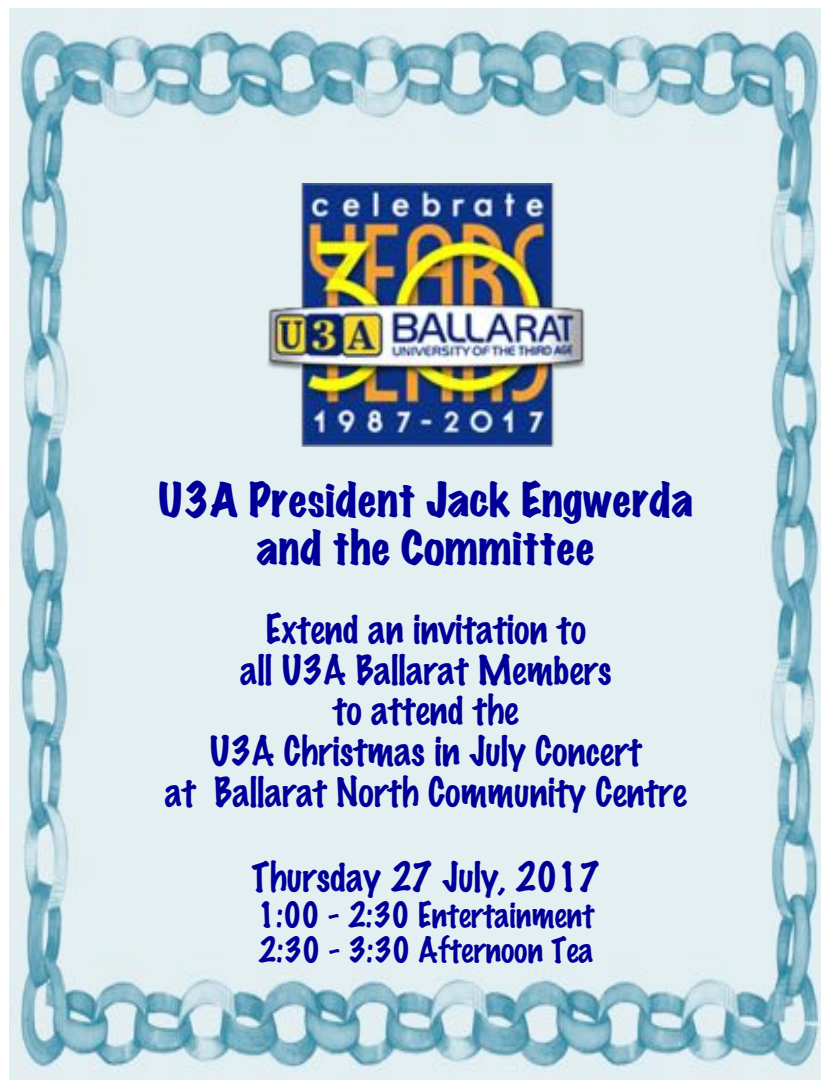




U3A Ballarat Musical Performances

Celtic Band

U3A Choristers: Christmas in July, 27 July. BNCC

- BUPA Aged Care; 1 pm Tuesday 12 September
- U3A AGM; 1 pm Thursday 26 October
- Ballarat Regional Multicultural Council; 1 pm Wednesday 8 November
- Ballarat Art Gallery; 2:30 pm Sunday 26 November
- Ballarat Royal Freemasons Aged Care (Carols); 1:30 pm Tuesday 5 December
- Ballarat Library (Carols); 1:30 pm Tuesday 12 December.

U3A Scottish Country Dancers

Recorder Ensemble

- Victorian Recorder Guild Soirée; July 30, 1.30, Uniting Church, High Street Road, Waverley,

U3A Ukulele Group



BALLARAT
UNIVERSITY OF THE THIRD AGE

the BULLETIN



AUGUST 2017

PRESIDENT

JACK ENGWERDA ☎ 5341 2118

VICE-PRESIDENT

PHILLIP GRANT ☎ 0412751327

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DeniseU3A@hotmail.com

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MARY MALONEY ☎ 5330 1334

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U3A PHONE NUMBER

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info@u3aballarat.org.au

WEB ADDRESS

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CLASSROOMS & OFFICE

BALLARAT NORTH CAMPUS, BNCC
702 WALKER ST, BALLARAT NTH.

CLASSROOMS: EASTWOOD LEISURE
COMPLEX, 2 EASTWOOD ST.
BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale
Avenue, Lake Gardens 3355
Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the 3rd Wednesday
9.30 am; Feb to Nov. BNCC

DIARY DATES 2017

Thurs July 27	'Christmas in July' Concert, 1.00 - 3.30 pm, BNC
Wed Aug 2	New Members' morning tea and tour, Ballarat North Community Centre, 10.30 am
Wed Aug 16	U3A Committee Meeting. BNCC 9.30 am – 12.00 pm
Wed Aug 16	Deadline for September Bulletin articles (to Elena Tommasi. etommasi53@gmail.com)
Mon Sept 4	U3A Grampians Region Meeting
Mon 4 Sept	'Roll Markers' Meeting. BNCC. 4.00 - 5.00 pm
Wed Sept 6	New Members' morning tea and tour, Ballarat North Community Centre, 10.30 am
Thurs Sept 21	Artistic Endeavours Exhibition. BNCC. 5.00 to 6.30 pm

Quick Reference - what's in this Bulletin?

- * Ballarat U3A Office Opening Times, page 4
- * Membership, page 5
- * Have you seen the webpage? www.u3aballarat.org.au page 8
- * Class Coordinator's Notes, page 6
- * What's on in Ballarat?, page 9
- * What's on at M.A.D.E.? page 11
- * Class Notes, page 12

VALE

Dorothy Douglas

Dorothy joined U3A soon after the Ballarat group was formed. She was a foundation member of the Choir (1990) and Music Appreciation (early 90's) and an enthusiastic player of Mahjong, as well as being involved in several community activities. In 1992 and 1993 Dorothy was President of U3A

Bulletin Editor: Phill Grant. grantphillip@hotmail.com

Bulletin Editor for September and October:
Elena Tommasi. etommasi53@gmail.com





Hoping this report finds you warm, healthy and happy. July has been a busy month to date, but there is much more to come. Most classes and groups have enjoyed a holiday break, perhaps spent with the grandchildren, and must be looking forward to recommencing class activities and member fellowship.

The Million Stars to End Violence Project

On Sunday 16 July our U3A was privileged to sponsor a special event at M.A.D.E. The *Million Stars to End Violence* project, in which our classes were major participants, dispatched some 48,000 stars to Queensland for an exhibition in conjunction with the forthcoming Commonwealth Games. These stars were produced by a fantastic Ballarat community effort, including schools, hospitals, workplaces, prison, varied community facilities etc, etc, from the very young to the mature, all groups in the community contributed, especially, our very own U3A. This was recognised by a group of wonderful presenters including; Catherine King, Samantha McIntosh, Rosie Batty, Brendan Cosgriff [Ballarat Police]. As mentioned earlier, it was a privilege to represent U3A.

Christmas in July in the 30's

Another reminder that our *Christmas in July* will be celebrated on the 27 July at the Ballarat North Community Centre commencing at 1.00 pm. We will be entertained by our very own Choristers and our exciting Ukulele players. You are all very welcome to join in and meet and greet members from other classes and activities. We are, for this event, asking members to make a gold coin donation to offset our catering costs. However, **it is not obligatory**. Look forward to seeing you there. As you arrive at the BNCC have a look at the new signs on the building.

Accommodation

Our class numbers are still increasing, and our coordinator is doing a great job finding time slots and accommodation for these classes. Further to accommodation into the future, there is lots of positive activity,

1. Council has allocated \$500 000 for the refurbishment of Ballarat North Community Centre.
2. GPlace has now been placed on the open market for educational use only and we are making a bid on members' behalf. The closing date 10 August.
3. We are still negotiating, through Ballarat community health, with the Education Department for a long-term lease at the Barkly Street Facility.

As you can note from the aforementioned, the committee is working very hard to achieve the best possible outcome for our membership. in relation to finding the best and most suitable accommodation for now and well into the future. We are after all a growth industry.

Special Request

For the rest of July and for the month of August, can we wear our name tags, introduce ourselves to fellow members and ensure that anyone we know who lives alone is made aware of U3A, our activities and the welcome and friendship we have to offer.

Jack Engwerda, President 53412118 Jackpam1@bigpond.com

U3A BALLARAT - OFFICE OPENING TIMES

Ballarat North Community Centre, 702 Walker Street, Ballarat North.
Office Telephone 5332 7825 office hours only, otherwise 0431 859 315

DAY	DATE	TIME
During Term Time		
Mondays		10.00 am – 12.00
Thursdays		1.00 – 3.00 pm

Please Note: 1. The U3A Ballarat Office will be open on Mondays 1.00 - 3.00 pm, after September 4, for roll-marking purposes only.
2. The Office will be closed on Thursday 5 October, for the 50th anniversary of the Senior Citizens.

WEAVING YOUR OWN STARS

After two and a half years of 'Weaving our own Stars', we are sending over 45 000 stars to be displayed at the time of the Commonwealth Games in Queensland. This great effort is the combined Ballarat effort with many groups contributing and endless hours spent packaging the stars for transportation. Well done everyone.

As you read this we will have had the final send off to the stars held at M.A.D.E. on Sunday 16 July in the company of Rosie Batty, Catherine King and our Mayor Samantha MacIntosh.

Lidia has decided to further facilitate *Weaving your own Stars* as we look towards further projects to try to end violent behaviour, and so our classes will continue to meet at M.A.D.E. at 10 am until noon on the 3rd Thursday of each month.

NEW MEMBERS WELCOME! You can contact me, Jean Laing.
jeanlaing@hotmail.com 53313394 or 0438534818

SHARING THE JOURNEY OF YOUR GARDEN

Chris and Terry are able to confirm that we have nine people offering their gardens as part of the advertised program.

These nine people will outline, in turn, how their garden has evolved, on nine consecutive Friday afternoons between 2 and 4 pm, beginning 20 October with the last garden on the 8 December. The tour of each garden will be followed by a social afternoon tea if facilities permit.

There are still a number of places for members to join these garden visits.

Please contact Chris, c.a.d.invermay@gmail.com or Terry, tobrien1@tpg.com.au

CHANGE of EDITOR

Elena Tommasi has volunteered to take over the editorship of the U3A Ballarat Bulletin for September and October. Items for the next two Bulletins should be sent to Elena. Many thanks to Elena, it's good to know the Bulletin will be in safe hands.

The reason for the change is that I will be gallivanting around the Netherlands with the U3A Ballarat Cycle Touring Group. Our goal is to complete the *Tour of the Netherlands*, or *Ronde van Nederland*. That, by the way, is a long distance touring route, not a bike race.

Phill Grant grantphillip@hotmail.com
Vice-President and Bulletin Editor

MEMBERSHIP



Attention all Tutors and Class reps

There will be a meeting of all those responsible for marking the roll for their class in the Hall at BNCC on September 4 at 4.00 – 5.00 pm.

It is imperative that someone from each class attend this meeting, where we will be discussing the importance of keeping class rolls and showing how it must be done on *MyU3A*.

For those who would prefer not to use the computer the office staff will be able to assist you in the data entry. We also need to emphasise the importance of keeping the roll up to date; this is particularly important as we approach the end of the year and re-enrolment time. Anyone not on the roll for a class will not be able to re-enroll in the class during the priority period.

We are aware that quite a few classes are not entering their members' attendance at class and it is imperative that this problem be overcome. If you are unable to send a representative from your class, please notify Helen Slater or Nina Netherway or the office.

To encourage and assist Tutors and Reps in marking their rolls online, the **office** will be open on **Monday afternoons; 1.00 – 3.00** from September 4 specifically for this purpose and there will be no time to transact other business.

An Information Session for Tutors and Reps will be held on **November 9** at BNCC. The meeting begins at 3.00 pm with a Devonshire Tea! Come along and see what good cooks you have on your Committee!

Enrolment for 2018

Planning is well advanced for the 2018 enrolment time. Please make sure your class details are correct and your personal details also up to date; it will save time on enrolment day and prevent errors occurring. There will be some changes to the way members enroll in classes and these will be explained at the November 9 meeting.

Numbers and New Members

Our numbers continue to grow and ten new members were approved at the July Committee meeting. We now have 968 members.

Lisa Cressey
Gina Brotchie
Kaye Rogers
Kerren Melgaard
Margot Dedeugd (Tutor)

Pam Bailey
Brad Mitchell
Chez Dichiera
Elizabeth Bren
Mary Crook

Nina Netherway
Membership Secretary/MyU3A Support
5334 4836 or ninan06@bigpond.com

Planning for 2018

Planning for classes for next year is underway and the letter and form for 2018 classes will be emailed and/or posted to tutors and class reps. in early August. The dates listed below will be included in the letter.

Mary Maloney has agreed to present any new classes that are proposed to the Committee for approval at the August and September meetings, in Denise's absence. If you are thinking of offering a new class or you are going to offer a duplicate version of a class for 2018, then please contact Mary or the Office.

1. **September 15:** Tutors are to have the class information form for **2018 CURRENT CLASSES** to Denise Grant by email, or leave your form at the Office.
2. Ideas and course outline for **proposed new classes** should be submitted to **Mary Maloney** moomoo@southernphone.com.au by **September 15**.
3. **October 7: Completed forms for NEW CLASSES** submitted to Denise Grant by email or via the U3A Office after approval by the Committee.
4. If your class is not going to be running in 2018, please let Denise Grant know as soon as possible.

Please note: Class Reps and tutors please have your rolls up to date with names of class members entered onto *MyU3A*. If names of class members are not on your *MyU3A* register, then those people will be not be able to re-enrol in the same class for next year.

Now is the time to check that your list of class members is accurate. You can either do this online on *MyU3A* or go to the Office where a friendly Office volunteer will do it for you.

The latest news for 2017

The Term 3 and 4 timetables have been posted on the noticeboards at Eastwood and Ballarat North. There are a few new classes that are starting in Term 3.

1. **Seeing the World through Economics** with Doug Bradby and Chris Dickinson now has enough members to go ahead.
2. **Tai Chi for Arthritis**, run by Lyn Snibson has a wait list.
3. Rita Danko will also introduce her sequel to *The Bates method*, which is called **Anti - Ageing**.
4. John Van der Laar will commence **Christian History**.
5. **Italian 2** is being tutored for the rest of the year by Margot DeDeugd. Welcome Margot.
6. Clive Stratford will recommence his **Looking at Pictures** class.
7. **Tasting and Talking Wine** with Steve Goodwin will commence in the second week Term 3.
8. Robyn Thornton has decided to run her **Silver Jewellery 3** class again in Term 3. There are vacancies in this class, so join up.

Other class news

The **Memory Atlas** will not proceed because there was only one participant. Mick will offer the class again next year.

The **Art/Drawing** class with Raymond Krusche will now begin in 2018.

The **Gardens** class to be facilitated by Terry O'Brien and Chris Dickinson has sufficient gardens to make up the programme for the class. The class is to start in Term 4.

Advance notice about cancellation of classes at Ballarat North Community Centre.

There are two dates when the Ballarat North Senior Citizens require the use of the whole building all day, so there will be no U3A classes at Ballarat North Community Centre on those days.

1. **Thursday 5 October** is the day that the Senior Citizens are celebrating their 50th anniversary and celebrations will be going all day. They have a special day with a number of important guests attending, so we will be vacating the building for that day. **The Office will also be closed on the 5 October.**
2. There will also be no classes at Ballarat North on Melbourne Cup Day, **Tuesday, 7 November** because the Senior Citizens have an all-day activity which uses the whole building.

New Class

Reading Sheet Music (for Musicians who Can't)

You play an instrument and/or sing, probably quite well. But for some reason, you have developed your musical skills without learning to read sheet music. What do all those lines, dots and squiggles mean?

If this is you, this short course is for you. Over 6 x 1 – 1½ hour lessons, this course will decode sheet music, in a practical hands-on way, element by element, step by step, taking you from reading a simple tune line though to a full orchestral score.

This is a practical course. Bring your instrument(s) and be ready to play and sing. While we will concentrate on notation and its meaning, inevitably we will touch on many elements of musical theory.

Course Units:

1. The Stave, Clef, Key and notes
2. Rhythm and its notation
3. More about Staves, clefs and keys
4. Keys, Chords and harmonies
5. Navigation, and more about Rhythm
6. How it all came about; the full Orchestral Score.

The Presenter

Geoff Parr-Smith is an experienced amateur musician playing recorders and more recently singing. He plays in the Ballarat U3A Celtic Band and Recorder Group and leads a Recorder Group for U3A Port Phillip at Middle Park. Geoff is interested in a wide variety of musical styles, from classical, orchestral and early music through Celtic and folk to rock and pop. He has a strong interest in composing as well as performing, and is currently exploring music theory at around 5th Grade level. He is an experienced teacher, following from a career in environmental management.

This class will be on

Friday afternoons 2.00 – 3.30 weekly for six weeks in Room 2 at Eastwood. Please contact Geoff geoffps722@gmail.com or ring 0409 257 578 before enrolling on *MyU3A*, if you would like to join this group. The starting date is **18 August**.

Denise Grant –Class coordinator
email DeniseU3A@hotmail.com

INTERNATIONAL U3A NEWSLETTER – U3A SIGNPOST can be found online at
<http://worldu3a.org/signpost/index.htm>

ODDS AND SODS FROM THE COMMITTEE and OTHERS

- * Class members would be most pleased if, when you are ill, you stayed at home.
- * Helen would be rapt if those who haven't a nametag, would collect their nametag from the office at Ballarat North Community Centre
- * Did you know there is a library at the Ballarat North Community Centre? Indeed, a library that can be used by U3A Ballarat members.

U3A BALLARAT WEBPAGE



Check the **Calendar page on the website** to keep up to date with what is happening.



The link on the **front page** will take you to important celebrations.

U3A BALLARAT

For retirees who want to go on learning and lead a full and active life, U3A Ballarat offers all of these opportunities.

Choose from over 100 courses led by our volunteer tutors for an annual fee of only \$50.

Most courses are held at the Eastwood Leisure Complex in Eastwood Street, or Ballarat North Community Centre in Walker Street.

BALLARAT U3A - CELEBRATING CHRISTMAS IN JULY

If you need help using the website or have any questions regarding anything on it, contact me by phone 5330 1334 or by email. moomoo@southernphone.com.au

Mary Maloney, Website Manager. 5330 1334
moomoo@southernphone.com.au

VICTORIAN SENIORS FESTIVAL 2017

The Victorian Seniors Festival will run for the month of October. U3A Ballarat will hold an Expo in the Ballarat Library during the second week of October, from Monday 9 October to Friday 13 October, between 10 am and 4 pm each day. Note that this is a week later than our usual expo in the Library. We are giving classes and tutors early notice so you can plan your involvement in this festival. **Already know what you want to do?** Email Anne Ottrey at ottrey@ncable.net.au with an outline, preferred time and date.

Did you know? FREE public transport will be available for Victorian Seniors Card Holders from Sunday 8 October to Sunday 15 October.

Anne Ottrey

The activities mentioned below are not U3A Ballarat activities. They have been mentioned in the U3A Ballarat *Bulletin* because they may be of interest to members.

BALLARAT NATIONAL THEATRE

Daisy Pulls It Off

Written by Denise Deegan

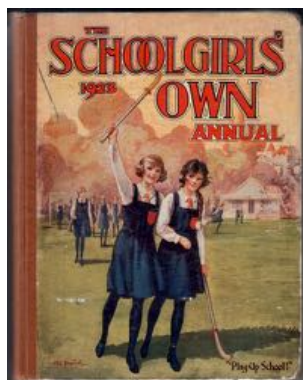
Director Mary-Rose McLaren

Gala Night Sat 30 September 8 pm

Matinee Sun 1 October 2 pm

Wed 4 October - Friday 6 October 8 pm

Matinee Sat 7 October 2 pm



Back to school! A parody of a 1920's boarding school adventure story, Daisy Meredith faces and overcomes snobbish prejudice and schoolgirl pranks at her boarding school. She and her best friend, Trixie Martin, search for missing treasure which could save the school. Great adventure, family discovered and our heroine saves the day!

BALLARAT WALKING FOOTBALL - Fun, Fitness, and Friendship.

Thursday evenings from 7:00 pm to 8:00 pm at Morsehead Park, Pleasant Street South.

Maybe it's too late to be called up to play for the Socceroos or Matildas, but it's never too late to enjoy a social game of football. Even more so when it's played at walking pace; running is not allowed! Walking Football, some people know the sport as Soccer, is designed for the older player and geared at the over 50's. Men and women are encouraged to come and join us. You need bring only suitable footwear, any sports shoe is fine, no studded footwear is needed, and whatever leisure wear you'd wear for the conditions. The venue has drinking water for any half-time refreshment needed. We have everything else, a mini football pitch and the ball!

Further details: join the *Ballarat Walking Football* FaceBook page, call Alan Clark on 5341-3689, or email him at alanclark54@bigpond.com

FLUTRACKING

Cold and 'flu season is upon us, and while developing a bout of the flu can have you feeling helpless, your information about it can actually be extremely helpful in tracking flu trends in your local area. Flutracking started in 2006 and has grown to become the largest crowdsourcing influenza surveillance system in the world. Funded by the Commonwealth Department of Health and run by Hunter New England Health and the University of Newcastle, Flutracking is a nationwide online health surveillance system to track flu like illness across Australia and detect epidemics of influenza. To find out more and join up to become a part of the Flutracking community go to www.flutracking.net

THE DIVERSION FOR AUGUST



Well, despite all the information on the signpost, there were no winners in last month's diversion. The sign is on the Canal de Garonne cycle path, in France, but any answer mentioning the Canal de Garonne or the Garonne River would have been sufficient. To determine the solution, the process might have been to look at the locations of the place names on the sign, then notice that they are on the Canal de Garonne. The bicycle logo is the clue to the location being on a cycle path. An additional piece of, perhaps irrelevant, information is that the Tour de France cyclists crossed the Canal de Garonne cycle path several times as they left Blagnac, near Toulouse.

To win the pleasure of solving a puzzle, the question for July is: **where in the world is?**

This month there is a chance to win a fabulous prize. Raymond Krusche, local artist, potter and U3A member has donated prizes. Many thanks to Raymond for the prizes and for his initiative in donating the prizes. To ensure that all readers have the opportunity to win, regardless of whether they receive the Bulletin from the U3A Ballarat website or by mail, the names of successful entrants will be placed in a random draw. The draw will take place at the next U3A Committee meeting, under the supervision of the Committee.. Solution to Phill Grant

grantphillip@hotmail.com



PHOTOGRAPHIC COMPETITION

U3A Network Victoria is looking at updating its marketing material. They would like to reflect what happens in member U3A's. The opportunity to take part in a photographic competition is extended to all U3A Ballarat members and especially your photography class members. There will not be a prize as such, just the honour of their photo being used in state marketing and promotion of U3A.

Wanted are not general photos but rather photos of any classes, outings, events etc, offered by U3A, that will help promote U3A. Any member photographed will need to give their written permission for their photo to appear in U3A publicity. The competition will be open from 1 June to 22 September 2017.

There is a registration form, which each participant will need to complete and return to Network office along with a copy/copies of their photos. The photos will need to be of high quality and will become the property of U3A Network Victoria.

Any queries please contact Vice President, Elsie Mutton at elsie.mutton@u3avictoria.com.au

A TOUR OF GOVERNMENT HOUSE

The following is a letter sent to Member U3A's by Julie Mullan, Administrative Manager of Network Victoria. (Editor's Note: the letter has been slightly modified so that it makes sense as an article in the Bulletin)

Dear Member U3A,

How would you like to tour Government House including the State Apartments and learn about its history?

Government House has sent us (Network Victoria) their current Tour Program with details of availability days, group sizes, and how to make arrangements. Those touring will also learn about the role of the Governor, currently Her Excellency Linda Dessau AC (who is also Patron of U3A Network Victoria).

And, importantly, the tour is absolutely free of charge.

It's pretty simple to arrange although early advance bookings are essential. For a tour booking and all queries please email erin.hollis@govhouse.vic.gov.au or phone 9655 4269.

FILM LUNCHEONS

It may be of interest to U3A Ballarat class groups that the Regent Cinema in Ballarat is offering Film Luncheons.



Films available include:

Paris Can Wait, 20 July; *The Time of their Lives*, 3 August; *Hampstead*, 17 August; *Gifted*, 31 August; *Dinner*, 7 September; *Victoria and Abdul*, 21 September; *The Mountain Between Us*, 19 October; *American Pastoral*, 26 October; *Murder on the Orient Express*, 9 November; *Wonder*, 30 November; *The Man Who Invented Christmas*, 30 November; *Secret Scripture*, 7 December; *Goodbye Christopher Robin*, 23 December.

WHAT'S ON AT M.A.D.E.?

Events that may be of interest to U3A Ballarat members or classes include:

Australian Winter Weekend, 30 July

Lecture Series - *Rethinking the Australian Legend*, final lecture 30 July

Our Wonderful World exhibition, until 13 August

Pepperberry Book Club, Every second Thursday of the month

Check the M.A.D.E. website for further details: <http://made.org/whats-on/>

CLASS NOTES

The next Bulletin deadline;
Wednesday 16 August 2017
to Elena Tommasi, PO Box 2058,
Bakery Hill, 3354 or
etommasi53@gmail.com

ART

Airbrushing comes to U3A Art Group

At a recent session of the U3A Art Group, members were introduced to the Airbrushing Technique following a visit last year to the studio of renowned fauna and flora artist, Lynne Cooke. Several members of our group quickly picked up the skills required to create a background for pictures using other media. Pictured are Linton and Christina experimenting with the airbrush equipment.



Last month, one of our Ballarat U3A Art Group members spent time with the group displaying her particular skills with watercolour painting. Christine, in under two hours, completed a scene of a tall yacht sailing the waves. Many thanks to Christine for giving members an insight to the special art of watercolour.



The HISTORY of the ART GALLERY of BALLARAT *Alison Steel, Tutor. Ann Cato, Class Rep.*

The Art Gallery of Ballarat began its life in rented space in what is now Her Majesty's Theatre; after securing a permanent building in Lydiard Street the Ballarat Fine Art Gallery was officially opened in 1890. Since then there have been five extensions to house the rapidly growing collection.

In a guided tour, the History of the Ballarat Art Gallery U3A Class will explore the stories behind each of these extensions and the people who made them possible. In every case the people and businesses of Ballarat have been vital in the funding of these 'galleries within the Gallery' which carry their names in acknowledgement of their generosity.

A Reminder: Gordon Morrison, Director, Art Gallery of Ballarat will be speaking at our final class at M.A.D.E on Tuesday September 12 at 1.30 pm. All U3A members are warmly invited to attend.

BALLARAT HISTORY *Jack Engwerda, Tutor; Ann Boag, Class Rep.*

U3A Ballarat and District History is held every 2nd and 4th Wednesday, 10.30 am - 12.00, at M.A.D.E.

BOOK GROUP TWO *Rhonda Gray, Facilitator, 5341 8461 Helen McDowell, Class Rep*

This month we reviewed *The Railway Man*, by Eric Lomax.

This is a story, pure, simple and graphic, of one man's life before, during and after the Japanese conquest of Singapore, particularly the sadistic brutality suffered by prisoners on the Burma

Railway and the effect it had on him and his family, for nearly 50 years. It is a story of courage, resilience and the capacity for forgiveness that allowed Eric to eventually meet his most hated Japanese interpreter from the darkest period of his incarceration. Some members of the group found the book confronting, stirring up memories best left buried, but all agreed it was a most readable and remarkable story that needed to be told.

Our next book is *The High Mountains of Portugal*, by Yann Martel.

FOURTH THURSDAY BOOK GROUP *Jean Laing, Class Rep. 53313394, 0438534818*
jeanlaing@hotmail.com and Ellen Ryan, Class Rep.

BUSHWALKERS *Laraine Gunning and Lynne Fenton, Class Rep.*
(see page 19 for photographs)

Walks for August:

August 10: Basalt escarpment walk. Starting just north of the city, walk the edge of the basalt escarpment to Redan wetlands, returning via the Yarrowee Trail. Enjoy views over Ballarat and the Yarrowee valley, and some lesser known back lanes. NOTE THE DIFFERENT STARTING POINT at the Ballarat Bowling Club carpark, first block of Havelock Street near Eastern Oval at 9.20 for 9.30 a.m start. Approximately 10 km, a couple of hills but mainly level, bring morning tea, lunch at Beechworth Bakery (if you wish) as we pass by on our return.

August 24: Hepburn Spa Resort— Breakneck Gorge. 10 km circuit walk led by Arthur Buttler. Code B, B.L, Car Pool \$8

August 31: MT BUNINYONG TOP KNOT WALK A circular walk to the summit of Mt Buninyong along the GDTA track beginning at Granny White's Lane. Approximately 2 hours duration, 4 - 5 km. Morning tea break on the summit. Two steep sections up; the Fire Track and Zig Zag Track. Code: B BL \$2 Car Pool from Llanberris Car Park. Lunch in Buninyong at either the Gardens or De Soza Park depending on the weather. Leaders: Ann Gooding and Marlene Bell.

For walk details and photos from past walks please go to our Blog at:

<http://bushwalkersu3aballarat.blogspot.com.au>

KEY. A – easy, B – undulating, C – hilly, longer, D – strenuous. BL – bring lunch. NOTE. Meeting place is Llanberris Netball Courts car park at 9.20 am to leave at 9.30 am

CELTIC BAND *Ros Cole, Class Rep.*

For the past few weeks the Band has been preparing and practising tunes for a CD. A mixture of songs and 'instrumentals' will ensure that everyone in the Band will feature in the final recording. It is a challenging process while being an amazing learning experience, developing an understanding of the recording process and contemplating ideas for a cover, booklet etc.

It is all so exciting.

CHOIR *George Walpole, Tutor. Liz Bailey, Class Rep.*

On July 27 we will be, with many others, entertaining our guests with Christmas carols and appropriate other songs. This is to welcome Christmas in July. As well as our Christmas program we will be singing at BUPA on 12 September. The lack of info re the choir is because of two weeks holidays .

You will know by now that Dorothy Douglas passed away on July 7. Many of the older choir members remember her as she had sung with the choir for many years. We will miss her voice, especially the Altos.

CLASSIC CINEMA *Shirley Faull, Tutor. 5331 4408*

Venue: Eastwood Leisure Centre, Room 1. Please be seated ready for a prompt start at 1.30 pm.

This month we'll see two accomplished examples of American films created by directors from overseas. Both had considerable experience and success in their homelands, and brought a fresh outsider's perspective to these projects.

August 8.: *Midnight Cowboy* (Dir: John Schlesinger, 1969, 108 minutes) depicts a surprising friendship between two homeless men in the seedy underworld of New York City. Please note that this film contains adult material and was originally released with an R Certificate. (Despite the lure of the Melbourne Film Festival, Shirley will still be at this session.)

August 28: *Atlantic City* (Dir: Louis Malle, 1980, 103 minutes) is an entertaining character study, set in a decaying resort town hoping to be revitalised by its new gambling halls.

Class members now need to consider the options for our 2018 Theme. The choices are: The Art of Cinematography, Imagined Worlds, 'Sight and Sound' Top 30 (a selection). More details are available at screenings. Preferences can be registered during August, with voting to be finalised on September 12.

Vacancies announced in the July Bulletin were all quickly taken, so the class is again full. No waiting list is kept as further vacancies are unlikely before mid 2018.

CROQUET *Tutor, Ian McKie, 0403 390 108, anneianmckee@ozemail.com.au*

Introduction to Croquet (Short Course); starts 11 October for six weeks.

Come and try Croquet, the outdoor ball game that has been likened to snooker on grass and which can be played all year round and is great fun. No charge, all equipment provided. Wear flat-soled shoes. Classes held on Wednesday commencing at 9 am lasting for one hour.

Contact Ian McKee

CRYPTIC CROSSWORDS *Mary Chappell, Class Rep. 5330 1633*
marry.chappell@bigpond.com

Answer to the clue in the last bulletin:

Frosted desserts, the second sent back (4,2) - **Iced Up**

ICE (more usually 'ice cream') + **PUD** are two desserts, and the second has been 'sent back', so **DUP**

The CYCLING GROUP

For the most recent ride from Ararat to Beaufort, via Stockyard Hill, terrible winds and driving rain were forecast. Instead, the group cycled the sixty kilometres with a favourable wind and long patches of sunlight. The event did turn out to be a terribly civilized one; coffee and carbohydrates were taken at the start at Ararat, and also at the finish at Beaufort. Some of the Cycle Touring Group will be tackling the *Tour of the Netherlands*, or *Ronda van Nederland*, during August and September. This, by the way, is a long distance cycle route, not a bike race.



DANCERCISE *Lorraine-Amour Chambers, Tutor*

DINING OUT GROUP *Anne McKee 0403 079 216 or anneianmckee@ozemail.com.au*

We next meet on Sunday 20 August at *The Crown* in Buninyong at 12.30. Please let Ian or I know whether you can attend by Thursday 18 August so we can let them know the numbers. Please remember your name tags. They help us know who you are, when you know the face but the name escapes you, and your medical details which we hope we will not need. Thanks.

ESSAYS AND IDEAS *Mary Chappell, Class Rep. 5330 1633 marry.chappell@bigpond.com*

Essays to read for August are:

The Best Australian Essays

14 August: *The Most Holy Object in the House* by Mireille Juchau

28 August: *A World of Bald White Days* by Fiona Wright

Personal Essays

14 August: *Oyez a Beaumont* by Vicki Hearne

28 August: *On Being Black and Middle Class* by Shelby Steele

Happy Reading.

Remember coffee morning at Seymours on 31 July.

FILM MUSICALS *Bob Whitten, Class Coordinator. 5341 8189*

ibobdown@hotmail.com Anyone wishing to join the class please contact Bob Whitten

If any one has an old but good DVD player at home that they don't need, you may wish to donate it to U3A for use by the Film Musicals Class and any other class that could use it. Thank you.

The films for the class during term 3 are as follows:

28 July: *Carousel* (1956)

11 August: *The Producers* (2005)

25 August: *Evita* (1996)

8 September: *The Concert* (2009)

22 September: *Victor - Victoria* (1982)

HIKING *Andrew Parker; 0418 562 977. canlodge@gmail.com*

Fifth and Final Stage to Castlemaine

This was the Hiking Group's first outing in the absence of Andrew, our highly organised Leader. We must have learned from him because we were able to complete the walk, the car shuffle and the lunch without a hitch.

The approach drive was through layers of fog and mist, reminiscent of a Chinese mountain landscape, but by Guildford we had clear skies and sun. The first section of the hike was up another mined-out gully, passing occasional mine shafts by the trackside and the spectacularly eroded creek bed.



The track then led around and up the northern slopes of 'The Monk': a local highpoint with 270 degree views west, north and east. We had a good look at Mt Alexander and the way ahead on the Bendigo section of the Great Divide Trail.

The second section of the walk was along the Poverty Gully Water Race. This was a much grander affair than the miners' water races of previous sections of the track. It was built as part of the Coliban Water System to supply Bendigo and Castlemaine, probably in 1870 to 1880, and was still in use until quite recently. (Now it is part of the storm water system for Chewton.) As with all water races, it contoured across the box forest hillsides and around the ridges, descending so slowly that it was impossible to guess which way the water would flow when in spate.

The final section was a walk through Castlemaine to the Station and the cars, followed by lunch at 'Das Kaffeehaus'.

Pittong to Nimons Bridge



Thursday 20 July saw eight *weather brave* U3A hikers commence an eighteen kilometre section of the Ballarat to Skipton Rail Trail. We began at Pittong, half way between Skipton and Linton. Our destination was Nimons Bridge, which is one of the largest timber trestle bridges in Victoria. It crosses the Woody Yaloak River near Newtown.

During the hike, heath, bracken fern, wattle and varieties of eucalypts compelled *camera buffs* in our midst to capture the many joys of the Aussie bush.

Nearing Linton, we passed the Clarksdale Bird Sanctuary, which has seventeen notable bird species.

The entire fifty three kilometre trail was re-surfaced, profiled, compacted and drained in 2008 at a cost of \$700,000 for the use of hikers, cyclists and horse riders.

Lunch at Linton provided energy and inner core warmth from a welcome cappuccino before ascending the *locomotive friendly* slope to Nimons bridge.

As if pre-programmed, our cars mysteriously almost self-navigated to the Smythesdale pub for a final cappuccino or long black and a world problem solving session.

If anyone is interested in joining the group, you can enrol through *MyU3A* or contact Andrew Parker on 0418 562977 or email u3aballarathikers@gmail.com

Our website has lots more information: <http://canadianlodge.wixsite.com/u3a-ballarat-hiking>

LANGUAGES

DUTCH Ingrid Parker, Tutor, 0417014610. Andrew Parker, Class Rep., 0418562977

FRENCH B *Yfke van Riel, Class Rep*

On Monday 17 July, we celebrated Bastille Day, the French National Day, also named Quatorze Juillet.

Early in the week, four of our lady students had a get-together to plan the morning with coffee and delicious pavlova. We had decorated the room with paper flowers and flags in red, blue and white, the colours of the French flag. We sang the Marseillaise under the capable direction of June and received background information about the French revolution, the tri-colore and the Marseillaise. We finished up with a morning tea with French cheeses, profiteroles, and Palmiers biscuits. A lovely morning tea enjoyed by everybody.

FRENCH C *Jan Leishman, Class Rep 0427 531 333*

FRENCH E *Peter Jones, Class Rep., 5339 6170 Email tljones80@bigpond.co*

FRENCH F *Heather Wood, Class Rep*

FRENCH G *Mary Allison, Class Rep.*

We were fortunate to have a visit from uni student and au pair Fatow Coulebaly at our French class on 22 May. Fatow has been in Ballarat for six months and tells us that her English has improved out of sight. Our beginners' class certainly appreciated her input into their French language.



FRENCH ELEMENTARY PLUS

Margaret Gardner, Tutor, 0419 879 421
marlyngar04@gmail.com

FRENCH NOVELLAS in FRENCH

Arthur Lipscombe, Tutor.
arthur.lipscombe@gmail.com

GERMAN A *Terry Baker, Class Rep.*

The class are reading *Am kürzeren Ende der Sonnenallee*, by Thomas Brussig. This book tells the story of a family living just beyond the wall in East Berlin. Class members, including those who have just joined the class, have been looking at all the different ways of using verbs in a summary of work done so far, in the context of driving a car in Germany.

GERMAN B *Ken Gittens, Class Rep*

This class continues their exploration in and around Düsseldorf. The current goal is to get from *Heinrich Heine U-Bahnstation* to *Der Alte Bahnhof*, a restaurant and brewery in Oberkassel, then eat, drink and be merry.

LATIN *Anne McKee, Tutor, 0403 079 216*

LATIN 5 and 6 *John Poliness, Tutor. Janice Cook, Class Rep.*

LITERATURE *Robyn McKnight, Class Rep*

The class will be reading *The World of Yesterday* by Stefan Zweig with tutor Greta Christie.

MUSIC APPRECIATION *Janice Cook, Class Rep. 5331 8898*

Vale to special member Dorothy Douglas. Dorothy joined this group in the early 90's, when it was first organised, and for several years the sessions were held in the Douglas home. Over the last two years Dorothy was able to attend again always joining in by presenting programs of music that she enjoyed as well as providing special afternoon teas.

Next session on **August 1**; Doug Rutherford will attend with his record player so we can hear again any vinyl records we bring along.

Then on **September 1**, Mike Maloney will be in charge with a program he is presently arranging.

MYTHS AND MYTHMAKING *Marion Dick, Class Rep. 5332 4831*

NORDIC POLE WALKING *Pat McCarthy, Tutor 0467 852 759.*

Mike Maloney, Class Rep. 5330 1334 / 0413 971 951 maloney28@southernphone.com.au

PHILOSOPHY *John Poliness, Class Rep.*

PRESERVE YOUR MEMORIES *Irene Warfe, Tutor, 53320092, iwarfe51@gmail.com*

1st and 3rd Tuesdays, 1.00 pm – 3.00 pm, Eastwood Leisure Centre, Room 1

Would like to do something with the family photos (new and old) you have in the drawer, remember the sights and sounds of those wonderful holidays or simply leave a pictorial legacy for your family to enjoy? (Our grandchildren LOVE seeing themselves as babies!) Then the Preserve Your Memories is the U3A class for you.

You work on your own project/s so joining us at any time is not a problem.

Come along and see what projects our members are working on. There are several vacancies for Term 3 so if you would like to know more **contact Irene** at iwarfe51@gmail.com or on 53320092.

RECORDER GROUP

The Recorder group will be performing at a Victorian Recorder Guild Soirée on July 30 at the Uniting Church, High Street Road, Waverley, 1.30 to 4.30.

SCRABBLE *Leslie Norwood,*

Second and fourth Wednesdays in Room 1, Eastwood Leisure Centre, at 1.30 pm

SILVER JEWELLERY MAKING *Terry Dixon, Class Rep. (am)*

Anne King, 5341 8002, Class Rep. (pm)

SIT AND STITCH *Margaret Copping, Class Rep., 04 0902 1949*

Classes are held 2nd and 4th Thursdays, 9.30 to 3.00 at Ballarat North Community Centre.

WALKERS AND COFFEE

Chris Cullen, Walk Leader. Information and apologies; John Elischer, 0421341288

Walks are on 1st and 4th Wednesdays of the month. Walks start 10 am sharp from the nominated meeting place.

August 2: Meet at Krooze in Café, corner of Boak Avenue and Geelong Road

August 23: Meet at Ballarat Special School Bakery Café, car park. This is between Creswick Road and Doveton Street in Norman Street.

September 6: Llanberris Reserve car park entrance off York Street, corner Grant Street.

September 27: Bray Raceway car park, Pleasant Street, Redan.

During Seniors' Week in October, because of the free travel, there will be EXTRA walks organised out of town. So check next month's list of walks carefully and come and enjoy the change of walking venue..

WEAVE YOU OWN STARS *Lidia Aitken, Tutor*
Jean Laing, Class Rep., 53313394, 0438534818, jeanlaing@hotmail.com

Please see the article on page 4.

WINE TASTING *Steve Goodwin, Tutor. Class Rep, Andrew Parker,*

Talking and Tasting Wine commenced on 25 July 2017

This course will be less structured than the Semester One course. It will be continuous and not a short course. Steve will choose topics for the first few weeks and then move to topics chosen by the participants. Blind tastings would include wines brought by the participants. Lots of questions are encouraged. For further enquiries please contact Alan Pittard, 0438 578 464

PHOTOGRAPHS FROM BUSHWALKING

with many thanks to Robin Phillips for the photographs.



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U3A BULLETIN
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Reg. No. A 13304 K

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