



BALLARAT
UNIVERSITY OF THE THIRD AGE

the BULLETIN



JULY 2017



U3A President Jack Engwerda and the Committee

Extend an invitation to

all U3A Ballarat Members

to attend the

U3A Christmas in July Concert

at Ballarat North Community Centre

Thursday 27 July, 2017

at

1:00 - 2:30 Entertainment

2:30 - 3:30 Afternoon Tea

RSVP by 20 July 2017



BALLARAT
UNIVERSITY OF THE THIRD AGE

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JULY 2017

PRESIDENT

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WEBSITE MANAGER

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U3A PHONE NUMBER

0431 859 315

E-MAIL ADDRESS

info@u3aballarat.org.au

WEB ADDRESS

www.u3aballarat.org.au

CLASSROOMS & OFFICE

BALLARAT NORTH CAMPUS, BNCC
702 WALKER ST, BALLARAT NTH.

CLASSROOMS: EASTWOOD LEISURE
COMPLEX, 2 EASTWOOD ST.
BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale
Avenue, Lake Gardens 3355
Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the 3rd Wednesday
9.30 am; Feb to Nov. BNCC

DIARY DATES 2017

Fri June 30	Last day of second term - will your classes be running during the school holidays?
Wed July 5	New Members' morning tea and tour, Ballarat North Community Centre, 10.30 am
Mon July 17	First day of third term (Hooray, can't wait - can you?)
Wed July 19	U3A Committee Meeting. BNCC 9.30 am – 12.00 pm
Wed July 19	Deadline for August Bulletin articles (to Phill Grant – and indeed before it's time to watch the day's Tour de France stage. grantphillip@hotmail.com)
Thurs July 20	Guest Speaker - 'Advanced Care Options' 1.30 - 2.30 pm, BNCC
Thurs July 27	'Christmas in July' Concert, 1.00 - 3.30 pm, BNCC
Wed Aug 2	New Members' morning tea and tour, Ballarat North Community Centre, 10.30 am

Quick Reference - what's in this Bulletin?

- * Ballarat U3A Office Opening Times, page 4
- * Do you need to rescue your nametag? page 4
- * Membership, page 6
- * Have you seen the webpage? www.u3aballarat.org.au page 10
- * Class Coordinator's Notes, page 7
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- * Class Notes, page 13

U3A Ballarat Musical Performances

Celtic Band

U3A Choristers: Christmas in July, 27 July. BNCC

U3A Scottish Country Dancers

Recorder Ensemble

U3A Ukulele Group

VALE

Geoff Torney

Geoff had been a U3A member for several years. He enjoyed bush walking, and Australian and Ballarat History. He contributed freely, including by advising the Committee on various legal matters and introducing people who could follow up on his advice.

Bulletin Editor: Phill Grant. grantphillip@hotmail.com



Winter has arrived in Ballarat, and what a wonderful place we live in. Cold mornings, clean, crisp and still air, as the soft sun begins to warm the day, cold frosty evenings with clear starry nights. Better than Queensland - if the heating works!

The U3A choir has had a very busy time by participating in the Choral festival at St Patricks Cathedral, Our *Ave Verum* presentation was fantastic. It was also a pleasant surprise to see so many members participating in other music groups. The Choir also performed at the Geoffrey Cutter Centre a week later, which was also very warmly received.

Our events sub-committee organised a trivia afternoon which was a great success and was thoroughly enjoyed by everyone who attended. We especially appreciate the Seniors for participating. A huge thank you, to all those who made it happen.

July is shaping up to be a busy time for our Events subcommittee and volunteers, with a farewell to the stars at M.A.D.E. on Sunday 16 July commencing at 11 am, and of course our Christmas in July on the 27 of July at the Ballarat North Community Centre hall. Please participate by attending these functions and meet other members; we are after all a very friendly organisation. The details for both these and other events will be available in our monthly Bulletin.

Our Accommodation subcommittee attended a meeting at the Barkly Street campus on Friday 16, organised by Ballarat Community Health, who are presenting a submission to the Education Minister in mid-July with the intention of seeking a long-term lease. If successful, U3A will then sub-lease from Ballarat Community Health some four or five rooms for as long a lease as possible. This could be confirmed within the next two or three months.

Meanwhile our pursuit of GPlace continues, we keep reminding the liquidator of U3A's determination to acquire GPlace for our members and have sought help and assistance from some four different politicians. It's a slow and frustrating process, but we are very determined. As most of you are aware we are currently using the shed for classes and have access for use of the toilets, at least a foothold.

It also seems that council is prepared to upgrade our facilities at B.N.C.C. within the not too distant future. Many, many things happening.

Meanwhile we're very appreciative of the Eastwood leisure staff for the continued use of the facilities in Eastwood Street, as they are very conveniently centrally located. As you may have noticed, accommodation for our growing membership is a constant and ongoing priority.

The Committee is very sorry to lose one of our new members who joined this year, Cliff Matthews has decided to resign due to family commitments. We are however very appreciative of Cliff's ongoing contribution to U3A, as he has decided to continue as a volunteer.

Our membership is constantly increasing and it was a real thrill to welcome another 'twelve plus' new members at our 'meet and greet' morning this month. We must be doing something right and I am proud to be president of such a hardworking committee, enthusiastic volunteers and dedicated members.

'Advice is what we ask for, when we already know the answer, but wish we didn't.'

Jack Engwerda, President
53412118 Jackpam1@bigpond.com

U3A BALLARAT - OFFICE OPENING TIMES

Ballarat North Community Centre, 702 Walker Street, Ballarat North.
Office Telephone 5332 7825 office hours only, otherwise 0431 859 315

DAY	DATE	TIME
During Term Time		
Mondays		10.00 am – 12.00
Thursdays		1.00 – 3.00 pm

Please Note: The U3A Ballarat office will be closed on Thursday June 29 to facilitate a training session for all office staff

If any of the following members would like to rescue their nametag, please drop in the Office.

Zyg Adamczyk	Ann Agni	Mary Allison	Sharon Arkell	Chris Baulch
Jean Blanchfield	Rod Bolton	Ann Bowler	Robert Brookes	
Bernadette Brouwers	Grace Bryden	Barbara Burnett	Jan Carroll	Chris Charles
Warren Clarkson	Peter Colville	Mary Cornwell	Linda Coutts	Warren Coutts
Marilyn Curtis	Roger Darby	Judy D'Ombra	Rosalie Darby	
Prue Di Girolamo	Evie Dichiera	Mary Doolan	Jane Ducardus	John Elischer
Pam Engwerda	Gayle Flynn	Maureen Foulkes	Heather Fryar	Howard Gibbon
Pat Gibson	Wendy Gottlieb	Kim Gram	Mike Gray	Alaine Hall
Margot Hamilton	Nan Haydon	Ron Hedgcock	Sue Heywood	Mary Hill
Peter Hiscock	Chris Hitchcock	Val Hocking	Don Hunt	Gertrud Hunt
Denis Jeandet	BJ Johnson	Marianne Kennedy	Barry Kentish	
Sheilagh Kentish	Rae King	Sandra Lawrie	Marie Lyons	Tanya Lake
Pat Lane	Jeffrey Langdon	Louise L'Estrange	Jude Lockland	Diana Logan
Ian Lovejoy	Sam Lynch	John MacGlashan	Mary Mangan	George Mangan
Craig Marshall	Peta Melbin	Loey Moss	Don Moss	Marg Mary
Maura McCabe	Helen MacDonald	Lyn McDonald	Helen McKnight	
Frances McPhee- Allan		Yvette Nesire-McNeil	Noela Nicol	Julie Nolan
Collen Orchard	Dick Patterson	Geoff Parsons	Mary Pickavance	Ross Priddle
Jane Purton	Graham Rushbrook	Sue Rattray	Judy Read	Jo Redfearn
Kris Schmidt	Lynn Schubert	Judy Scott	Jenny Sedgwick	Tony Seymour
Gail Sjogren	Julie Slade	Peter Smith	Jennifer Sorell	Marg Stephens
Caroline Sudholz	Liz Sutherland	Ruth Symons	Joan Tallent	Nonnie Tennant
Marianne Theodore	Karlene Thorne	James Thorpe	Elena Tommasi	Mary Tubb
Pat Thurlbeck	Vivien Verlaan	Tony Verlaan	Christine Volk	David Volk
Alan Walker	George Walpole	Janet Walsh	Heather Wood	Robert Wood
Tom Wood	David Young			

ENSURING U3A BALLARAT'S DEVELOPMENT

Could we finance a 'home' ourselves?

There's no doubt that U3A Ballarat would benefit by owning its own 'home'. The benefits would include, for example, being able to set up purpose-built classroom and activity spaces; having the flexibility to establish permanent facilities such as a comprehensive library, a comfortable and suitably equipped office, and a pleasant social area such as a café; and the ability to develop a focus point for current, new and prospective members. GPlace could be such a home. Whether or not it will be possible to purchase GPlace remains to be seen; clearly the Committee is still pursuing that option. While it seems a bank loan to purchase a property is viable, it is reasonable to ask if the U3A Ballarat membership could provide the necessary funds and become 'owners' of their own property.

It would be an advantage if the membership purchased a building. Then there would be no need to service a bank loan. Simply looking at 'averages', it would be possible for members to provide the funds; for example, if every member provided \$500 there would be more than enough to purchase

Place at the amount suggested initially by the liquidators. However, it is unrealistic to work purely on averages. A more realistic situation might be that members would favour providing any amount, from \$0 to whatever individuals think is affordable or desirable.

In casual discussions with a range of members, it seems there would be a willingness to be a part of a fundraising scheme. The type of fundraising scheme is at present unknown. Members might provide donations, or lend an amount either with interest or interest free, or buy 'shares' that could be redeemed at a later stage, or simply become part-owners. A fund raising scheme might even be a combination of the ideas just mentioned. It does seem highly likely that participation in the scheme would be voluntary and there would be no levy upon every member. It seems unlikely that members would be able to gain taxation benefits.

What do you think? Should U3A Ballarat buy a suitable building? Should U3A Ballarat members have the option of providing all or some of the funds necessary to buy a home? What sort of scheme would be appropriate? Any comments and suggestions made to any Committee member or sent to me would be most gratefully received.

Phill Grant grantphillip@hotmail.com
Vice-President and Bulletin Editor

ONE MILLION STARS

Buninyong stars brings Rosie Batty here

VILLAGE STARS SHINE, BREAK UP THE DARKNESS

On a chill sunny Tuesday morning in mid June, anti-violence campaigner and Australian of the Year, Rosie Batty, came to Buninyong to add her voice and influence to a national movement which has strong links to this township. Her visit centred around the display of over 5500 stars in 49 different locations all over the village.

The story of the stars started back in September 2012, following the horrific murder of Jill Meagher in Brunswick. After the Meagher murder, floral tributes by the hundred were left outside the Brunswick Baptist Church in Sydney Road. On one of these tributes was a card containing an extract from the writings of Martin Luther King Jr. In part it read, "returning hate for hate only multiplies hate, adding more darkness to a night already devoid of stars."



Moved

A member of the congregation of that church, **Maryann Talia Pau**, read and was deeply moved by the message on that card. At the time Maryann started the *One Million Stars* project. She was invited to M.A.D.E. in Ballarat East to conduct star weaving classes from ribbon fabric.

One of the members of those classes was long-term Buninyong resident **Lidia Aitken** then also President of the Rotary Club of Ballarat West she made for each member a Christmas star with a card carrying the words of Martin

Luther King. Several women from that group then wanted to learn how to make the stars.

Lidia was also attending a *History of Buninyong* class for the University of the Third Age at the Old Buninyong Court House. Members of that class also became interested in making stars.

Display

This interest led Lidia to start star-making classes which contributed many stars to the display of the 33,000 stars at Stockland, Wendouree, in late 2015. These were part of the *Million Stars to End Violence* program which had been started by Maryann Talia Pau in 2012, largely as a response to the violent crime which led to the death of Jill Meagher.



In Ballarat, the next step came in 2015 with the display of some 20,000 stars at the Back Space gallery in Camp Street as part of the anti-violence *White Ribbon Day*.

Then in early 2016 at Lidia's suggestion, local resident **Joan Goldsmith**, one of the star makers offered to approach Buninyong businesses to display stars as a statement of support for the anti-violence against women campaign. Initially sixteen businesses agreed and stars began to appear.

Interest

This attracted the interest of ABC Radio presenter **Jon Faine** who, in on-air discussions with Lidia Aitken, suggested that she try to get the whole village involved. After further approaches by her, more participated, resulting in some 5500 stars now being hung in 49 local windows. Eventually, all of the Buninyong stars will be packed up and sent to Brisbane, where stars from all around Australia will be displayed as part of the 2018 Commonwealth Games.

What started off with a murder and some craft classes in Ballarat has certainly developed into a national project which has raised awareness of the anti-violence message in an amazing way.

MEMBERSHIP



Numbers. We keep growing; 961 members! Twelve new members were enrolled in the last month. We welcome them and hope they enjoy their U3A classes. We had a wonderful New Members' morning tea last month where new members met each other and also Committee members, exchanged information

re the classes they were attending or hope to attend, and found out a lot about how U3A operates! If you are a new member and have not attended one of these morning teas, or even if you want to come again; the next one is on Wednesday July 5 at Ballarat North at 10.30 – 11.30. Do come along!



Tutors and Class Reps

Its getting to be that time of year again' Please check your rolls and numbers. Come to the Office if you need help. It's a wonderful help when the class roll has been completed online as it is a valuable source when checking queries etc. Thank you all for being so diligent in you roll marking; it helps us and probably also helps you keep track of your class.

PLEASE make sure the numbers of members you will accept into your class is correct and if you class is closed that number should equal the number actually on your roll. It is embarrassing for us if a member enrolls online then finds they are not welcome in the class.

Could you also please check with your class members that the **email address** on *MyU3A* is actually the current one they are using. When sending out information and the Bulletin, I am receiving about forty email addresses bouncing back! That means that these members are not receiving their Bulletin or any other information we might send out occasionally.

Members. PLEASE contact the Class Rep or Tutor BEFORE you front up to a class new to you! It is your responsibility to check that there is a vacancy in the class by contacting the Tutor or Class Rep. Then it is your responsibility to ensure that you are booked into the class on *MyU3A*. If you have a problem with doing this, please come to the Office for help.



Phone. 0431 859 315. This number is the U3A 'phone number which I have charge of at the moment. It is not the Tutor or Class Rep's phone number. So PLEASE check when you want to ring your Tutor or Class Rep that you are not ringing U3A instead, especially if you leave a text message like;

"Hi. Sorry I can't be at class today. Jane"

I will pass on messages, but I must know to whom I am to send it, that is; which class the message refers to and who the message is from. A better text or message would be;

"Hi Jane Smith from Australian History class. Could you please tell our Tutor I will be unable to attend class today."

Or better still, put your apology through *MyU3A* yourself and you don't need to talk to anyone! If you don't know how to do this, come to the Office and we will show you!

Many Tutors and Class Reps did not want their 'phone numbers on the website, so this number was used instead.

Nina Netherway

Membership Secretary/MyU3A Support

5334 4836 or ninan06@bigpond.com

CLASS COORDINATOR'S NOTES

Dates for end of Term 2 and start of Term 3

Thanks to all the tutors and class reps. we have had a very smooth running Term 2. Term 2 ends on Friday 30 June. Classes resume for Term 3 on Monday 17 July.

CURRENT CLASS CHANGES

Art and About is not going to run this year. It will start in 2018.

Literature will hold their 6 July class at Neill Street during the school holidays because their usual venue is unavailable. Contact John Poliness for further details.

Rita Danko has decided to continue taking a class, due to popular demand. It will incorporate some sight exercises, but also other aspects of how to delay ageing. She is going to call it Anti-Ageing class. On *MyU3A* it is called **The Bates Method – the Sequel, Anti-Ageing class**. Many current class members will continue, but new people are welcome. It is to be held at the same time and place.

Clive Stratford will recommence **Looking at Pictures** which has been in recess since early May, after he returns in mid-July. Contact Clive by email to confirm the starting date. His email address is kappalambda2010@gmail.com

Writing for Pleasure is now called the **U3A Writing Group**.

Exploring Spirituality with Marilyn Rister going to continue for the whole year. It was initially going to be for just Terms One and Two. Marilyn is also going to continue to take Julie's **Meditation** class until Julie returns.

Introduction to iPads has finished for this year.

Wine production has finished, and **Talking and Tasting Wine** with Steve Goodwin will commence in the second week of Term 3.

Philosophy will continue to meet at Neill Street because the Hall at Eastwood was not suitable for their class.

Positive Practices, Positive people will continue all year instead of the original one Semester.

Celtic Band will have two extra classes over the holidays at the usual class times, and two Sunday evenings. Contact Corrie for details.

So, You Would Like to Use an Apple Computer has finished.

Weave your own Stars will not be continuing in Terms 3 and 4. The project has been very successfully completed. Congratulations to Lidia Aitken and her team and thanks to MADE for allowing the group to meet there.

NEW CLASSES COMMENCING IN TERM 3

Christian History - 2nd Wednesday, 10.45 – 12.15 in the Bingo room at Ballarat North CC.

Seeing the World Through Economics (a short course) will be on Weeks 1 and 3, 1.45 – 12.15 in the Bingo Room at Ballarat North CC. There are still vacancies for this class, so please join up if you are interested. The course outline looks very interesting and informative.

The Memory Atlas - This series of six classes will take place in the Hall at Ballarat North CC, weekly, on Thursdays 9.00 – 10.30. Please note the change of day. There are vacancies for this course, which teaches you how to use your mobile phone initially, then it explains how to use the smartphone to record and film, and to edit the final product. Although the theme is for the Memory Atlas programme, you could use this to record your own family videos and family history. Join up to the class now on *MyU3A*.

Tai Chi for Arthritis will commence in Term 3 on Wednesdays at 9.30 in the Hall.

Cancellation of new class - Psychology will no longer be running, and class members have been notified.

BRAND NEW CLASSES TO BE STARTED IN TERM 3.

offed see how we go. If insufficient response could run the ad again in a later bulletin as we have plenty of time before October

Sharing the Journey of your Garden; with Chris Dickinson and Terry O'Brien

This group will start as soon as Terry and Chris have it organised. They need your input though, to be able to do this, so please contact Terry or Chris to express your interest, and they will notify you at a later date about starting dates, day and time.

Aim of Program

“Those of us who have nurtured and developed a garden over a number of years know the pleasure that it has provided. You will also know how uplifting it is to share the garden with fellow garden enthusiasts.

This program aims to have ten people sharing their garden journey by providing a guided tour of their garden between late October and early December. We are asking people who are interested in sharing their garden journey to contact Chris or Terry. The total tour could take about an hour, more or less, and finish with a morning/afternoon tea and sharing about gardens and

gardening. Hopefully a very social experience. Whether your garden is small or large is not important. The emphasis is on the story you have to share.

We are also asking people to register their interest in this course as a participant. We are limiting the course to twenty people and so those who offer their garden will be the first ten. The other ten people are those who apply to join the garden tours making a total of twenty."

Course dates: To be confirmed with the participants. **Expressions of interest** either offering your garden for a tour or as a general participant need to be forwarded by end of July.

Chris, c.a.d.invermay@gmail.com or Terry, tobrien1@tpg.com.au

Speakers' Group

Ann Cato has offered to facilitate a new 'Speakers' Group' which would be held on the 1st and 2nd Thursdays of the month at 1.30 pm in the Hall at Ballarat North Community Centre. A possible format for the group could be that on the first Thursday the group organise and plan the talks, which could then be held on the 2nd Thursday. The format, times, and number of Thursdays would be totally up to the group to organise. Ann envisages that the core group will organise speakers and topics, but the talks are open to all U3A members to come along. Ann says, "For the actual format as it is now the second part of the year, perhaps an idea would be to have say 4 - 6 talks, initially. I just thought that perhaps for the remainder of this year, as it is already June, a group of interested persons, if formed, would meet towards the end of July, so a group of 4 - 6 talks over the same period of weeks could work this year, and then, if successful, perhaps in 2018 we could revert to a monthly talk and afternoon tea. There are lots of options if enough people are interested!"

If you are interested in forming a 'Speakers' Group' then please contact Ann Cato 0457341037 or ivancato@bigpond.com

Proposed Art Class; Drawing Peter Krusche. An Experimental Class Based on the Theme: Drawing for Beginners

Starting of course from a blank sheet of paper, with selected media tools to accompany. The course will include a number of projects which will offer structure and allow all aspects of the nature of drawing to be explored. So if you are scratching your heads; let's develop and refine those rough sketches; those memorable doodles; and of course explore the creative Art of Drawing. From a perspective of 'Let's begin' - a self interest class will set the pace and format for a creative drawing term. Pen to paper, let's begin.

A start date can be determined with interested people. If you are interested, please let Denise Grant know

Denise Grant –Class coordinator
email DeniseU3A@hotmail.com

INTERNATIONAL U3A NEWSLETTER – U3A SIGNPOST can be found online at
<http://worldu3a.org/signpost/index.htm>

ODDS AND SODS FROM THE COMMITTEE and OTHERS

- * Class members would be most pleased if, when you are ill, you stayed at home.
- * Helen would be rapt if those who haven't a nametag, would collect their nametag from the office at Ballarat North Community Centre
- * Did you know there is a library at the Ballarat North Community Centre? Indeed, a library that can be used by U3A Ballarat members.



Our Members' Only Page has many useful links.

Don't forget: To access the Bulletin and other *members only content*, log onto our website

www.u3aballarat.org.au

Click on the **Members' Area** and put in the password **Balrt16** (yes, it is still the same password). Click on **Submit**.

A screenshot of the U3A Ballarat website. The page features a central 'Bulletin Archive' section with a list of bulletins from 2014 to 2017. To the left of the archive are five large, colorful buttons: 'TIMETABLE' (green), 'COURSE GUIDE' (orange), 'TUTORS' (purple), 'MY U3A' (yellow), and 'ONLINE COURSES' (dark purple). To the right of the archive is a 'CURRENT BULLETIN' header and a list of links including 'Class Attendance', 'Class Register', 'Class Reps Notes', 'Copyright', 'End of Year Procedure', 'Equipment Application', 'Falls', 'Incident Report Form', 'Register of Incident at North', 'Risk Management', and 'Tips for Class Tutors'. At the bottom of the page, there is a red button labeled 'CALENDAR AND OFFICE HOURS'.

Contact me by 'phone or by email if you have any questions.

Mary Maloney, Website Manager. 5330 1334
moomoo@southernphone.com.au

WHAT'S ON IN BALLARAT?

VICTORIAN SENIORS FESTIVAL 2017

The Victorian Seniors Festival will run for the month of October. U3A Ballarat will hold an Expo in the Ballarat Library during the second week of October, from Monday 9 October to Friday 13 October, between 10 am and 4 pm each day. Note that this is a week later than our usual expo in the Library. We are giving classes and tutors early notice so you can plan your involvement in this festival. **Already know what you want to do?** Email Anne Ottrey at ottrey@ncable.net.au with an outline, preferred time and date.

Did you know? FREE public transport will be available for Victorian Seniors Card Holders from Sunday 8 October to Sunday 15 October.

Anne Ottrey

The activities mentioned below are not U3A Ballarat activities. They have been mentioned in the U3A Ballarat *Bulletin* because they may be of interest to members.

MY FRENCH CONNECTION by Alan Leishman

Alan invites all members and friends of U3A Ballarat to the opening of his exhibition at Backspace Gallery, Sunday, July 9 at 2 pm.

Originally from England, Alan Leishman moved to Australia 30 years ago and lives in Soldiers Hill, Ballarat. He has strong ties with France – his mother is French and his father half-French.

He studied at art school in UK, but has been drawing and painting since the age of five when he began painting the view from his mother's balcony in the south of France. Alan has won a number of awards, including selection for London's Royal Academy Summer Exhibition. His work can be found in private and public collections in Australia, UK, Europe, USA and Canada.

This exhibition highlights paintings based on drawings and oil sketches made in France over the past nine years. His work can vary from rich colour mixes to subtle effects and his eye is caught by the unexpected patterns and harmonies of nature, the man-made environment and interiors. Alan's *Provençal* landscapes mostly feature *Les Arcs-sur-Argens*, a medieval village in Provence where he owns a small house. The town is overlooked by a 12th century chateau and the steep streets and passages leading up to it, provide unusual perspectives.



Painting: **Midday Shadows, Les Arcs.**

"I will draw coloured lines to accentuate the structure and angles of buildings or perhaps simple areas of flat tones in other paintings," he says. "Sometimes I'll use an Impressionist patchwork of paint where appropriate, thus allowing the subject itself to play its part in the overall effect I want to achieve. Above all, I aim to realise the colour harmony, which sparked the idea of the painting in the first place."

The exhibition, *My French Connection* by Alan Leishman, is at Backspace Gallery from July 6 - 23. Formal opening on Sunday, July 9, 2 pm - 4 pm. The exhibition is open Thursdays to Sundays 12 noon - 4 pm.

You are Invited to Attend the Launch of Rita Danko's Book '*Niina*'

Sunday, 2 July at. 2 pm, The Fine Art Gallery, Lydiard Street Ballarat

This is a true story of family history starting with serfdom in Estonia to Russia under Czar Nikolai 2nd. Includes, revolution; occupation; a father's love; flight from Estonia; destruction of Vienna; and ending in Bonegilla, Australia. The book's heroine is my mother, Niina.

A first-hand account of what it was like to be swept up by WWII in Austria by a small child, which often became a life or death situation but for a quick thinking mother.

Copies of the book will be available for sale.
Rita Danko, Ballarat. RSVP 03 43106314



BALLARAT WALKING FOOTBALL - Fun, Fitness, and Friendship.
Thursday evenings from 7:00 pm to 8:00 pm at Morsehead Park, Pleasant Street South.

Maybe it's too late to be called up to play for the Socceroos or Matildas, but it's never too late to enjoy a social game of football. Even more so when it's played at walking pace; running is not allowed! Walking Football, some people know the sport as Soccer, is designed for the older player and geared at the over 50's. Men and women are encouraged to come and join us. You need bring only suitable footwear, any sports shoe is fine, no studded footwear is needed, and whatever leisure wear you'd wear for the conditions. The venue has drinking water for any half-time refreshment needed. We have everything else, a mini football pitch and the ball!

Further details: join the *Ballarat Walking Football* FaceBook page, call Alan Clark on 5341-3689, or email him at alanclark54@bigpond.com

FLUTRACKING

Cold and flu season is upon us, and while developing a bout of the flu can have you feeling helpless, your information about it can actually be extremely helpful in tracking flu trends in your local area. Flutracking started in 2006 and has grown to become the largest crowdsourcing influenza surveillance system in the world. Funded by the Commonwealth Department of Health and run by Hunter New England Health and the University of Newcastle, Flutracking is a nationwide online health surveillance system to track flu like illness across Australia and detect epidemics of influenza.

To find out more and join up to become a part of the Flutracking community go to www.flutracking.net

THE DIVERSION FOR JULY



Congratulations to Louise Martin, Susan Greenbank and Marcia Spring for identifying the city of Lisbon as the site of the arch shown in the photograph. Louise, using an internet search engine, identified the photograph as the Rua Augusta Arch in Lisbon. Susan and her daughter gave the name as the Arco da Rua Augusta in Praça do Comércio. Marcia, having recently toured by bicycle in Portugal, mentioned the Praça da Figueiro, which is several minutes walk from Rua Augustus and the arch.

To win the pleasure of solving a puzzle, the question for July is: **where in the world is?** Given the amount of information in the photograph, the answer will need to be quite precise; almost a 'street or road address'.

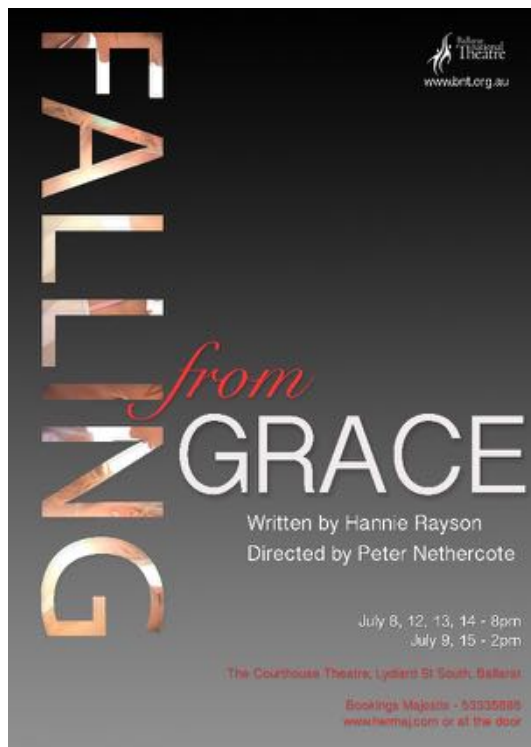
This month there is a chance to win a fabulous prize. Raymond Krusche, local artist, potter and U3A member has donated prizes. Many thanks to Raymond for the prizes and for his initiative in donating the prizes. To ensure that all readers have the opportunity to win, regardless of whether they receive the Bulletin from the U3A Ballarat website or by mail, the names of successful entrants will be placed in a random draw. The draw will take place at the next U3A Committee meeting, under the supervision of the Committee.. Solution to Phill Grant grantphillip@hotmail.com



BALLARAT NATIONAL THEATRE
Falling from Grace

Written by Hannie Rayson
Director Peter Nethercote

Gala Night Sat 8 July 8 pm
Matinee Sun 9 July 2 pm
Wed 12 July - Fri 14 July 8 pm
Matinee Sat 15 July 2 pm



Hannie Rayson, one of Australia's most prolific, successful and beloved writers, has created a contemporary story about the deep friendship between three women.

Suzannah, Maggie and Janet have been colleagues and best friends for years. But their relationship is about to be severely challenged by husbands, lovers, children, work ... and a new drug! They work together, publishing a high-quality magazine, and have always helped each other to deal with life's crises.

The magazine is preparing to print an article about Miriam Roth, a high-profile female medical researcher, who is conducting a trial of a drug for PMS. This drug may or may not be responsible for birth defects. The play considers what is moral/ethical and how modern people deal with difficult situations.

The underlying issue is not clear-cut and you are likely to change your mind, as do the play characters several times as various facts are revealed.

PHOTOGRAPHIC COMPETITION

U3A Network Victoria is looking at updating its marketing material. They would like to reflect what happens in member U3A's.

The opportunity to take part in a photographic competition is extended to all U3A Ballarat members and especially your photography class members,. There will not be a prize as such, just the honour of their photo being used in state marketing and promotion of U3A.

Wanted are not general photos but rather photos of any classes, outings, events etc, offered by U3A, that will help promote U3A. Any member photographed will need to give their written permission for their photo to appear in U3A publicity. The competition will be open from 1 June to 22 September 2017.

There is a registration form, which each participant will need to complete and return to Network office along with a copy/copies of their photos. The photos will need to be of high quality and will become the property of U3A Network Victoria.

Any queries please contact Vice President, Elsie Mutton at elsie.mutton@u3avictoria.com.au

CLASS NOTES

The next Bulletin deadline;
Wednesday 19 July 2017
to Phill Grant, PO Box 2058,
Bakery Hill, 3354 or
grantphillip@hotmail.com

The HISTORY of the ART GALLERY of BALLARAT *Ann Cato, Class Rep.*

We are a class of twenty that meet every 2nd and 4th Tuesday each month at M.A.D.E. at 1.30 pm with Alison Steel our most enthusiastic and knowledgeable tutor, who continues to engage us each session.

There are a number of reasons why the Ballarat Art Gallery has works in the collection that are not able to be put on display; sometimes works that are in a poor condition are acquired, but their historical or aesthetic qualities are important. In other cases, and this is very relevant for a collection as old as Ballarat's, we have problems bequeathed to us out of the distant past when the standards of managing a collection were not what they are today.

Members of the 2017 course 'History of the Art Gallery of Ballarat - from the Archives' are contributing under the Gallery's 'Adopt an Artwork' program to the restoration of a work of Art on paper; this artwork, when restored will carry on its descriptive label the words, "Restored by the members of the U3A Art Gallery History Course of 2017". We will inform you all when the work is completed and the artwork is on display at the Gallery.

A reminder; that Gordon Morrison, Director of the Art Gallery, will be speaking at our last talk on Tuesday September 12 at 1.30 pm at M.A.D.E. and all are welcome to attend.

BALLARAT HISTORY *Jack Engwerda, Tutor; Ann Boag, Class Rep.*

U3A Ballarat and District History is held every 2nd and 4th Wednesday, 10.30 am - 12.00, at M.A.D.E.

BALLROOM DANCING *Lorraine-Amour Chambers. Class Rep.*

WE DON'T STOP DANCING BECAUSE WE GROW OLD.
WE GROW OLD BECAUSE WE STOP DANCING.

BOOK GROUP TWO *Rhonda Gray, Facilitator, 5341 8461 Helen McDowell, Class Rep*

This month we reviewed *Everywhere I Look*, a book of short stories by Helen Garner.

Whilst some members were critical of the format, the accomplished, prize-winning, writing style of this Australian author was evident and appreciated. The collection of reviews, stories, diary entries and essays, in no particular order, covered Russell Crowe's career, Helen's, somewhat dysfunctional life, high profile court cases, including Robert Farquarson and Rosemary Batty, and simple, but poignant observations of the world around her – everywhere she looks. Helen remains nonjudgmental, factual and always eminently readable.

Our next book is, *The Railway Man* by Eric Lomax.

FOURTH THURSDAY BOOK GROUP *Jean Laing, Class Rep. 53313394, 0438534818
jeanlaing@hotmail.com and Ellen Ryan, Class Rep.*

BUSHWALKERS *Laraine Gunning and Lynne Fenton, Class Rep.*

Walks for July:

July 13; Merri Creek, Led by Brian Hay

Catch train Wendouree 8.02 am or Ballarat 8.07, Arrive Southern Cross 9.39 am We will only worry about getting everyone together at Rushall.

Local train South Morang line to Rushall station. Trains are frequent from platform 10. I think we could easily be there to leave by 10.30 am We walk to CERES community garden where we can purchase our lunch; there are toilets and would be there about half to three quarters of an hour. Anyone wanting to leave could walk to Nicholson Street tram back to the city or walk back to Rushall station. We will continue toward Preston, walk by the Islamic museum. We finish the walk a bit short of Bell Street and catch the Nicholson Street tram back to the city. I think the 4.00 pm train from Southern Cross, it could be 3.17 pm but probably doubtful. It is hard to estimate times and distances and waiting for the transport. The full distance would be 7 - 8 kms on concrete paths and gently undulating, so a level A.

July 27; FALCON'S LOOKOUT, WERRIBEE GORGE. This is a short walk to one of the high points on the rim of Werribee Gorge, where there are extensive and spectacular views of the Gorge. The Lookout is at the top of the rock-climbing cliff; it is easy to descend so that you can inspect the cliff from below. The walk is very strenuous and the track has steep ascents and descents on rocky ground and loose stones. Some parts of the track may be wet. Walking poles will be very useful.

Meet at the Netball Car Park by 9.20 am. We will drive independently to Ballan Station (instructions will be provided) and then drive in convoy to the start of the walk. 4.2 km, **Grade C+**, BL Leaders: Gordon Talbett and Alan Pittard



For walk details and photos from past walks please go to our Blog at:
<http://bushwalkersu3aballarat.blogspot.com.au>

KEY. A – easy, B – undulating, C – hilly, longer, D – strenuous. BL – bring lunch. NOTE. Meeting place is Llanberris Netball Courts car park at 9.20 am to leave at 9.30 am

CELTIC BAND *Ros Cole, Class Rep.*



The Band has played at several Gigs recently; Avoca, B.R.M.C., Geoffrey Cutter Nursing Home and John Curtin Nursing Home at Creswick. The audiences were different in the way that they responded to the music but as one in their enjoyment of the many and varied tunes.

At present we are practising for a Gig at Meadow Gardens Retirement Village. Serious planning is now underway in the planning of more recording for our second CD. People are practising earnestly.

Good on Corrie for making playing in the Band such an enjoyable experience.

CHOIR *George Walpole, Tutor. Liz Bailey, Class Rep.*

This month we were pleased to be asked, with other choirs, to join in and sing at St Patricks Cathedral. This is such a great stage and a good opportunity for us to expand our repertoire.

On Tuesday last we visited the Geoffrey Cutter Centre and entertained the residents with a couple of rousing songs and then some quieter ones. Hayden, Brian and George made a lovely contribution with solos. Such a pleasure to hear.

This month, for our Christmas in July concert, our program will be a mixture of carols and some others we have not sung before. Please come and listen to us.

CLASSIC CINEMA *Shirley Faull, Tutor. 5331 4408*

Venue: Eastwood Leisure Centre, Room 1. Please be seated ready for a prompt start at 1.30 pm.

Vacancies

We do now have space for four new members in our class. They will need to be able to start by August 29 to secure their ongoing places. To give everyone an equal chance to apply, we're asking you to call Shirley, 5331 4408, from 8.30 am on Wednesday July 5. Please leave a message, if necessary, as places will be allotted strictly in the order received. No online applications are available. In the meantime, general information is available from Marion, 5332 4831.

June 27 Extra session; *The Discreet Charm of the Bourgeoisie* (France, 1972, 97 minutes) is director Luis Bunuel's entertaining and playful expose of day-to-day frustrations in the lives of the rich and powerful.

July 11 *A Kind of Loving* (Britain, 1962, 112 minutes) introduces our next 'Director on the Move', John Schlesinger. This gritty, working class drama is a perceptive and well-crafted portrayal of changing relationships.

CRYPTIC CROSSWORDS *Mary Chappell, Class Rep. 5330 1633*

marry.chappell@bigpond.com

Do you want to see how smart your brain is? Here's an awesome brainteaser. Don't simply jump to the answers right away: Frosted desserts, the second sent back (4,2)

The CYCLING GROUP

The winter weather has not stopped the cycle group. Well, it has been a mild winter so far. On the most recent tour the group 'discovered' the remains of a trestle bridge near Dereel. Oh, and a decent hill or two were also 'discovered'.

DANCERCISE *Lorraine-Amour Chambers, Tutor*



Regular exercise can actually improve your life in oh-so-many ways. All you need to do is make it a habit. The university of Bristol found that people's mood significantly improved on the days that they exercised.

The dancercise group getting ready to go through their routine.

DINING OUT GROUP Anne McKee 0403 079 216 or anneianmckee@ozemail.com.au

We next meet on Sunday 16 July at the *Barkly* at 12.30. Please let Ian or I know whether you can attend by Thursday 13 July, so we can let them know the numbers. Also could you please try and remember your name tags. Thanks.

ESSAYS AND IDEAS Mary Chappell, Class Rep. 5330 1633 marry.chappell@bigpond.com

Essays to read for July are:

The Best Australian Essays

10 July: *The Noise made by People* by Anwen Crawford

24 July: *She Thinks She is the Boss* by Melinda Harvey

Personal Essays

10 July: *The Inheritance of Tools* by Scott Russell Sanders

24 July: *Grown Men* by Barry Lopez

There are only three essays left in this book after which we will read from *The Oxford Book of Essays*. Happy Reading.

FILM MUSICALS Bob Whitten, Class Coordinator. 5341 8189

ibobdown@hotmail.com Anyone wishing to join the class please contact Bob Whitten

If any one has an old but good DVD player at home that they don't need, you may wish to donate it to U3A for use by the Film Musicals Class and any other class that could use it. Thank you.

The films for the class during term 3 are as follows:

28 July: *Carousel* (1956)

11 August: *The Producers* (2005)

25 August: *Evita* (1996)

8 September: *The Concert* (2009)

22 September: *Victor - Victoria* (1982)

HIKING Andrew Parker; 0418 562 977. canlodge@gmail.com

Ten walkers met at Kirks Reservoir for the penultimate stage of this walk. The walk commenced at Vaughan Springs in beautiful calm winter weather with a touch of sunshine and wended its way for ten easy kilometres past the old brewery sites to Fryerstown and on to Spring Gully. This was a particularly interesting and scenic walk with lots of historical interest along the way, even including a couple of errant trams, which had escaped to the country. The Spring Gully mine site was most impressive in scale with huge mullock heaps and much evidence of significant building infrastructure. This is described as one of the most famous mines in the Castlemaine district, operating from the 1850's to the 1930's.

After a car shuffle the group enjoyed lunch at Vaughan Springs with a number of people remarking that they would return to this attractive spot with family. Thence to Guilford for coffee at the store and a group hug at The Big Tree, which is indeed ...big.

Thanks to Andrew for his leadership of the group and best wishes for his exploits in Holland and also great news to hear Greg is progressing well with his recuperation.

If anyone is interested in joining the group, you can enrol through *MyU3A* or contact Andrew Parker on 0418 562977 or email u3aballarathikers@gmail.com

Our website has lots more information: <http://canadianlodge.wixsite.com/u3a-ballarat-hiking>

LANGUAGES

DUTCH *Ingrid Parker, Tutor, 0417014610. Andrew Parker, Class Rep., 0418562977*

FRENCH B *Yfke van Riel, Class Rep*

FRENCH C *Jan Leishman, Class Rep 0427 531 333*

FRENCH E *Peter Jones, Class Rep., 5339 6170 Email tljones80@bigpond.co*

FRENCH F *Heather Wood, Class Rep*

FRENCH G *Mary Allison, Class Rep.*

FRENCH ELEMENTARY PLUS *Margaret Gardner, Tutor, 0419 879 421*

marlyngar04@gmail.com

FRENCH NOVELLAS in FRENCH *Arthur Lipscombe, Tutor. arthur.lipscombe@gmail.com*

GERMAN A *Terry Baker, Class Rep.*

The class are reading *Am kürzeren Ende der Sonnenallee*, by Thomas Brussig. This book tells the story of a family living just beyond the wall in East Berlin. Class members, including those who have just joined the class, have been looking at how to say “I could/should/would have...” in the context of driving a car in Germany.

GERMAN B *Ken Gittens, Class Rep*

This class continues their exploration in and around Düsseldorf – and will rely on their language to get to Sehenswürdigkeiten (tourist spots) and eat, drink and be merry.

LATIN *Anne McKee, Tutor, 0403 079 216*

LATIN 5 and 6 *John Poliness, Tutor. Janice Cook, Class Rep.*

We have a mid year break to enjoy - still some homework to be done! Next class not until July 25.

LITERATURE *Robyn McKnight, Class Rep*

Our class will be reading *The Noise of Time* by Julian Barnes with tutor Helen Nethercote.

Members please note that the venue for the first session in July (July 6) will be held on that day at Neil Street Uniting Church Hall, corner of MacArthur Street and Neil Street, Soldiers Hill. The second session (July 20) will revert back to Eastwood Leisure Centre.

MUSIC APPRECIATION *Janice Cook, Class Rep. 5331 8898*

Friday 7 July: Ron Hedcock will be in charge, presenting more of his musical video highlights. Then on **Friday 4 August:** Doug Rutherford will bring his record player so everyone who still has vinyl records, can bring one or more to share and enjoy again.

MYTHS AND MYTHMAKING *Marion Dick, Class Rep. 5332 4831*

Due to the holidays there will be only one class this month.

July 24: We will discuss the play *Hippolytus* by Euripides, which can be found in the same Penguin Classic as *Alceste*.

NORDIC POLE WALKING *Pat McCarthy, Tutor 0467 852 759.*

Mike Maloney, Class Rep. 5330 1334 / 0413 971 951 maloney28@southernphone.com.au

During July we will walk on trails around the Ballarat East area, commencing with the ‘Bunny Trail’ from M.A.D.E. towards Hummfray Street North. Meet prior to 10.00 am at the car park at the rear of M.A.D.E., off Rodier Street, corner of Eureka Street.

PHILOSOPHY *John Poliness, Class Rep.*

There will be no class for philosophers on Wednesday July 5, while our tutor and class rep take a well deserved break. We will resume on July 19.

SCRABBLE *Leslie Norwood,*

Second and fourth Wednesdays in Room 1, Eastwood Leisure Centre, at 1.30 pm

SILVER JEWELLERY MAKING *Terry Dixon, Class Rep. (am)*

Anne King, 5341 8002, Class Rep. (pm)

SIT AND STITCH *Margaret Copping, Class Rep., 04 0902 1949*

Classes are held 2nd and 4th Thursdays, 9.30 to 3.00 at Ballarat North Community Centre.

WALKERS AND COFFEE

Chris Cullen, Walk Leader. Information and apologies; John Elischer, 0421341288

Walks are on 1st and 4th Wednesdays of the month. Walks start 10 am sharp from the nominated meeting place.

June 28: Gong Gong Reservoir. Top car park. Coffee at *Provedore*.

July 5: Meet at *Pipers by the Lake*. Wendouree Parade.

July 26: Meet inside street next to Eclipse Ford, Corner of Albert and Rubicon Streets.

August 2: Meet *Krooze in Café*, Corner Roak Avenue and Geelong Road.

August 23: Meet at Ballarat Special School Bakery Cafe. Norman Street Ballarat North

WEAVE YOU OWN STARS *Lidia Aitken, Tutor*

Jean Laing, Class Rep., 53313394, 0438534818, jeanlaing@hotmail.com

We are getting close to the finishing line before we send the stars to Brisbane in readiness for the Commonwealth Games in 2018. Third Thursday of the month, but Lidia would also like help on the 1st Thursday if you are available.

WINE TASTING *Steve Goodwin, Tutor. Class Rep, Andrew Parker,*

Talking and Tasting Wine is on again this year commencing 25 July 2017

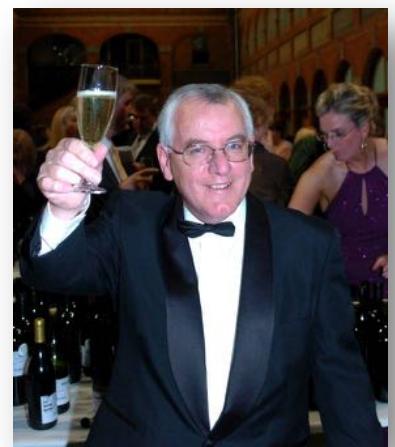
Not many people have the chance to learn from a person with the expertise and vast experience of someone like Steve Goodwin, who voluntarily gives his time in this way. Even if you only enjoy an occasional glass of wine, any wine related course run by Steve is not to be missed!!

“This highly regarded course is led by former master winemaker Steve Goodwin. He started his career as an industrial chemist for a wine and spirit company where they made gin, whisky, brandy, vodka etc, and they also owned a number of wineries. He later worked for Gilbey’s and iconic wineries, such as Seppelt Great Western and Baileys of Glenrowan. He is unsurpassed for both experience and skill as a winemaker.

When he was in charge at Witchmount Estate Winery in Plumpton he put that winery on the map when it took out the 2008 *Syrah Du Monde* wine competition held in France.

The Witchmount 2004 Estate Shiraz was named the top Shiraz in the world.”

This will be less structured than the Semester One course. It will be continuous and not a short course. Steve will choose topics for the first few weeks and then move to topics chosen by the participants. Blind tastings would include wines brought by the participants. Lots of questions are encouraged. For further enquiries please contact Alan Pittard, 0438 578 464



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