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BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale Avenue, Lake
Gardens 3355
Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the **1st Wednesday**
9.30 am; Feb to Nov. BNCC

Bulletin Information to:

U3Abulletinballart@gmail.com
By February 5, 2020

DIARY DATES 2019

Tues Jan 28	Enrolments BNCC 10—3 pm
Tues Jan 20	Cappucino and Chat with Phill Grant
	Yacht Club 10:00 am
Wed Jan 29	Enrolments BNCC 10-3 pm
Thurs Jan 30	Enrolments BNCC 10-3 pm
Thurs Jan 30	Tutors and Class Reps Meeting BNCC
	1:30—4pm
Mon Feb 3	So You Want to be a Tutor BNCC 3-4 pm
Mon Feb 3	Classes Begin
Tues Feb 4	Cappucino and Chat with Phill Grant
	Bunch of Grapes 10:00 am

WELCOME BACK

On behalf of your U3A Ballarat Committee we'd like to welcome you back. We hope you have enrolled in all your classes but if not you still have three days this week, Tuesday—Thursday at BNCC from 10—3. You can, of course, also sign up online at any time. The Committee has already had its first meeting and is hard at work planning for a successful year.

On a personal note, as my responsibilities will be increasing, as I approach taking on the Presidency of U3A I am handing over the editorship of the Bulletin to two very capable people: Lee Albert and Graham Hawley. It is with both regret and relief that this is my last Bulletin. Please note the new Bulletin email address of U3Abulletinballarat@gmail.com



Back row from left: Chris Hindhaugh, John Olsen, Blake Gordon, Helen Slater, Ros McArthur, Lee Albert, Jeff Langdon, Jack Engwerda.

Sitting from left: Denise Grant, Tricia Cosgriff, Elena Tommasi, Phill Grant, Anne Ottrey, Mary Maloney and Nina Netherway.

BALLARAT

UNIVERSITY OF THE THIRD AGE

PRESIDENT'S REPORT



Hopefully everyone has enjoyed the Christmas and New Year period, celebrating in whatever way was appropriate to their beliefs. The Committee Members and I are looking forward to the new U3A Ballarat year, and I hope everyone else is too. However, as much as we are enjoying the new year, all of us are undoubtedly concerned for the welfare of those affected by the various bushfire emergencies in Australia.

After discussion, the Committee suggests that in the initial stages, U3A Ballarat members as individuals donate to well established and appropriate organisations. It seems that money, rather than goods, is the most appropriate form of donation. In that context, donations from U3A Ballarat activities will be directed to the Australian Red Cross. Already planned is a concert by the Celtic Band; further details will soon be published. Many thanks to the Celtic Band for their initiative.

The Committee realizes that the recovery, for individuals and communities, will take considerable time. Consequently we are investigating ways in which we might help in the long term. For example, there may be opportunities to form helpful links with U3A branches in fire-affected areas, or to assist in activities through the U3A Network Victoria. Needless to say, further details will be published as they become available.

Many thanks to everyone involved with the enrolment process; to members for their understanding of what had to be done and that the process took time, to the volunteers who entered the details onto [MyU3A](#), to the members of the Administration Subcommittee for their organisation and to the Committee Members who were on hand for a range of jobs. A special thanks to Carolie Kerry for her work in setting up the catering each day of the enrolment period.

Also available during the enrolment period was the opportunity to join the first ever U3A Ballarat Summer School. The classes and activities for this school operated during December and January, and it is very pleasing to report that the program was successful and enjoyable. Many thanks to Geoff Parr-Smith for his initiative and considerable effort in bringing the Summer School to fruition.

During enrolment week I had the immense pleasure of speaking with many members, mainly about possible new classes. Mind you, it was probably a bit cheeky, interrupting member's thoughts as they were trying to decide what classes to choose, never-the-less it was enjoyable. One result of those chats is a list of possible classes or activities, now published elsewhere in this Bulletin. Now, if tutors for such new classes would step forward...

To help people in their deliberations about being a tutor, the ***So you might like to be a tutor*** sessions will run again this year. The first one will be on **Monday 3 February, 3.00 to 4.00 pm** in the **Yellow Room at BNCC**. These sessions are purely for information and discussion. There will not be any 'hard sell', nor is there any obligation to be a tutor or activity leader just by dint of attendance at one of the sessions. Indeed, anyone just feeling the urge to have a chat could attend, bearing in mind that the chat will be about the various ways of being a tutor.

Of course, it must be time to have another **Cappuccino and Chat**. Anyone may attend, all are welcome and there is no need to RSVP. The first one for this year will be at the **Yacht Club on Tuesday 28 January**, starting at **10.00 am**. The second one at **10.30 am Tuesday 4 February at The Bunch of Grapes Hotel, 401 Pleasant Street South**.

Phill Grant

ADMINISTRATION REPORT

Welcome to U3A Ballarat 2020.....

1. A reminder to **Tutors** – please check your class lists as there have been quite a few withdrawals from classes and also a lot of new members booking in. We will be expecting more enrolments when the office reopens on January 27. So please try and get your class list up to date and the numbers you are willing to take in you class accurate.

If you want help please contact Mary Maloney or Nina Netherway.

2. *The Tutors and Class Rep Training* session will be held on Thursday 23 January 1:30—4 pm at BNCC – see the Class Co-ordinator's information for details – we would like a rep from each class if possible.

3. Anyone who enrolled online and has not received their **name badge** and general information sheet – please contact Nina by email. ninan06@bigpond.com. You must wear your name badge to class so that others using the buildings know to whom you belong!!!!

4. Your **email address** is quite important, as at various times information about U3A activities is emailed to members. We try not to bombard you with emails and only send them when we have information to send out. An email address is also important to enable tutors to contact you easily and quickly and send out class material.

SO if you have an email address and it is not in your profile on MyU3A, consider putting it there so you can keep up to date with U3A activities.

5. Tutors and class Reps – when sending information to your class use the BCC on your email – Blind Carbon Copy – this stops everyone's email address appearing on everyone's email! It is a real pain when printing an email as you don't want all the addresses in your printout! If you use CC then all the email addresses will appear on all emails. It is also a privacy issue.

I hope you all have a very successful and happy year in your chosen classes.

Nina Netherway
Membership / MyU3A
PO Box 1184
Bakery Hill 3354
Vic, Australia



New evaporative coolers after being installed at Ballart North Community Centre

CLASS COORDINATOR'S NOTES

Welcome back to classes for 2020. We are ready to start classes on **Monday 3 February**. If you are still choosing your classes for the year, there are still many vacancies. Keep an eye out for these new classes. Most of them made it onto MyU3A for the enrolment period, but they were not in the 1st Edition of the printed Course Guide.

New classes

Ceilidh: A Social, Musical Gathering – NOTE THE LATER START DATE

Come and join in with our newly formed ceilidh sessions for some fun socialising and playing.

The key focus of the sessions is to learn to play Celtic tunes from memory.

Playing music without looking at the notes is very liberating and improves your general performance. It allows you to focus on interpretation, intonation, and listening to those playing around you. It allows for more social interaction between the musicians and also between the musicians and audience. In 2020, tunes will come from “Begged, Borrowed and Stolen”, which is freely available on the internet. **Sessions will focus on slowly memorising tunes, before playing them at speed.**

Suggested instruments: fiddle, tin whistle, recorder, flute, guitar, ukulele, concertina, banjo, accordion, bodhran, spoons, washboard, basses, Irish harp etc.

Time: 10.45am-12.15pm, **Venue:** BNCC

Day: 2nd and 4th Thursdays.

Tutor: Ros Cole **Class Rep:** Corrie Olsen

Gardening Interest Group

1st Tuesday of the month 9am to 3pm (Varies)

If you enjoy gardening and visiting gardens, the Gardening Interest Group will be pleased to welcome you. The Gardening Interest Group provides members with an opportunity to share a love of gardening and horticulture. We will visit a variety of different gardens and nurseries, both public and private, large and small. Sometimes we will have a guided tour of the garden, sometimes we will explore by ourselves. Members will take turns to organise and lead the visits. From time to time members will host or conduct workshops on a specific topic or expertise which will be in addition to our usual monthly program. Most of our regular monthly activities will be on the first Tuesday of the month but may vary according to the timing of specific events.

Convenor: Andrew Parker 0418 562 977 email: canlodge@gmail.com

Australian History – John Olsen, Monday 9.00 – 10.30, Weeks 1 and 3. This class will follow a similar format to the current Australian History class which is run by Nina Netherway, and it is available for those people who are on Nina’s waitlist and for other new Australian History students who enrol throughout the year.

Seeing the World Through Economics – Friday, Weeks 2 and 4, Chris Dickinson. Chris has decided to offer a second class for this topic for those who are on the waitlist for his first class.

Ballarat Morning Lake Walk (A NEW CLASS, JUST OFFERED)

Come along and enjoy an early morning weekly Thursday walk around Ballarat’s Beautiful Lake, it has so much to offer. The Lake walk is 6km, and there is plenty to see, shaded in the summer and coffee to follow (optional). Daylight Saving start time 8.30am, rest of year 9.00am. Walk will have 6 week recess during August/September. Meet in Rotunda adjacent to Pipers by The Lake 15 minutes before departure time.

Contact Madelene O’Halloran (m) 0412 841 382

Tutor and Class Rep information and afternoon tea – Thursday, 30th January 1.30pm in the hall at Ballarat North Community Centre – Walker St (BNCC)

4pm – New Tutors information session – Blue Room BNCC. You are all, of course, very welcome to also attend the earlier general session and afternoon tea. Come and meet those who have already been tutors in previous years.

Tutor and Class Rep. Technology training sessions – These sessions on how to use the equipment and technology that is available at the three main venues will be advertised as soon as Chris Hindhaugh (Technology Manager) and Blake Gordon can organise suitable times.

Possible New Classes for U3A Ballarat

Many thanks to all those people that were accosted by me during the enrolment week. I did enjoy it. Mmmm, perhaps I should re-phrase that. What was enjoyable was chatting with those people (U3A members are interesting people, aren't they) and getting their responses with regard to possible classes and activities. The reason for asking for suggestions is that to cater for an increasing number of members, we need to be able to offer a greater number and range of classes and activities.

Below is a list of the suggestions. People who have an interest in any of the suggestions, and who might like to be a tutor or organiser, could contact me or any member of the Committee. If more information about being a tutor is wanted, there is a *So you might like to be a tutor* session in the Yellow Room at BNCC, at 3.00 pm on Monday 3 February. The session is for information and a chat only and there is no obligation to become a tutor just because of attendance at the session.

Art: silk painting, sculpture and clay sculpture, word carving, parquetry, painting/drawing for those who have no skills, photography with basic cameras

Beer tasting and appreciation

Business: how to run a business

Chess

Collecting cookbooks

Computers: for the raw beginners, Moodle, programming (also higher level languages)

Cooking

Dancing: Latin American, Swing, Square

Democracy - the unique democracy of Australia (Judith Brett: *From Secret Ballot to Democracy*)

External online courses

Film: Westerns, Film Studies

Gardening: landscape, basic (propagating, tool use, ...), sustainable

Geology: General, in the Ballarat region

History: history/geography of Ballaratthe 'Cosmos', history of (name a town), Chinese in Ballarat, Aboriginal, Sebastopol to 1950

Languages: Asian languages, more beginners' language classes (all languages), AUSLAN, Ancient languages, eg Sanskrit, Hebrew, Greek, Latin...

Mathematics: Mathematics for ex-mathematicians, Mathematics for non mathematicians

Music: bagpipes, harmonica, learning an instrument for those who can't read music

Needlework: Brazilian embroidery

Old motorbikes

Outdoor: Fossicking, metal detecting, prospecting; rock climbing

Politics

Science: string theory and new particles, the Earth in the universe, the Cosmos

Sport: Pickelball, Table Tennis

Theatre: plays that have been made into films



DONATING TO BUSHFIRE APPEALS

Donating money to established and trusted organisations is the recommended option for individual U3A Ballarat members, the following links have been provided from the *ABC News* website. These links include the Victorian organisations.

If anyone is interested in donating to organisations in other States, or in reading the *ABC News* article, the link is:

<https://www.abc.net.au/news/2020-01-01/bushfire-relief:-how-you-can-help-frontline-services/11835156>

Country Fire Authority

<https://www.cfa.vic.gov.au/about/supporting-cfa>

Australian Red Cross

<https://www.redcross.org.au>

Foundation for Rural and Regional Renewal

https://frrr.org.au/cb_pages/supporting_bushfire-affected_communities.php

Wildlife Victoria

<https://www.wildlifelifevictoria.org.au>

RSCPA

<https://www.rspcansw.org.au/bushfire-appeal/>

Salvation Army

<https://www.salvationarmy.org.au/donate/>

Need for Feed

<http://www.needforfeed.org/donate.html>

As a normal safety precaution, it is recommended that any internet links be copied and pasted into the address field at the top of your internet browser (rather than just clicking on the link).

Phill Grant

A small group is re-forming a branch of ABC Friends in Ballarat to help maintain and support a healthy ABC.

Our first meeting is on Monday, 3 February, in a separate room at the Bunch of Grapes Hotel in Pleasant Street South, at 2 pm.

Further information can be obtained from Dot Carpenter on 5342 9022, or email: johnanddot@hotmail.com



Chris Hindhaugh shows off the new TV in the Red room at BNCC.



U3A Painting Group Christmas Breakup.

These bags, with the U3A logo or a U3A class name, are available for purchase. For information contact Graham Hawley at graham.hawley@bigpond.com. We are looking into offering a shopping bag as well. Details next bulletin.

STRONG CALICO TOTE BAGS

*with your name included
and U3A Logo \$4 or a class name / logo \$5
(price may reduce if there is a large uptake)*



*Size is 38 x 42cm and will easily accommodate
an A4 folder (or 2)*

Order enquiries: graham.hawley@bigpond.com

WORD DIVERSION FOR JANUARY

Congratulations to the following word-dewobblers, who clearly refused to let the break from normal U3A activities quell their unique cerebral gymnastics. That, of course, is a fancy way of saying that they solved the two word diversions published in the last Bulletin for 2019. The dewobblers, who may dwell briefly in a fleeting moment of glory and fame are: John Elischer, Michelle Parker, Marianne Kennedy, Malcolm Mackinlay, Ian Egerton, Tania Gaunt and Eris Doepel.

Given the repetition in 'twenty twenty', this year is bound to be a good year for scrambling words (though it's not quite as 'cool' as having a year that is a palindrome, for example 2002, is it). So, the first diversion for this year is

RRTTEEEAI

Solutions please to Phill at grantphillip@hotmail.com As usual, the prize won't be anything like a sheep station in a canal-side housing development, just the normal self-awarded warm glow of success.

DIVERSION FOR JANUARY

New Diversion!!! With this new year we are starting a new diversion. Instead of Where in the World we will now be having a trivia diversion. So this month's diversion is:

How many hearts does an octopus have?

How many eyes does a bee have?

Which animal symbolizes good luck in Europe?

You won't win a flash prize but you will gain fame (but no fortune)!

Answers to U3Abulletinballarat@gmail.com

CLASS NOTES

The next Bulletin deadline;
Wednesday Feb 5 to Bulletin
Editor, PO Box 2058, Bakery
Hill, 3354 or
U3Abulletinballarat@gmail.com

BALLROOM DANCE *Elizabeth Howard, Tutor 0402 777 852*

On the 26th October, the Creswick Neighbourhood Centre once again lit up the town with a beautifully decorated hall, marvellous afternoon tea, wonderful music and best of all, ballroom dancing lead by members of Ballarat and Creswick U3A Ballroom Dancing Classes. Creswick Neighbourhood Centre has hosted this bi-annual event since 2015, raising funds for the restoration of the hall and other local projects. We have a long way to go before the floor will be refurbished but we have made impact on improving the ambiance and versatility of the hall for all users by installing block out blinds. Never say never....

U3A Creswick and Ballarat have been providing ballroom dancing training since 2015 and 2016 respectively. The Creswick Neighbourhood Centre Tea Dances offer a lovely, friendly place for beginners and experienced dancers alike to strut their stuff. Other dancers come from far and wide to join them.

In 2020 there will a Tea Dance at the Creswick Neighbourhood Centre Hall on Saturday 2 May 2.00pm to 6.00pm. Entry is \$10 which includes 6 raffle tickets and door prize ticket and we ask patrons to bring a plate of afternoon tea to share. We are hoping to up the ante to long frocks and black ties by holding a Creswick Neighbourhood Centre Charity Ball in September next year if we can. In the meantime, remember those who say sunshine brings happiness have never danced in the rain.



BOOK CLUB 2 *Yvette Nesire-McNeil, Facilitator 0434 630 456, Helen McDowell, Class Rep 0407 347 779*

This month we reviewed, *The Secret Chord*, by *Geraldine Brooks*.

Here is the story of the Biblical David, shepherd boy, slayer of the giant Goliath, talented harpist and King of Israel. It is also the story of David, leader of an outlaw gang, murderer, rapist and adulterer. Geraldine has successfully demystified David and shown him to be all too human, prone to superstition, jealousy, brutal anger, self doubt and unexpected compassion .

The story is well told and the use of the prophet Natan (Nathan) as both narrator and character, is a very successful ploy that brings dual, sometimes conflicting, perspectives to the narrative. This is a well written historical novel, brutality confronting, occasionally confusing but also a credible depiction of the era and proof that little has changed regarding man's desire for power and the means to achieve it, the role of women and the general human condition. Mixed responses, 7/10.

Our next book is: *At the Edge of the Orchard*, by *Tracy Chevalier*. This review will be in March 2020.

BUSHWALKERS *Laraine Gunning and Lynne Fenton, Class Rep.*

January 23rd---Mt Pleasant. Led by Chris Charleson and Theresa Dawson. Meet at Llanberris as usual for departure on foot at 8:00 A.M. The walk will take in the urban bush of Peaty Park, historic points of interest around Mt Pleasant, a small part of the Yarrowee and a return for refreshments at Drive Cafe, Grant St. About 6k some hills A/B. Bring morning tea

January 30 - Yarrowee Trail from the Brown Hill Hotel, Humphrey St. North, to the Gong Gong Reservoir, led by Wendy O'Rafferty and Helen McDowell. Grade B, easy bike/walking trail with short, scenic bush loop. 8.6 km., a bit more if we explore the reservoir and Kirks Reservoir Gardens. Meet at Llanberris parking area at 8.00am. or the Brown Hill Hotel carpark at 8.20am. Bring morning tea. Toilets at the Gong Gong reserve. Expect to be back at hotel around midday, if the reservoir and gardens are included. Own arrangements for lunch.

February 13th- Creswick, A nice shady walk around St Georges Lake. This walk is approx 2kms but is a Code B. Some gravelly slopes-- so advisable to take stick. Optional extra if weather permits. Bring morning tea to eat at conclusion of walk. Led by Laraine and Lynne. Car Pool \$5.

Note ---Meet at Llanberris Netball Courts parking area 8 A.M start during January, February and March. Code A-- easy, approx 5 to 7kms mainly flat. Code B-- medium, approx 7 to 10 kms undulating. Code C hard, steeper ascents and descents. B/L bring lunch. For walk details and photos from past walks please go to our Blog at: <http://bushwalkersu3aballarat.blogspot.com.au>.

CLASSIC CINEMA *Shirley Faull, Tutor 03 5331 4408*

Feb.11. First in our year of "Imagined Worlds" is the classic horror film, Bride of Frankenstein (USA,1935,75mins,Dir:James Whale). Beautifully filmed, it explores human existence, with the "monster" still alive and at large amongst the villagers. Be seated ready for 1.30 start.

DINING OUT GROUP *Glenda Cipolato grc184@bigpond.com, Ian McKee class rep 0403 390 108*

Thank you to the many members who enrolled in the Dining Out group for 2020. As a result of the large number of applicants, the class limit has been revised down. To make sure of your seat, and allow final numbers to be confirmed with the venue, you are asked to advise Ian or Glenda (on above contact details) of your attending/non attending two days prior to each lunch.

Our first lunch for the year will be 12.00 noon Sun 16 Feb at the Grapes Hotel 121 Grant St Ballarat. We look forward to seeing you there.

LITERATURE *Robyn McKnight, Class Rep 03 5334 4753*

Our class will commence the year on Thursday 6th February with the book "The Testaments" by Margaret Atwood. Our tutor will be Helen Nethercote.

Our classes are held fortnightly, on the 1st and 3rd Thursdays at 10.45am at Pinarc.

MUSIC APPRECIATION *Janice Cook. Tutor 03 5331 8898*

First class for this year will be on Friday 7th February and the program for the session will be presented by Chris Baulch titled "Painting Pictures with Music". Sounds lovely. Looking forward to another interesting and friendly year.

WALKERS AND COFFEE *Chris Cullen and John Elischer, Class Rep. 0421 341 288*

WALKS START 10AM SHARP 1st & 4th WEDNESDAYS

5th February Pipers by the Lake, 403 Wendouree Parade.
26th February Lake Esmond, Larter Street (Coffee Zagames)
4th March Llanberris Netball Courts, parking area Eureka St.
25th March Krooze in Cafe, Cnr Geelong Rd & Boak Ave, Mt Helen.
1st April Formosa Nursery, 104 Leith Street.

If undeliverable return to:

U3A

PO Box 2058

Bakery Hill, Vic 3354

U3A BULLETIN

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(July 2002)