



**BALLARAT**

UNIVERSITY OF THE THIRD AGE

# the BULLETIN

May 2018

## **PRESIDENT**

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## **VICE-PRESIDENT**

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## **TREASURER**

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DENISE GRANT

*DeniseU3A@hotmail.com*

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NINA NETHERWAY ☎ 5334 4836

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## **U3A PHONE NUMBER**

0431 859 315

## **E-MAIL ADDRESS**

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## **WEB ADDRESS**

[www.u3aballarat.org.au](http://www.u3aballarat.org.au)

## **CLASSROOMS & OFFICE**

BALLARAT NORTH CAMPUS, BNCC

702 WALKER ST, BALLARAT NTH.

CLASSROOMS: EASTWOOD LEISURE  
COMPLEX, 20 EASTWOOD ST.  
BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale  
Avenue, Lake Gardens 3355  
Reg. No. A 13304 K  
ABN 3371 3445 856

## **MEETING DATES**

### **EXECUTIVE MEETINGS**

monthly on the 3<sup>rd</sup> Wednesday  
9.30 am; Feb to Nov. BNCC

Acco

## **DIARY DATES 2017**

|            |                                                                      |
|------------|----------------------------------------------------------------------|
| Wed May 2  | New Members' morning tea and tour, Eastwood Leisure Centre, 10.30 am |
| Sun May 6  | Celtic Band, The Annexe Art Gallery at Ballarat, 2:30 pm             |
| Fri May 25 | Trivia Night, Prince of Wales Hockey/Tennis Center, 4:30 – 6:30 pm   |

## **TRIVIA NIGHT**

**FRIDAY, 25 MAY**

**4:30 – 6:30**

**Prince of Wales Hockey/Tennis Center  
(on Gilles Street next to the Aquatic Center)  
Wine, Cheese, Dips and Nibbles will be served**

Please join us on Friday, 25 May for our second Trivia Night. You can come as a group with your class or come as an individual and meet some new people.

Last year's Trivia Night was a lot of fun so join in the fun this year.

GENERAL KNOWLEDGE TRIVIA ONLY. Last year to celebrate U3A Ballarat's 30<sup>th</sup> anniversary we included several questions related to U3A. This year will be general knowledge questions only.

Tutors and Class Reps put together your groups and RSVP to [elena.U3A@gmail.com](mailto:elena.U3A@gmail.com) with the number of people attending. Class groups should be from 6 to 10. Individuals may fill in at the smaller tables.

Bulletin Editor: Elena Tommasi: Please send submissions by May 16 to [elena.U3A@gmail.com](mailto:elena.U3A@gmail.com). Please do not use the old email address previously published.



BALLARAT

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The Melbourne Walk, Film Luncheon and Speaker, Dr. Lynne Broughton, that all took place in March, were all deemed a great success by attendees. We are planning another Melbourne Walk, possibly in August, and another Movie, date to be announced. If you missed the first ones you won't want to miss the next ones.

**BALLARAT U3A CELTIC BAND**

# CONCERT

FEATURING THE U3A CELTIC BAND &  
SAINT CECILIA SINGERS COMBINED

**SUN 6 MAY, 2.30PM**

THE ANNEXE  
ART GALLERY OF BALLARAT  
LYDIARD ST. NTH., BALLARAT

CD WILL BE AVAILABLE FOR PURCHASE

[www.u3aballarat.org.au](http://www.u3aballarat.org.au)

**FREE ENTRY**

## PRESIDENT'S REPORT



A very sincere and warm welcome to all our new members, and a Welcome to Ballarat in Autumn, soft sunshine one day, 80-kilometre winds and rain squalls the next. But, it's home to Ballarat U3A and we love it. To all our members travelling north, or tripping overseas come back safe and healthy, because you are all valued.

We recently had a meeting with Ballarat Group Training [BGT], who seem to be well on the way to securing a lease at the Barkly street campus and are currently negotiating with the Education Department with the support of Geoff Howard and Jaala Pulford. They are very keen to have us on board, and we (U3A) are very optimistic in securing long term tenure in this very appealing venue. As always, we will keep you posted.

Last week council conducted the "Engaging the Community" report at Lucas, and as we walked in the door we were entertained by our very own Ukulele Players jamming, and elusive as they are, they helped create a fantastic ambiance. They do U3A proud. While on the subject of our musical groups, please keep in mind The Celtic Band performing in the Annexe at the art gallery on Sunday the 6<sup>th</sup> of May commencing at 2.30pm. It's free and all are welcome. CDs will be on sale, and every U3A member should have one.

Our classes have started term 2, and at this stage are all bedded down. The Ballroom dancing class is a real success this year, with glowing reports. As is our Wine Appreciation class, our current affair's class, our Genealogy classes, Andrews Managing your share portfolio class, etc, etc. In fact we are very rich in the quality and dedication of our tutors.

Have the Tutors, class Reps and members of our French classes considered holding a function celebrating Bastille day?

A successful tenderer has finally been announced to commence the first stage of the refurbishment at BNCC. Masterton have now committed to begin (at last) on the first of May. We have a meeting with council early next week, 23<sup>rd</sup> of April to determine a works timeline. Again, we will keep you informed of progress.

Currently we have two vacancies on our hard-working committee, if you wish to contribute to the managing of Ballarat U3A and have some people skills, or have a background in Finance, teaching, technology, administration or management, please contact myself or a committee member. Your enquiry will be most welcome.

The City of Ballarat is currently conducting a survey and gathering information to determine your experience [U3A members] with deafness or hard of hearing problems. Is it for instance limiting your class attendances, or discouraging you from attending functions etc.? Your feedback is important, and if not you, it could possibly help someone else. Have your say on: [mysay.ballarat.gov.au/dhoh](https://mysay.ballarat.gov.au/dhoh) I am sure your input will be appreciated.

Meanwhile our class, and accommodation coordinators have done, and are doing a fantastic job in ensuring all our classes and activities have a home, whilst all the activities at B.N.C.C., and the pursuit of Barkly Street are continuing. **WELL DONE**

Our Star making classes at the Eureka centre have now concluded, and what a fantastic contribution its members have made in support of this wonderful cause over the past two years.

Always remember, **No matter where you are, proudly be a member of Ballarat U3A**

*Jack Engwerda, President* 53412118 [Jackpam1@bigpond.com](mailto:Jackpam1@bigpond.com)

## CLASS COORDINATOR'S NOTES

Timetables have been posted on noticeboards, and it is all systems go for Term 2.

**Weave your own Stars** will no longer be running. It finished at the end of Term 1.

**Lead lighting** is going to continue for another four weeks, but it will not take new members.

### New Classes??

Do have any ideas about a new class that you would like to run? We have had a number of our short courses finish, and therefore have venues available for new classes.

Could you teach Aboriginal History, take a Bushwalking group or a Strollers and Coffee group?

Could you teach beginners Italian? What about Yoga?

These are just a few ideas based on requests that we have received from new members. The sky is the limit so far as ideas for new subjects go, so if you feel like you would like to share your knowledge or skills with others, please contact Denise Grant at [deniseu3a@hotmail.com](mailto:deniseu3a@hotmail.com).

### Federation University and U3A members

If you are interested there is still the opportunity to sit in on all Business Faculty classes and also Western Civilization in World History. Contact Denise Grant if you would like to sit in on any of these classes at Federation University.

### Aboriginal History

For those of you who expressed interest in sitting in on Fred Cahir's Aboriginal History lectures, there has been a glitch, and Fred may no longer be using lectures to deliver his course. If that is the case, then we will not be able to sit in on his lectures as planned. Those of you who have already expressed an interest in the course, have been emailed, and further details will be forwarded as they come to hand.

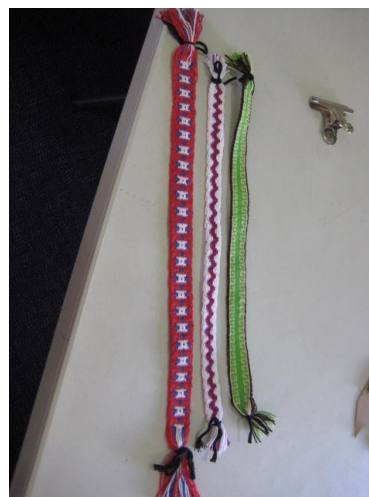
*Denise Grant –Class coordinator  
email [DeniseU3A@hotmail.com](mailto:DeniseU3A@hotmail.com)*



New Lighting in the Shed at Pinarc



Lead Lighting Projects



Card Weaving Projects

## SENIORS WEEK

Seniors Festival will be celebrated again this year over the month of October, with free public transport available during the second week, from 7<sup>th</sup> – 14th October.

**Library Expo:** We will hold a U3A Expo in the Library again, but library staff have requested some changes for this year.

- The Expo will run for 2 days only, most likely Tuesday 9th and Wednesday 10th of October (yet to be negotiated).
- We will have our information desk in the same position (opposite the circulation desk), with people rostered to handle enquiries.
- We are asked to run all activities as workshops or with some element of audience participation, eg dance/fitness group performs then invites spectators to join in and try some simple steps; Celtic Players perform and invite members of the audience to join in with a percussion instrument; craft group has a simple craft activity for people to make; language group offers a session teaching the first 20 words or phrases you will need when you arrive in France, Italy, Germany etc.
- All sessions will be held in the adult area, to the right as you enter the library. The childrens' section will not be available.

**Makers Market:** We are planning to hold a U3A Makers Market as part of the Seniors Festival on Saturday 13<sup>th</sup> October. If Ballarat North is available we will use it as our venue. All U3A classes that produce “products” are invited to sell their products, eg art works, jewellery, folded books, mosaics, knitting, sewing, woodwork, etc. In addition, any individual member of the U3A can sell their hand-made products even if not made in a U3A class. There will be a small charge for each table selling products. Members and the general public will be invited to attend and do some early Christmas shopping.

Are you or your class interested in taking part? Discuss this in your class and let me know how you would like to be involved.

Anne Ottrey [ottrey@ncable.net.au](mailto:ottrey@ncable.net.au) or 0422 986 985



## U3A BALLARAT - OFFICE OPENING TIMES

Eastwood Leisure Centre – Ballarat North

Office Telephone 5332 7825 Office hours only, otherwise 0431 859 315

| Day              | Time               |
|------------------|--------------------|
| During Term Time |                    |
| Mondays          | 10:00 am – 12 Noon |
| Thursday         | 1:00 – 3:00 pm     |

## FLU SEASON

Now that flu and cold season has started if you are not well, please don't attend class especially close contact classes so illnesses are not passed around. Let's be considerate of each other.

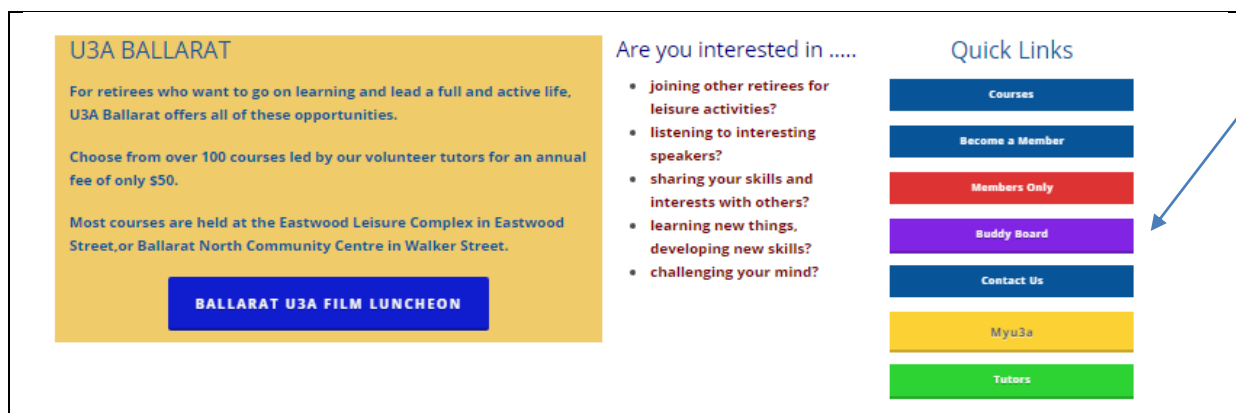
## U3A BALLARAT WEBPAGE

### HOW TO ACCESS THE BUDDY BOARD

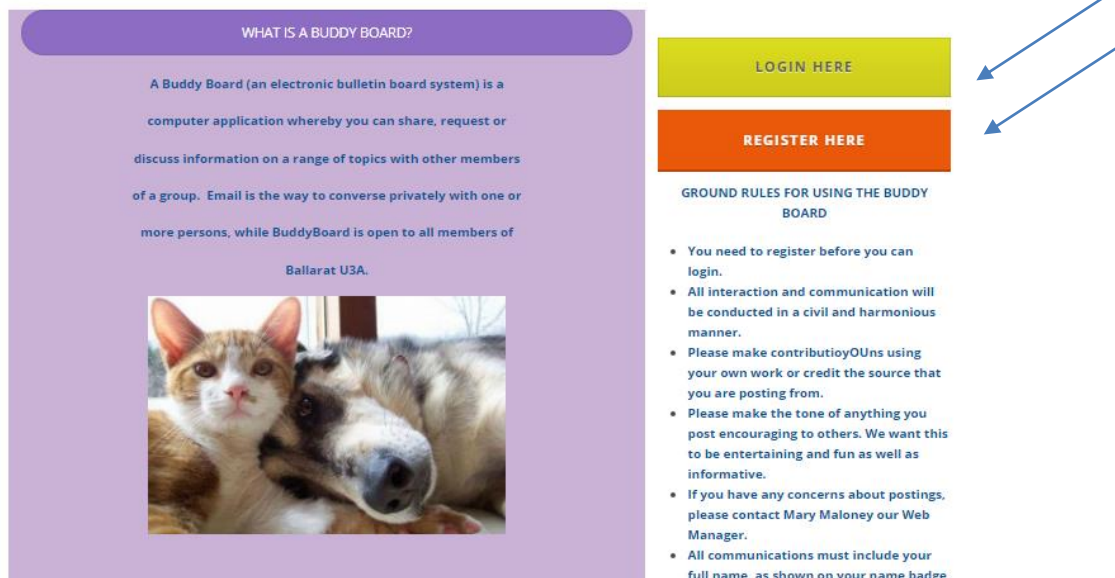
Changes have been made to the Buddy Board to make registering and logging in easier.

Open our Website [www.u3aballarat.org.au](http://www.u3aballarat.org.au)

Click on the purple BUDDY BOARD button.



You will see the page pictured below. Please read all of it.



If you would like to register, click on the **orange REGISTER HERE** button and you will see the REGISTRATION PAGE. (See below)

# REGISTRATION

Please ensure your username is your U3A ID Number.

We use your email address to email you a secure password and verify your account.

Username:

First Name:

Last Name:

Email:

REGISTER

If you have already registered click on the **yellow** LOGIN HERE button and you will be taken to the LOGIN page. (See below)

Log In

Buddy Board Member?

Login here using your U3A ID number

Username: Moomoo

Password: \*\*\*\*\*

☐ Keep me signed in

LOG IN

My Account

Log Out

Oh bother! No forums were found here!



## THE DIVERSION FOR FEBRUARY



Three people correctly answered last month's diversion. They were Malcolm Mackinlay, Pat Scholz and Susan Greenbank (in order of response).

Pat shared this memory with me, I thought you'd find it interesting.

I'm sure I'm not alone in recognising this wonderful coast with its amazing rocks. However, due to the experience we had there in

February 2009 it will be forever in our minds. It is to be found at Moeraki, on the east coast of the South Island of New Zealand, near Dunedin.

When we were in New Zealand celebrating my husband's 60th birthday, we were amazed by the soft pink hazy drifts in the sky at Moeraki as we approached sunset. It seemed perfect. However, what was unknown to us at that point was that the sky colour actually reflected the residue of the smoke that had begun as a result of the Victorian bushfires which destroyed the Marysville- King Lake area. Because we had been travelling we had not bothered to follow any news broadcasts and it was only when we received a message from the person who was house minding for us in Bendigo that we realised there had also been a fire less than a kilometre from our home.

To win the pleasure of solving a puzzle, the question for May is: **where in the world is?**

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## ONE MILLION STARS

The One Million Stars to End Violence project has been a monumental collaboration by the thousands of star Weavers from across the world but collectively WE DID IT! It was embraced by Ballarat who made over 47 thousand of them. The vision of seeing one million stars in one place, a symbol of community solidarity to end all forms of violence, could not have been achieved without every ones support.

I am immensely proud of the little band of star weavers from U3A and a few community members who filled the whole Buninyong Township with stars they wove. Then took on the task of de-stringing, de-stapling and boxing all the stars we sent to Brisbane for the Commonwealth Games.

Thank you for making this journey with me I believe you helped to create a more LOVING community and your stars are loved by all those who see them.

Please go and see the display in Unicorn Lane it may not be as grand as the one in Brisbane but it was made with a lot of thought and care and a message for our community to ponder.



Mayor Samantha McIntosh opening our display Saturday 7<sup>th</sup> April

The activities mentioned below are not U3A Ballarat activities. They have been mentioned in the U3A Ballarat Bulletin because they may be of interest to members.

## STROKE FOUNDATION

The Stroke Foundation is currently recruiting volunteer StrokeSafe speakers in Ballarat and surrounds.

StrokeSafe talks raise awareness of what stroke is, how to reduce stroke risk, how to recognise the signs of stroke (using the FAST test) and what services are provided by the Stroke Foundation. These talks are delivered by trained volunteers to community groups, workplaces and as part of special events.

Comprehensive training will be held over two days on Monday 30 April and Tuesday 1 May 2018 and all resources will be provided.

If you are passionate about raising awareness of stroke and stroke prevention and would like to express interest in becoming a volunteer StrokeSafe Speaker please call (03) 9918 7220, visit our website <https://strokefoundation.org.au/How-you-can-help/Volunteering-at-NSF/Current-volunteering-opportunities> or email [volunteer@strokefoundation.org.au](mailto:volunteer@strokefoundation.org.au).



**U3A**  
BALLARAT  
UNIVERSITY OF THE THIRD AGE

**One Free Ticket**

**Sunday June 17**

|                                                                                                                                                                            |    |                                                                                     |        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-------------------------------------------------------------------------------------|--------|
| <br> | VS |  | @ 12pm |
| <br> | VS |  | @ 2pm  |

**OR**

**Saturday June 23**

|                                                                                                                                                                            |    |                                                                                     |        |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----|-------------------------------------------------------------------------------------|--------|
| <br> | VS |  | @ 12pm |
| <br> | VS |  | @ 2pm  |

Doors Open 30mins before first game

Terms and Conditions:  
This offer is valid for 17/6/18 or 23/6/18. This offer is to be redeemed on the door on game day. This offer provides FREE entry for one person.  
For more information please call 5330 7604

# CLASS NOTES

The next Bulletin deadline;  
**Wednesday 16 May, 2018** to  
Elena Tommasi, PO Box 2058,  
Bakery Hill, 3354 or  
[elena.U3A@gmail.com](mailto:elena.U3A@gmail.com) (Please do  
not use the old email address  
previously published.

**BOOK CLUB 2** *Rhonda Gray, Facilitator. Helen McDowell, Class Rep.*

This month we reviewed, *Belgravia*, by *Julian Fellowes*.

The group found this “Upstairs, Downstairs” book very entertaining. The characters were well described and, though the plot was somewhat predictable, it proved to be a real page turner, just what you would expect from Julian Fellowes, the author of TV series, *Downton Abbey*.  
Recommended reading. 9/10.

Our next book is: *The Little Paris Bookshop*, by *Nina George*.

**BUSHWALKERS** *Laraine Gunning and Lynne Fenton, Class Rep.*

May 10th---Walk from Slaty Creek Campground No 1. Leaders Chris Charleson and Dale Gordon. 8 km Varied terrain using fire tracks, Great Dividing Trail and creek beds.  
Code B/C Bring morning tea/lunch. Car Pool \$5

May 24th---Anakie Gorge--walk and return on the same track, relatively flat, mostly good tracks, but huge stepping stones at the creek crossings.  
The walk would start from the Anakie Picnic Ground and go as far as the Lower Stoney Creek reservoir which is a good lunch stop. Distance 7.2km, Grade B. B/L, Car Pool \$8

Note--Meet at Llanberris Netball Courts parking area at 9.20 A.M for 9.30 A.M departure  
Code A-- easy, approx 5 to 7kms mainly flat. Code B-- medium, approx 7 to 10 kms undulating. Code C --hard, steeper ascents and descents. B/L bring lunch,

For walk details and photos from past walks please go to our Blog at:  
<http://bushwalkersu3aballarat.blogspot.com.au>

**CLASSIC CINEMA** *Shirley Faull, Tutor. 5331 4408*

Two renowned thrillers use sophisticated visual effects to create a sense of place and then build up to a very exciting climax.

May 8: The Third Man (1949 Brit 104 mins. Dir: C.Reed) reveals a murky world in post-war Vienna.

May 29: In Rear Window (1954 USA 112 mins. Dir: Alfred Hitchcock), a possible murder is seen within a colourful array of apartment buildings. (Note that this is no longer a Film Only Session.)

**DINING OUT GROUP** *Anne McKee 0403 079 216 or [anneianmckee@ozemail.com.au](mailto:anneianmckee@ozemail.com.au)*

Our next meeting will be on Sunday 20 May at the Swiss Mountain Inn at Blamfeld on the Daylesford Road. The time is 12.15 to 12.30. Please let us know if you can or cannot come by Friday 13 May so we can finalise numbers. Contact us on either [anneianmckee@ozemail.com.au](mailto:anneianmckee@ozemail.com.au) or ring 0403 079 216. Please wear your Name tags. Thank you.

## HISTORY OF THE ART GALLERY

If you have wondered about joining this U3A class you might be interested in attending a talk entitled 'Highlights of the Collection' to be given by Curator, Julie McLaren, on Tuesday 12th June from 10.30am to 12.30pm. It is free, and will be held in the McCain Annexe where you will be greeted with a cup of tea or coffee and biscuits before the session starts. Register your interest in attending by emailing Alison Steel at [alison.steel3@bigpond.com](mailto:alison.steel3@bigpond.com) before June 5th.

## LITERATURE *Robyn McKnight, Class Rep*

Our class will be reading "Caroline Chisholm, An Irresistible Force" by Sarah Goldman for the month of May. Our tutor is Greta Christie.

We still have a vacancy available for a new member.

## MUSIC APPRECIATION *Janice Cook, Class Rep. 5331 8898*

Next session on May 4th will be a presentation on Oratorios by Joan Jamieson, and on Friday June 1st John Bowers will be in charge of that program.

## NORDIC POLE WALKING, *Pat McCarthy, Tutor 0467 852 759,* *Mike Maloney, Class Rep 5330 1334 0413971 951*

During March and April we discovered a few more trails around the Canadian Creek and in the Canadian Forest area. During May we will be exploring a little further afield, meeting at De Soza Park opposite the service station in Buninyong. Arrive prior to 10.00, ready to move off at 10.00am.

## SCIENCE

The U3A science class has been studying the geologic history of the Grampians from approximately the last 400 million years when Australia was located on the same parallel as North America and the northern most part of Gondwana. The Grampians were a deep sea trench at that time on the Eastern edge of Gondwana. Over millions of years the trench filled up with sand then it was uplifted by tectonic movement.

On March 17 the class took a field trip to see firsthand the making of our Grampians. We began with the oldest rocks, the greenstone belt at Mt. Dryden. We walked around the historic track of Heatherlie Quarry where much of the 19th century mining equipment has been left on the quarried escarpment edge from quarrying days. This sandstone was used in the building of Melbourne Town Hall and the State Library. We visited the formations of the Grampians: Mt. Difficult, Silverband, and Mt. William. We stopped at Zumsteins to look at the 400 million year old granite intrusive boulders and the beautiful Mackenzie River in full flow. The culmination of the day was a drive to the top of Mt. William, first visited by Major Mitchell, with a memorial plaque at the highest point.

## U3A FRIENDS OF BALLARAT BOTANICAL GARDENS *Terry O'Brien 4310 6708, 0438 459 504*

This course has just got started with its first session on April 20th. There are vacancies if you want to join. Opportunity to find out more about one of Ballarat's favourite spots.

## WALKERS AND COFFEE

Meet 10.00am

|                 |                                              |                |                                        |
|-----------------|----------------------------------------------|----------------|----------------------------------------|
| <b>25 April</b> | Racers Cafe Lake Wendouree                   | <b>2 May</b>   | Ballarat Special School Farm Norman St |
| <b>23 May</b>   | Cornerstone Cafe Cnr South & Skipton Streets |                |                                        |
| <b>6 June</b>   | DeSoza Park Buninyong                        | <b>27 June</b> | Midvale Coffee Shop Mt Clear           |

Facilitator: Chris Cullen

Information & Apologies: John Glischner 0421 341 288

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Bakery Hill, Vic 3354

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**BALLARAT**  
Reg. No. A 13304 K

Print Post Approved  
PP 100004965.

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