



BALLARAT

UNIVERSITY OF THE THIRD AGE

the BULLETIN

February 2019

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CLASSROOMS & OFFICE

BALLARAT NORTH CAMPUS, BNCC

702 WALKER ST, BALLARAT NTH.

CLASSROOMS: EASTWOOD LEISURE
COMPLEX, 20 EASTWOOD ST.
BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale
Avenue, Lake Gardens 3355
Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the **1st Wednesday**
9.30 am; Feb to Nov. BNCC

DIARY DATES 2019

Mon Feb 18 So You Might Be a Tutor Session BNCC 3 – 4 pm
Wed Feb 20 New Member's Morning Tea, BNCC 10:30-11:30
Sat Feb 23 U3A Swap Table BNCC Hall 10:00 am
Thur Mar 7 Dr. Lynne Broughton, Talk BNCC 2 pm

SO, YOU MIGHT LIKE TO BE A TUTOR, BUT...

Monday, 18 February, 3.00 to 4.00 pm
BNCC, the Yellow Room

Class Members, Class Representatives and Tutors are the 'heart and soul' of U3A. Of those roles, being a tutor would have to be the most 'glamorous', wouldn't it? Perhaps then, you may have fleetingly thought about being a tutor, but rejected the thought for some reason.

If you have an interest, hobby or passion that you might like to share, or about which you would like to learn more, then being a tutor could be enjoyable and interesting. The purpose of *So You Might Like to Be a Tutor* session is to look at ways of being a tutor and how easy it can be. The session will provide plenty of time for chatting or asking questions about being a tutor.

Of course, if you are an expert, you can just teach others, but it is not necessary to be an expert, nor is it necessary to 'teach'. There are many ways of organising a U3A class or activity so that a group of like-minded people can enjoy, learn and/or share an interest.

What might happen as a result of this session? Some participants may set up a class or activity; that would be great, as it would increase the number and range of activities available in U3A Ballarat. A tutor group or class might be established, to provide an opportunity for tutors to keep in touch with, and support, each other (or just provide an excuse to chat over a cappuccino). It might also be possible that ideas for new classes or activities are developed; that would also be great.

So, the invitation is there. If ever the slightest thought of being a tutor has flitted through your mind, then please join us for the *So, You Might Like to Be a Tutor* session. RSVP to Phill Grant grantphillip@hotmail.com or 0412751327

Bulletin Editor Elena Tommasi: Please send submissions by March 6 to elena.U3A@gmail.com.



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PRESIDENT'S REPORT



Hopefully everyone has settled happily into the new classes and activities for the 2019 U3A year. Of course, 'settling in' has many aspects; including the sharing of interests and passions, learning and doing new things, and enjoying the social interaction with new class members as well as those already known.

Behind the scenes there has been a lot of preparation. Many thanks to the tutors and class representatives for their preparation for the various classes and activities. Many thanks also to the volunteers and committee members who have been continuing the enrolment process, adding the final touches to the venues - especially the renovated Ballarat North Community Centre - and running sessions for new and returning tutors and class representatives. Some of tasks still need to be completed, of course, and with the good humour and help of everyone, they will be done.

The vast majority of returning and new members were able to get into their first-choice classes, though as the enrolment process continued it became trickier to fit some members into some classes. That highlights that, despite new classes having been, and still being, established, we need more classes and activities. Yes, that means we need more tutors. To that end, we intend to run an information session for people who 'may have fleetingly thought they might like to run a class'.

Such people may well have thought; 'yes, I'd like to share an interest, hobby or passion, but no, I couldn't be a tutor', or 'mmm, that would be interesting, but I'm not an expert', or perhaps even 'I wonder if ...'. The emphasis of the planned information session will be, 'you don't have to be an expert and it can be surprisingly easy to run a class or activity'. No, the session will not be a 'hard sell' and there will be the opportunity to chat and ask questions. Further information can be found below in this Bulletin. The session will be held on Monday 18 February, 3.00 to 4.00 pm in the Yellow Room at BNCC.

A opportunity to chat, comment or make suggestions...

...over a cappuccino or similar, is available each Tuesday at 10.00 am at *Café InExterior* (corner of Mair Street and Doveton Street North, enter from Doveton Street). I will be there from just before 10.00 and, as many know, I just enjoy chatting over a cappuccino. Basically, it would be great to hear more about how good U3A Ballarat is, and what improvements could be made.

Ballarat North Community Centre

U3A Ballarat and the City of Ballarat enjoy a friendly and effective relationship; one of the consequences is the newly renovated BNCC building. The Ballarat North Seniors' Club, Genesis Church and U3A Ballarat have also been working together to ensure that the building fits the various purposes required by the three groups. Ultimately we expect to be very comfortable there. As is to be expected, there may well be ways we can enhance our activities at BNCC. Now, all of that is really to say that if there are any suggestions regarding BNCC, please let us know.

Phill Grant

grantphillip@hotmail.com

MEMBERSHIP AND ADMINISTRATION NOTES

Again a big thank you to the office volunteers and Committee members for their patience and forbearance under difficult circumstances during the January enrolment period. The weather was extremely hot, the air conditioners did not function properly, there was no covering over the north facing windows of the rooms being used as the office.... But, despite all this, a very happy and welcoming atmosphere was there at all times! Fortunately the technology more or less held up!!! Since then the office has been inundated with re enrolments and new enrolments – so much so that we have **increased the hours and the number of office personnel during February to**

MONDAY – 10.00 am – 2.00pm

THURSDAY – 1.00pm – 4.00pm

These times will then be reviewed depending on usage. Our membership numbers have shot up to 1131!

It is great to hear members come out of class buzzing with enthusiasm - a big thanks to the tutors who are doing such a wonderful job. Considering all our tutors are volunteers also and tutoring because they love the subject they are tutoring in – we are extremely lucky and please support them as much as possible.

There have been teething problems with getting the technology in all classrooms operating as to how we would like it - particularly at Ballarat North. However, we will get there, and Blake and Chris are working very hard to have everything operating. Tutors will have the opportunity to attend a training session on the use of our equipment in the room they are using very soon. We need to be patient and think outside the square!

Nina Netherway

Membership/MyU3A

Phone: 5309 1771

Email: ninan06@bigpond.com

CLASS COORDINATOR'S NOTES

Class Cancellations and Changes

French – Elementary Plus, Latin 4 and Band Weaving have been cancelled.

The Big Lap has been deferred until Term 4, October/November.

Local History for New Chums, Monday Group is no longer at Ballarat North Community Centre and will now meet at **Room 2 – Pinarc** starting from the next class.

Literature has moved from Eastwood to **Room 2 at Pinarc** starting from the next class.

Latin - There has been a change in tutor, starting time and room for some of the Latin classes. Please check MyU3A to see if your class has changed.

Science – The Science class has met and they have made plans to continue for the rest of the year. Brenda and a team of other scientists will present classes throughout the year.

New Classes

A second **Native Orchids in Spring** class has been added, but it is now fully booked

NEW CLASSES ABOUT TO BE ADDED – See MyU3A for further details.

1. Knitting and Crocheting: Ruth Hawley. This will start in Term 2.

"This activity is for the members who would like to learn the basic skills of knitting and crocheting. Also, for any who already have the skills and wish to bring their work along to knit and crochet in the company of others, and maybe, help and inspire the learners."

Tuesday 10.45 - 12.15 on 2nd and 4th at Ballarat North.

2. Lead Lighting. Karen Cane. This class will commence in a few weeks. Check MyU3A for starting date and contact details. The class will be on Wednesday mornings in the Shed at Pinarc. Tutor: Karen has taught lead lighting classes at several centres in the past in Melbourne.

Course duration - 8 weeks to allow students to complete at least one small project, and for those who decide to work on projects outside of the class times proportionately more may be achieved.

Students should be aware that lead lighting can be an expensive hobby, every effort will be made to avoid extraneous costs however there will inevitably be some outlay required for tools, equipment and some sundry items. Then there are the consumables, glass, lead, solder, foil, flux and putty; costs here are up to the student's discretion. A list of items required for the first week will be forwarded to prospective participants.

There are other new classes in various planning stages. More details in future bulletins.

Are you still thinking about joining classes but have not yet enrolled?

There are some spaces left in current classes.

There are still places in Psychology, Walking Basketball, Retrosuburbia, Ballarat History (Term 3 and 4), Ballroom Dancing – Beginners class, Bates Method of Vision, Book Folding and Paper Crafts, Canasta, Celebration of French Song, Celtic Band, Christian History 4th and 5th Century, Current Affairs, Cycle Touring Group, Dining Out Group, Essays and Ideas, Fall of the Roman Empire, French C, French D, French Novellas, German A, Hiking, Imperial Roman History, Italian Advanced, Italian Intermediate A and C, Latin 2, 3, 5 and 6, Le Conservatoire, Mahjong 2, Managing your Share Portfolio, Paper – What you can do with it, Recorder Ensemble, Tasting and Talking Wine (Terms 3 and 4), The Big Lap (Term 4), The Silk Road, What next? Researching, Writing Family History.

A few other classes have one or two places available.

Would you like to start a duplicate class for one of the popular classes that are oversubscribed?

Australian History, Cultural Capital, Classic Cinema, Film Musicals, Contemporary Ideas, Bushwalking, Book Club, Computers, Dance for Fun and Fitness, or another form of dancing, Tai Chi, Exploring Contemporary Art or a similar art class, Genealogy, Local History, Meditation, Jewellery making, Woodwork, Photography or any topic that you find interesting, and you would like to start a class.

We have had several requests from members for an Auslan class and also a request for an "Anything Norwegian" class.

If you would like to take a class, then maybe you could attend Phill Grant's introductory talk about being a new tutor. See President's notes.

Or you could contact Denise Grant deniseu3a@hotmail.com or text 0439321250.

Public holiday – Labour Day 11 March.

There will be no classes held on this day.

Thank you to the tutors and class reps. who attended the training day on 31 January. The committee enjoyed meeting you all. If you are a tutor or class rep. and didn't attend, please read the documents provided under Useful Links in the Member's Area of the website.

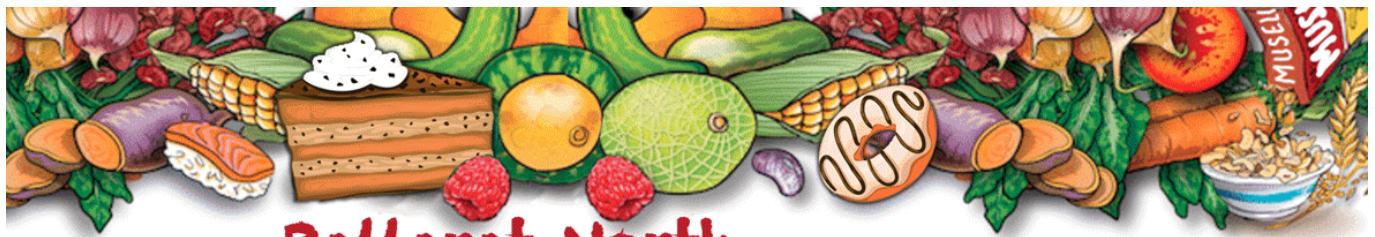
Denise Grant
Class Coordinator
0439 321 250
Deniseu3a@hotmail.com

Dr. Lynne Broughton
Ely Cathedral Talk to U3A
Thursday, 7 March 2019 at 2:00 pm
BNCC Main Hall



At the age of ten Lynne migrated to Australia from England with her family. She grew up in Melbourne and attended MacRobertson Girls' High School before studying at the University of Melbourne, where she obtained her BA (Hons) and PhD degrees. In 1984 she married an Englishman and moved to Cambridge, where she has lived ever since (with frequent forays back to Melbourne). She has lectured at the University of Cambridge and Lincoln Theological

College; in recent years she has very much enjoyed her engagement in Adult Education teaching. She has published books on Lincoln and Ely cathedrals



Ballarat North Community Centre Hall Home Produce Swap Tables

Open to all members of
 U3A, Ballarat Nth S.C, Genesis Church,

**Last Saturday in the Month,
 23rd Feb, 31st March, 27th April
 10 am till 11:30 am,**

*Timeline: Set up tables in hall from 9:45. People arrive at 10:00,
 put their goods out on the table, get their coffee and sit and chat.
 Members assist with washing up, put tables away and vacate by 11:30.*

*Exchange excess produce
 and to have a social cuppa*

*Excess produce can include almost
 anything you would like to bring*

*Excess vegetables/fruit/flowers/
 herbs/seeds/seedlings from home.*

Potted plants you have struck

*Excess eggs Jams/relishes/preserves/
 marmalade/sauces*

Homemade bread/cookies/cakes/etc.

Bring something and take home

something no money is involved

Bring 2 things and take home 4 is fine

Initiated by Ros McArthur who wants your help and participation Ph:5379 9421 & 0409 241115

VERY SPECIAL FILM SHOWING - ONCE ONLY

THURSDAY 28 MARCH at 2 pm

In the HALL at Ballarat North Community Centre in Walker Street, Ballarat North

Free entry to a U3A event. Bring your friends.

“DALKEITH”

A BEAUTIFUL FILM MADE IN BALLARAT 18 YEARS AGO

Ron Hedgecock, a U3A Ballarat member, who acted in the film will be there to introduce it, and perhaps the director will be there as well. This is a film about the people/characters who live in a nursing home here in Ballarat, and what happens when they adopt a racing greyhound. You will recognise several Ballarat identities in the film.

Afternoon tea: Tea coffee and biscuits.

DIVERSION FOR FEBRUARY



Congratulations to the follow correct guessers of last month's Diversion (Burano, Italy, one of the islands near Venice) Rebecca Black, Alison Owen, Marianne Kennedy, Helen Smith, Gleys Brock, Gail Nowaski, Sue Taylor, Lyn Hedger, Julie Nolan, Marg Henderson and Joan Tallent. I think, they the large response, the Diversion was too easy!

To win the pleasure of solving a puzzle, the question for February is: **where in the world is?** Answers can be sent to Elena Tommasi at elena.u3a@gmail.com

ANOTHER DIVERSION FOR FEBRUARY

Congratulations and many thanks to last month's amazing alphabet arrangers: Tania Gaunt, Michelle Parker, Sandy Johnston, Rae Sebo and Pauline Quirk. The unscrambled word was SACRIFICE.

True to form, our wonderful word re-worker has been busy again (one can only imagine the glee on the face of the word re-worker that arises when a word has been re-worked and a challenge created.) This month's scrambled bit of the English language is S A C R T L E N A

To be in the running for absolutely no fabulous prizes, just the glory of solving a puzzle, solutions should be sent to grantphillip@hotmail.com

The following are not U3A Events but might be of interest to our members

Feeling social: how older adults feel about communicating online and offline

PARTICIPATION involves completing a survey that will take APPROXIMATELY 40 MINUTES
If you are aged 65+ and currently live in Australia, we would like to hear from you!

Go to the url link:

<https://www.surveymonkey.com/r/FEELINGSOCIAL>

to access the survey! You can also scan the QR code in the top left corner!

For further information, please contact:

Belinda Fuss

University of Adelaide

School of Psychology

Email: belinda.fuss@adelaide.edu.au

You are invited to the Ballarat Speakers Club Luncheon

Where: City Oval Hotel (Cnr Mair & Pleasant Sts)

When: Thursday 14th February at 12 noon

How much? \$40 per person (\$15 goes to charity)

RSVP: call/text Anthony on 0458 312 533 by Tuesday 12th Feb or go to Google Ballarat Speakers Club



Kacey Sinclair

Kacey Sinclair will tell us about her research into the life and times of **Fanny Finch**. Fanny's story is a remarkable one. Kacey believes Fanny is the first known woman to vote in Australia, at Castlemaine in 1856. Fanny's story is additionally remarkable as she was a single mother, a brothel keeper, property owner, was of African heritage and formerly a British domestic worker.



This seminar is brought to you by the Victorian Active Ageing Partnership (VAAP). The VAAP is a Victorian government project that aims to increase physical activity opportunities for older Victorians, especially those experiencing disadvantage, isolation and loneliness and for those not currently involved in physical activity.

WHO SHOULD ATTEND

Staff and volunteers involved in providing physical activity opportunities (including active recreation and sport) for older people.

Staff, managers and volunteers from various organisations including community health, fitness/leisure centres, sports clubs, local government, neighbourhood houses, Men's Sheds, U3As among others, are encouraged to attend.

Professional development points & continuing education credits are being sought from Physical Activity Australia and Fitness Australia.

SEMINAR PURPOSE

To inform attendees of various strategies and tools to assist them in their work engaging older people in physical activity and to promote local information-sharing and networking.

WHEN

Thursday, 4 April 2019
10:00am – 3:00pm
(Registration from 9:30am)

WHERE

Powerhouse Building,
42 Sloane St,
Stawell

COST

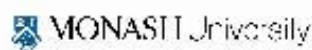
FREE – those who register and don't attend will be invoiced \$50.00 to cover costs

REGISTER YOUR INTEREST NOW!

[Click here for booking link](#)

Ph: 03 8531 8045

Email: programs@msk.org.au



COURSE GUIDE JAN - JUNE 2019

TERM 1 2019
22 JAN - 29 MARCH
TERM 2 2019
23 APRIL - 28 JUNE



NEIGHBOUR DAY 2019

Neighbour Day is Australia's annual celebration of community, encouraging people to connect with those who live in their neighbourhood. The theme for 2019...

"Loneliness – What neighbours can do to create connections"

THURSDAY 21 MARCH 2019

12.30pm - 2.30pm

FREE - JOIN US FOR LUNCH

"Sing Australia Ballarat & Ballarat North" will be joining us

RSVP Essential for catering by
Thursday 14th March
53291101

Ballarat North Neighbourhood House

6 Crompton Street Soldiers Hill 3350

Be Connected

Every Australian online.

Ballarat North Neighbourhood House
6 Crompton Street
Soldiers Hill 3350



DATE	TIME	COURSE	WHAT'S ON OFFER
Wednesday 6th February	12:30—3:00pm	Email	You will learn about email accounts Using Android and Apple Devices
Thursday 7th February	12:30—3:15pm	Apple Mac Computer	Learn what an Apple Mac computer is and how to use one
Wednesday 13th February	12:30—1:45pm	What can you do with Digital Photos	Learn about how to download photos from camera to your computer then share with family & friends online.
Wednesday 13th February	2:00—3:15pm	Downloading Photos	Downloaded photos from camera to computer now learn how to store them.
Thursday 14th February	12:30—3:15pm	What's an iPhone	Learn the essentials of what a iPhone can do and how to use the internet (Data)
Wednesday 20th February	12:30—1:45pm	Searching Online on Windows 10	Learn how to search for things on the internet using search engines such as Google, use bookmarks & save images and other files.
Wednesday 20th February	2:00 - 3:15pm	Using Online forms on Windows 10	Learn what an online form is and how to apply for benefits, paying bills, shopping online and contacting services you use.
Thursday 21st February	12:30—1:45pm	Choosing a Data Plan - Apple users	Learn how data for your internet connection is sold in a plan. Learn how internet providers sell data to you & what happens if you use too much data.
Thursday 21st February	2:00—3:15pm	Managing Your Data Apple Users	Learn about managing your internet data plan and the amount of data you use on your Apple device
Wednesday 27th February	12:30—1:45pm	Avoiding Scams & Tricks	Learn that it's not that difficult to stay safe online by following a few simple steps.
Wednesday 27th February	2:00—3:15pm	Paying Safely Online	Learn how to pay safely online through a number of different options. Learn what to do with faulty goods purchased online or goods that don't arrive.
Thursday 28th February	12:30—1:45pm	WiFi On The Go - Apple	Learn how to connect to Wi-Fi in public places, like libraries, or shopping centre. Learn some tips on how to stay safe and secure while using public Wi-Fi.
Thursday 28th February	2:00—3:00pm	Internet Safety - Apple	Looks at protecting your information online, making credit card payments and child safety.
Wednesday 6th March	12:30—1:45pm	What is an Android smartphone?	Learn the basics of smartphones (Androids).
Wednesday 6th March	2:00 - 3:15pm	What is Mobile Data? Android Phones	Learn how a mobile phone connects to the internet and about the options available.

Free courses on everything from how to access the internet, to using your device and keeping in touch with others online.

Please pick maximum of 4 FREE courses BOOKINGS ESSENTIAL ph 53291101

Young at Heart Seniors Film Festival, Melbourne 2019

U3A Network is pleased to announce that, for the second year running, U3A is sponsoring the Young at Heart Seniors Film Festival. It is showing in Melbourne from 14 to 27 February at Palace Cinemas Como, Brighton Bay, Balwyn and Westgarth. A U3A 30 second cinema advertisement will be presented before all sessions. There are some terrific films and tickets are now on sale.

Otherwise, here is a link to the Festival program: [2019 APIA Young at Heart Senior Film Festival](#)

CLASS NOTES

The next Bulletin deadline;
Wednesday 6 March 2019 to
Elena Tommasi, PO Box 2058,
Bakery Hill, 3354 or
elena.U3A@gmail.com

BOOK CLUB 2 *Yvette Nesire-McNeil, Facilitator. Helen McDowell, Class Rep'.*

BUSHWALKERS *Laraine Gunning and Lynne Fenton, Class Rep.*

14th March.- Skipton Rail Trail Walk, Scarsdale to Haddon, led by Anne Ottrey and Helen Boshier. Walk 10kms of this former railway line, passing through mining areas of Scarsdale, Smythesdale and Nintingbool, finishing just short of Haddon. See the Chinese graves in Smythesdale cemetery and wooden sculptures at our morning tea break at Smythesdale Gardens. We pass through areas of bush, pine trees and open grasslands. Distance 10kms approx, Code A/B (flat but long), bring morning tea/lunch, car pool \$5. Car shuttle required. Meet at Llanberris Netball Courts parking area for **8 A.M start**.

28th March--- This will be an alternate walk for those not going to the Apollo Bay Camp. **Creswick Heritage Walk** is a 8.5 km circuit from the Visitors Centre and includes the historic campus, the century-old oak trees on La Gerche trail, spectacular views from Brackenbury Hill, and the north side of St George's Lake on the way back to town. Code C due to some steep ascents. Bring lunch. Car pool \$5. Led by Theresa Dawson & Dale Gordon. Meet at Llanberris Netball Courts parking area **9.20 A.M for 9.30 A.M start**

Note- Code A-- easy, approx 5 to 7kms mainly flat. Code B-- medium, approx 7 to 10 kms undulating. Code C hard, steeper ascents and descents. B/L bring lunch. For walk details and photos from past walks please go to our Blog at: <http://bushwalkersu3aballarat.blogspot.com.au>

CLASSIC CINEMA *Shirley Faull, Tutor. 5331 4408. Kerren Thorsen, Class Rep 5338 2607*

March 12. John Ford's classic adaptation of Steinbeck's novel The Grapes of Wrath (USA, 1940, 129 mins) tells the deeply affecting story of starving "dust bowl" farmers heading off towards a new start in California. Film only session.
Please be seated ready for a very prompt start to this film at 1.30pm.

DINING OUT GROUP *Anne McKee 0403 079 216 or anneianmckee@ozemail.com.au*

The March lunch will be held at the Park Hotel, 1615 Sturt Street, on Sunday 17th March, commencing at 12.15 pm. Please let Anne or Ian know if you are, or are not, coming on either 0403 079 216 or anneianmckee@ozemail.com.au by Friday 15th February. And please remember to wear your name tags.

HISTORY OF ENGLISH LANGUAGE *Alice Mills, Tutor 5341 3887*

Members please note that the first class for the year will be on Monday Feb 18th beginning at 10.30am at the Ballarat North Neighbourhood House.

LITERATURE *Robyn McKnight, Tutor 0412519083*

Our class will be reading The Gap of Time by Jeanette Winterson led by tutor Wendy Abraham.

MUSIC APPRECIATION *Janice Cook, Tutor 5331 8898*

First class for this year was enjoyed on Friday 1st with several new members welcomed. Ron Hedgcock was in charge of the music for the day and showed one of his special video presentations "As ever, More Memorable People" But sadly this was Ron's final day with us as he is moving to Geelong. Ron was a long time member who contributed much to the group through his knowledge of music, composers and performers. We wish him well in his move, but he will be back in Ballarat on Thursday 21st March for the screening at BNCC of the movie "Dalkeith, in which he is one of the actors.

WALKERS AND COFFEE *Chris Cullen, Tutor 03 5332 3721*

Walks start 10am sharp. 1st & 4th Wednesdays

27th February MADE 102 Stawell St & Eureka Street

6th March Meet at DeSoza Park, Buninyong

27th March Racers Cafe Lake, Wendouree

Facilitator: Chris Cullen

Information & Apologies: John Elischer 0421 341 288



New lint and dust removal system for the Silver Jewellery classes. A big thank you to Steve Walsh for setting it up and Lee Albert for donating the vacuum.

If undeliverable return to:
U3A
PO Box 2058
Bakery Hill, Vic 3354

U3A BULLETIN
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Reg. No. A 13304 K

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