



the BULLETIN

November 6 2020

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702 WALKER ST, BALLARAT NORTH**BNCC OFFICE** Currently closedEASTWOOD LEISURE COMPLEX
20 EASTWOOD ST BALLARAT 3350**Public Officer:** Ros McArthur

14 Aryvale Avenue, Lake Gardens 3355

Reg No13304 K ABN 3371 3445 856

COMMITTEE MEETINGSAt BNCC, 9:30 am
1st Wednesday, Feb to Nov**BULLETIN EDITOR**

LEE ALBERT

u3aballaratbulletin@gmail.com

Next issue deadline: Nov 19

Diary Dates: Enrolment days: December 1, 2, 3, 4, 7, 8

Details on page 3

We hope to use Ballarat North Community Centre, but are waiting on Government regulation changes permitting this.

Regardless of whether or not we can use BNCC, online enrolment will be possible

WORD DIVERSION

Well, it's not often that all the kudos and glory descends upon one person. That is exactly what has happened this time; well-deserved congratulations to Tricia Elliott for working out all the known solutions to the wobbled words. She solved Aunt Jessie's jumble with AMBULANCE, and also Warwick Sellen's scramble with LARCENIST, CLARINETS and CISTERNAL.

Will this week's mixed-up mots be as challenging? Aunt Jessie has spent some time in the Ballarat sun to produce **QUIOLLOSY** - what could that jumble be in real-life?

In the meantime Warwick has cobbled together the following puzzle:

A	T	N
L	E	V
N	E	I

INLEENVAT

Of course, there are the usual glorious gifts on offer as prizes; namely, massive amounts of ethereal kudos and glory, indeed as much as one might carry in a back pocket of a pair of tight-fitting jeans.

Solutions please to Phill at grantphillip@hotmail.com



Are things looking up? Maybe just a bit? As an American I am watching the elections with bated breath. Why, why why is it so close? And though at this writing it is not final it is looking like Biden will probably prevail. I don't want to get political but I will say what a relief for me. On the local front we are hearing the possibility that Melbourne may be opening up and of the NSW border opening to Victoria. Let me say well done Victorians, let's keep it up and the numbers down. We might actually get to spend the holidays with family.

As for U3A news I will say once again how pleased we were with the AGM. We were amazed at the number of people who signed in. The final count was about 170 attendees, more than we usually get at a regular AGM. I am guessing that future AGMs will be hybrid versions so that people who are unable to attend in person, for whatever reason, will be able to attend virtually. One member told me she and her husband were in their car, on a getaway from Ballarat, on her mobile phone and at the meeting. Now that is a dedicated U3A member. We appreciate everyone's effort.

Next step is enrolments. You can read more about the details later in this Bulletin in Nina's administration report. Our plans are still tentative while we wait to hear from DHHS and the Ballarat Council as to the availability of our venue. In the meantime, now that we are all becoming expert at doing things online we would urge you to sign up online at MyU3A. Nina will give you details on how to do that and we will have several people available by phone if you need help.

I know we are all hoping that next year face-to-face classes will be able to resume but even if that does happen we think hybrid classes will still need to be considered. Realistically, the number of people in a classroom will need to be limited which means some of the people who would like to attend a class may not be able to. Also, some members may not feel comfortable attending a class in the near future. Several tutors are holding all virtual classes right now but we are hoping more of you will be willing to do a hybrid class. The Committee is working on providing equipment, training and backup for those who will consider running hybrid classes. If you would be willing to run a hybrid class please let either me, Denise, Helen, or another Committee Member know so we can make the necessary plans. We need an idea on how many classrooms and which classrooms need to be equipped.

So let's look forward with hope. If enrolments go as smoothly as the AGM I feel confident that next year will be a much better year.

Elena
elena.u3aBallarat@gmail.com

ENROLMENT PROCEDURES

We are quickly arriving to the end of the year which means Enrolment Time is upon us. Due to COVID any procedure we put in place now may have to be changed and Plan B put into operation. So please read the eBulletin which will come out mid November.

We are changing our card payment system from PayPal to eWay. The new system, eWay, will operate in the same way but it is easier to use and the information will go directly to MyU3A and to our bank account, instead of going to an intermediary account and often causing delays in being accepted by MyU3A.

End of Year Procedures:

1. Enrolments will open on December 1.
2. Enrolments may be done online using Direct Debit to our bank account
A Membership Form is included in this Bulletin with bank details.
3. Enrolments can also be on done line using a credit card.
4. A Membership Form can also be completed and sent with a cheque or postal order to U3A Ballarat, PO Box 2058, Bakery Hill 3354.
5. Classes can be selected after payment has been made for online payments
6. Members using a Membership Form will need to clearly fill in their desired classes for 2021.

COVID willing, face-to-face enrolments will be done at Ballarat North Community Centre (BNCC) and you are advised that you should attend to enrol between 10.00am and 3.00pm according to your surname initial.

Tuesday	December 1	A-E	Wednesday	December 2	F-L
Thursday	December 3	M-R	Friday	December 4	S-Z
Monday	December 7	A-L	Tuesday	December 8	M-Z

Members may make other arrangements by emailing info@u3aballarat.org.au

You will be met in the Car Park and given a number. You then remain in your car until called to enter the hall and enrol. Masks MUST be worn.

In the hall will be 6 stations and there should be no more than 16 people in the hall at any one time and all will be separated by 1.5 metres.

Unfortunately we will not be able to provide tea or coffee.

This is the plan at this stage – however restrictions could either ease or become stricter, so PLEASE watch for other announcements! Instructions for enrolling online will be in the eBulletin, November 20th.

BALLARAT NORTH NEIGHBOURHOOD HOUSE COURSES

Affinity Publisher – Basic (online and free)

Tuesday 17 November – 8 December (4 weeks)

10.00am- 12.00noon

Bring your vision to life with **Affinity Publisher**, the next generation of professional publishing software.

From books, brochures, posters, reports and other creations, this software will allow you to combine images, graphics and text to make beautiful layouts ready for publication.

This is an opportunity for people who are creating Newsletters, programs and more to learn the basics.

You will need to download and purchase Affinity Publisher on your computer or tablet.

If you need assistance please contact us 0491 753 307.

These sessions will be online using Zoom. It is recommended the Zoom is on another device to allow you full access to your Affinity program.

To register for this class please click or copy & paste the link. Registrations close Friday 13 November 12noon. We will forward to Zoom link on Friday 13 November.

https://docs.google.com/forms/d/e/1FAIpQLSf5TLYq3zm1hfXoy7KVPOIjYUBd3E1dSa6PfRH9L1A4G0PAeA/viewform?usp=pp_url

Three weeks of Colour...

16 November till 3 December

If you have a camera, phone, tablet, then come and have some fun in this creative 3 week adventure. We will start each week with a colour theme. At 9.00am each Monday morning you will receive the colour for the week and simple instructions.

We ask you to take photo of a group of objects, flowers, scenery, depicting the colour (no faces or people).

Then we will meet for a one hour session on Thursday 19 & 26 Nov and 3 Dec 1.00 – 2.00pm on how best to work with those images and discuss how to set the scene for a photo, ie composition of the photo and share ideas.

They will then be published (this part is optional) to BNNH Facebook and Instagram. Sound like something that might interest you? Then register today!

https://docs.google.com/forms/d/e/1FAIpQLScOLLQvIqIrNHew2UdhCAKP2m3iSaBrm3SJ06U1E_QW-1qdcg/viewform?usp=pp_url

BALLARAT SPEAKER'S GROUP LUNCH

At our November meeting we will be trying something different. BSC group member Eleanor Aghion will present a Zoom cooking demonstration. Yes, if you're like me you're over all the cooking shows on TV, but this will be very different.

Eleanor grew up as a member of the vastly depleted Jewish community in Ukraine in the '50s and Russian is her native tongue.

She will tell stories of her young life under Russian rule, while she demonstrates a couple of her traditional Ukrainian dishes. I have tasted her cooking and let me tell you it is deliciously different to the traditional Aussie meat and three veg. And her stories are just as delicious.

When: Thursday 12th November at 1pm

Where: On Zoom

How much: \$16 per person

Registration: Go to <https://com/BMERSwww.trybooking>

RESEARCH REQUEST

The [Nossal Institute for Global Health](#) at the University of Melbourne, Australia is conducting global research into the economic, health and well-being consequences of COVID 19.

[How Are You Going?](#) is the only survey, that we are aware of, focused on learning how people are experiencing the pandemic. Aspects like how people are feeling, how optimistic are they about their own future and that of their country, how has their sense of community changed since the onset of the pandemic, ways this crisis has financially impacted their lives and what are they most worried about.

The participation request is for your members to complete an online survey. The survey will take about 10-15 minutes to complete. There are a few household questions to start, this helps our researchers to identify patterns within populations. Responses are all confidential and respondents cannot be personally identified.

<https://mispgh.unimelb.edu.au/how-are-you-going/>

AN ACTIVITY TO ANTICIPATE

Several weeks ago, some of our members took part in a survey run by the Florey Institute. The purpose of the survey was to find out what sort of sessions presented by the Institute would be of interest to U3A members. The Florey Institute of Health Neuroscience and Mental Health has long been offering Melbourne City U3A with access to its expertise. Now the Institute is partnering with U3A Network Victoria to offer this expertise to all U3A members.

The first of those sessions will be held on Thursday 19 November, by webinar, 11 am to 12 noon

The Aging Brain and Neuroplasticity, Professor Anthony Hannan, Florey Institute

To find out more about the webinar and the registration process go to:

<https://www.eventbrite.com.au/e/the-aging-brain-and-neuroplasticity-tickets-121657186921>



MEMBERSHIP FORM 2021

*Entries marked * must be supplied*

*Given Name: _____	Badge Name: _____ (Only if different to Given Name)
*Family Name: _____	
*Address: _____	
*City/Suburb: _____	*Postcode _____
*Phone Numbers: _____	
Email: _____ (Please print clearly)	
*Gender: F ☐ M ☐	*Date of Birth: D ____ M ____ Y _____

Occupation (prior to retirement): _____

Skills: _____

Interests: _____

Country of Origin: _____

In the event of illness, please notify:

Name: _____ Phone: _____

Name: _____ Phone: _____

How did you find out about U3A? _____

*How would you like to receive the **Monthly Bulletin**? No: ☐ Post: ☐ Email/Webpage: ☐

I wish to enrol/re-enrol in the following classes:

CLASS CODE				CLASS	Term	Day	Time	E/W/ R

PRIVACY STATEMENT: U3A Ballarat Inc respects your right to information privacy. Information we collect on members and hold is kept in accordance with information privacy laws.

IMPORTANT: The details requested will enable U3A to maintain accurate records, supply aggregate data in support of funding grant applications and organize classes to best suit our members' needs.

USE OF PHOTOS: Photos are sometimes taken of groups of U3A members for use in the Bulletin, the website or for publicity. Names are not used without specific permission. It is the responsibility of individual members to refuse participation in these photos if you do not wish to be included. You will be advised when photos are going to be taken.

Thank you for your co-operation

ANNUAL SUBSCRIPTION for year 1 January to 30 December 2021

Renewing Members - Due Jan. 1	\$50.00 with an option of \$25.00
New Members joining: 1 Jan - 30 Dec	\$50.00
Financial Member of another U3A	\$25.00 (proof of current 2020/2021 membership is required)
(Receipt No: _____)	Date of payment _____)

METHOD OF PAYMENT:

- Cheque ☐ Please mail this form with your cheque to our Post Box or pay at the office.
NOTE that mail is slow and takes 3 – 6 days to reach its destination
- Cash ☐ Cash may be paid at the office
- eWay/Credit Card ☐ May be paid by eWay on line, or at the office by EFTPOS during enrolment time.
- Direct Deposit ☐ U3A Ballarat BSB 633-000 Account 1596 54144
Payment code: U3A ID number (renewing members) + Family Name + Initial
Eg. 1204BrownEL, or new members, NEWFamily Name + Initial eg NEWBrownJH
Date of Deposit _____

Please sign this form and forward, with payment, (cheques payable to U3A Ballarat)) to:
Membership, U3A Ballarat Inc., PO Box 2058, BAKERY HILL, 3354
or pay at the U3A Office during office hours - check the website and the Bulletin for office hours.

New Members paying by **mail** – please include a **stamped addressed envelope (SAE)** with your payment to enable us to send out your New Members Package.

New Members paying **online** – please send this form and a stamped addressed envelope to enable us to send out your New Members Package

Renewing members paying by mail – if you require a new name badge, please include a SAE with your payment.

I _____ wish to enrol/renew my membership of
U3A Ballarat. I support the purposes of the U3A and agree to comply with their rules and policies.

Signed _____