian Film Festival (BIFF) on August 12 & 13

Tickets are \$13 or \$11 for Showbiz members and can be purchased online or at the Cinema.

All films screen on Sunday at 4pm on the following dates :

- MAY 1 - I LACCI (The Ties)
- MAY 29 - SE MI VUOI BENE (If You Care For Me)
- JUNE 19 - PADRENOSTRO
- JULY 10 - SIRLEY

The BIA looks forward to your support for this initiative.

Contact via email

info@ballaratitalianassociation.org

BIA Administration Officer 0492 938 828

DINING OUT GROUP Ian McKee class rep, Glenda Cipolato facilitator



Our May lunch will be held at The Convent, Daylesford 7 Daly St Daylesford Vic 3460 on Sunday 15th May at 12pm.

As per usual please advise of your intention to attend (or register an apology) by the Thursday prior to -

Ian anneianmckee@ozemail.com.au or

Glenda grc184@bigpond.com

WALKERS AND COFFEE Tutor: Chris Cullen

Class Rep: Ruth Nunn Ph: 5339 2027 Mob: 0419 518 504

Walks Start 10am sharp 1st and 4th Wednesdays 10 – 12 noon

6th April	Racers Café, Cnr Webster St/ Wendouree Pde, Ballarat
27th April	Victoria Park, Cnr Russell/Eyre Streets, Ballarat – Coffee at Bluestone Café Cnr Drummond & Urquhart Sts
4th May	Drive café, cnr Grant & Barkly Sts, Ballarat
25th May	Russell Square, Cnr Stawell St & Scott Parade, Ballarat East Coffee at Garage Café, Humffray St Nth
1st June	Brown Hill Swimming Pool, 377 Humffray St Nth, Brown Hill
22nd June	Sparrow Park, cnr Richard & Spencer Sts, Canadian
6th July	Cornerstone Café, Skipton Street, Ballarat
27th July	Pipers by the Lake, Wendouree Parade, Ballarat.

CYCLE TOURING IN SOUTH GIPPSLAND by Howard Gibbon

If you heard a whirring noise a few weeks ago it was, most likely, the sound of well lubricated gears rotating steadily on U3A cycle group bicycles, in early March. Where was this: through the undulating countryside in South Gippsland on the Great Southern Rail Trail. Regular readers of this newsletter will no doubt recall that intrepid U3A cyclists ventured over to South Gippsland this time last year. So, why do it again? Well, the rail trail is longer now – the local shires extended it from Leongatha to Nyora, a cycle tourist's dream come true!

Unfortunately, the ride was not without a few hiccups: the rail trails' website says the extension to Nyora is complete and that's true, well sort of. What the website doesn't say is that not all the bridges have been re-built, they're working on it, a small but critical detail. So, unfortunately, the first day's riding was a little foreshortened, but things just got better from thereon in.

I think all the participants in our week away would agree that the Great Southern Rail Trail is a wonderful experience whatever your acumen as a cyclist happens to be. From the delights of a capacious bike store in Korumburra near the western end, to coffee and other sustenance at the bakery in Meeniyah and sniffing the ocean breeze at the eastern terminus at Port Welshpool, it was three days of turning the cogs through beautiful undulating Gippsland countryside.



Maybe we will have to make this an annual event!

The video of this year's Great Southern Rail Trail ride can be seen by 'copying and pasting' the following link into the address field at the top of your internet browser. (If you are reading the Bulletin 'online', clicking on the link may also work. If you are reading a hard copy of the Bulletin, you will need to carefully type the link into the address field at the top of your internet browser.)

<https://youtu.be/H2dgCTXSSO8>

PETANQUE Is a very old French game of Marbles for adults [only kidding] It's similar to Bocce and lawn bowls and is played by all ages. It's an outdoor activity, and great exercise. Our group has some 30 members who really enjoy each other's company and have to date reached a very high standard of play. Having a cuppa and a biscuit whilst enjoying a lively chat always makes for a good day.

A game usually lasts some 40 minutes, and we usually end up playing 3-4 games/session. All the equipment needed is provided along with tea and coffee. Contact our beautiful class rep Pam, or our Quietly unassuming empathetic tutor Ron. You are very welcome to join this happy group.

WORD DIVERSION

Congratulations to, and heaps of kudos for, our wonderful word un-wobblers. Clutching Aunt Jessie's ELECTRICITY and Warwick's TRANSLATE and ALTERANTS from the fabric of the universe were Tricia Elliott, Bernadette Brouwers, Wendy Gottlieb, Brian Harrison, Helen McDowell and John Elischer. And while we are talking about the fabric of the universe, Tricia managed to weave another word in addition to the solutions provided by Warwick – TARLETANS (a thin muslin fabric).

Can our word wizards wave wands to wrangle impossibly wonky words? Gazing into the depths of a nearly empty teapot, Aunt Jessie suggested that G L D I F G L E N might do the trick. In the meantime, Warwick's multiple cappuccinos have created

T	E	O
S	R	M
T	A	O

TEOSRMTAO

Solutions please to grantphillip@hotmail.com

Kudos, congratulations and smug self-satisfaction are available in bucket loads for successful solvers, regardless of any assistance gained by tea, coffee or biscuits.

PIANIST WANTED

To accompany Ballarat U3A Chorale.

Accompanying experience is nice but not necessary.

Pay is not monetary but rewards are very large.

All musical styles: e.g musicals, pop, sacred, madrigals.

Every Tuesday 11:00 to 12:30 in term time only.

Plus occasional performances.

Please call Judy on 0421 339 439
or George on 0427661699 to discuss.

