



BALLARAT
UNIVERSITY OF THE THIRD AGE

the BULLETIN



MAY 2017



SOCIAL TRIVIA EVENT

Come enjoy a little competitive fun
at the U3A Trivia Event.

25 May, 2017

Ballarat North Community Center

4:30 - 6:00 PM

RSVP to Elena Tommasi
etommasi53@gmail.com

Please join us for our Trivia Event. You can
join as a team with classmates and friends
or just come and join a mixed table.

**Bonus points will be given to all teams, or
individuals, that RSVP by 18 May, 2017.
Prizes will be awarded. Light snack, tea
and coffee will be provided.**

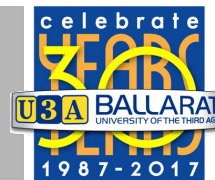
...and for Jackie, that's a Thursday!
Teams of at most eight, and all U3A members are welcome



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MAY 2017

PRESIDENT

JACK ENGWERDA ☎ 5341 2118

VICE-PRESIDENT

PHILLIP GRANT ☎ 0412751327

TREASURER

HELEN SLATER ☎ 04 4840 8145

SECRETARY

ROS McARTHUR ☎ 5379 9421

CLASS CO-ORDINATOR

DENISE GRANT

DeniseU3A@hotmail.com

MEMBERSHIP AND WEBSITE

NINA NETHERWAY ☎ 5334 4836

WEBSITE MANAGER

MARY MALONEY ☎ 5330 1334

EQUIPMENT

BLAKE GORDON ☎

BALLARAT U3A ADDRESS

PO BOX 2058, BAKERY HILL,
BALLARAT, VIC 3354

U3A PHONE NUMBER

0431 859 315

E-MAIL ADDRESS

info@u3aballarat.org.au

WEB ADDRESS

www.u3aballarat.org.au

CLASSROOMS & OFFICE

BALLARAT NORTH CAMPUS, BNCC
702 WALKER ST, BALLARAT NTH.

CLASSROOMS: EASTWOOD LEISURE
COMPLEX, 2 EASTWOOD ST.
BALLARAT, 3350

Public Officer: Ros McArthur 14 Aryvale
Avenue, Lake Gardens 3355
Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the 3rd Wednesday
9.30 am; Feb to Nov. BNCC

DIARY DATES 2017

Wed May 3	New Members' morning tea and tour, Ballarat North Community Centre, 10.20 am
Wed May 17	U3A Committee Meeting. BNCC 9.30 am – 12.00 pm
Wed May 17	Deadline for May Bulletin articles (to Phill Grant – and indeed before it's time to listen once again to G & S's <i>I am the Very Model of a Modern Major-General</i> . grantphillip@hotmail.com)
Thurs May 25	Trivia Event, BNCC, 4.30 to 6.00 pm
Wed June 7	New Members' morning tea and tour, Ballarat North Community Centre, 10.30 am

Quick Reference - what's in this Bulletin?

- * Ballarat U3A Office Opening Times, page 4
- * Have you seen the webpage? www.u3aballarat.org.au page 6
- * U3A Online, page 4
- * Class Coordinator's Notes, page 7
- * What's on in Ballarat?, page 9
- * Class Notes, page 11
- * Plan of BNCC, page 19

U3A Ballarat Musical Performances

Celtic Band

U3A Choristers

U3A Scottish Country Dancers

Recorder Ensemble

- Steiner School Autumn Fair, Sunday April 30

U3A Ukulele Group

CHANGES to the BULLETIN

The format of the 'Class Notes' section of the Bulletin has been changed, to make it easier to read for those who read the Bulletin on an electronic device. At present, more than two thirds of U3A Ballarat members read the Bulletin on a computer, iPad or tablet.

Comments and suggestions regarding the change, and indeed about the Bulletin generally, are most welcome.

Bulletin Editor: Phill Grant. grantphillip@hotmail.com



A big hearty hello to all. Here we are again; the school holidays have come and gone, we've had fantastic rain, the gardens are greening up, and I daresay fires have been lit to accommodate the colder weather. The anti-flu injections are now available and I encourage everyone to have one. They are free you know!

On 30 March, we celebrated our 30th anniversary in the hall at Ballarat North Community Centre. The entertainment was provided by our very own Celtic band and our Scottish Country Dance group, and were they any good? They were fantastic. Each time the Celtic band performs, the enthusiasm of the group and the excellence of the repertoire reaches another level; where will it end? Good luck with your second C.D. everyone. The Scottish dancers added another

dimension in the grace and presentation of their performance, and at the conclusion the Virginia reel involving everyone present was a real hit. The entertainment was followed by a feast of an afternoon tea provided by our U3A committee members and our indispensable volunteers. It was also a special privilege to have in attendance Nan Hayden; our very first president in 1987, and one of our first members, Dot Donaldson; both ladies well into their 90's, and Dot is still attending classes today.

Easter is always a very special time and proves over and over what a very special people we Australians are, highlighted by the very generous donations made to the children's hospital appeal each year. It's also time to reflect on and appreciate our loved ones past and present, and to stop and think what Easter is really all about. I really hope that each and every one of our members enjoyed and celebrated a happy, safe, peaceful, and a holy Easter.

During the month of March, I attended two important meetings. The first one was the Grampians regional meeting held at Ararat. The attendance was poor, as only four out of the region's ten plus U3A's attended. Some of the smaller groups have a shrinking membership, mainly due to population decline, and groups such as Castlemaine and Hepburn have a steady growth rate due to population increase. All groups have the same issues as ourselves; finding tutors and suitable accommodation. However, when the meeting concluded, I walked away realising, and appreciating, that our Ballarat group has a very hard working committee and great volunteers, all looking in the same direction.

The second meeting was the Network A.G.M. attended by some fifty plus U3A groups from all over Victoria. The various office bearers submitted their reports, after which the election for office bearers was held. Various issues were raised by the member groups, none of which really affected us (Ballarat U3A). The subject that did invoke a lot of interest was the need to develop online courses. A commitment was made by Network to allocate more funds and effort for this project. U3A Victoria now boasts more than 38,000 members, and I can state without reservation that Ballarat has some of the best.

During the past month, our class coordinator was offered another three courses by some enthusiastic and dedicated tutors. Accommodation for these classes has been established and the classes will commence shortly; the details for these classes are available in this month's celebrated Bulletin. All in all, a very productive and exciting month for Ballarat U3A members.

Remember; *you do not grow old because you play, you grow old because you stop playing.*

Jack Engwerda, President

53412118 Jackpam1@bigpond.com

U3A BALLARAT - OFFICE OPENING TIMES

Ballarat North Community Centre, 702 Walker Street, Ballarat North.
Office Telephone 5332 7825 office hours only, otherwise 0431 859 315

DAY	DATE	TIME
During Term Time		
Mondays		10.00 am – 12.00
Thursdays		1.00 – 3.00 pm

U3A NETWORK VICTORIA NEWS - VACANCY

From the President of U3A Network Victoria, John R Parker:

The U3A Network Victoria is looking for a new Secretary. It is important to have an active Secretary as it appears there will be significant challenges ahead for the Network. It is a real opportunity to participate in the work of the Network for the benefit of all U3A's. Should any members like to discuss the role, please contact John Parker on 0408 364 159 or at

president@u3avictoria.com.au

So, if you have some spare time...

U3A ONLINE

Has age or illness caught up with you? Are you finding it increasingly difficult to attend classes?

If so, why not try an Online course from U3A. If you are not aware that this is possible, read on! In this monthly column, I will tell you about some of the great subjects you can study online instead of (or as well as) attending a class. This month, I will start by telling you about two classes that you might find interesting.



First, I can recommend *China in Transition: Mao to Now*. I completed this course about six years ago; not only did I enjoy the course immensely, but I also found out so much about China, from the early dynasties right through until almost the present time. The following year, I felt confident enough to run a class for about fifteen members using the notes from the Online Course. **Note - it is also possible for a tutor to run a classroom course, using the Online notes. I will write more about this aspect in a later article.** The present time, with a new President in USA, and China becoming such an economic success, would be an excellent

time to learn more about the country.

The other independent study course that I want to mention is *Autobiography and Journaling*. This eight week course takes you through the stepping stones from the beginning to publishing. It includes a week on techniques for capturing memories. Week 5, *Dark Times and Healing* is balanced by two weeks on 'adding depth and colour'. If you feel you have a story that should be told, this course would be a great place to start.



To see other courses that are available or to obtain more details about any of the courses, log in to u3aonline.org.au

That is all for this month - keep reading!

Zelda

MEMBERSHIP



Our membership continues to grow – 927 and 116 classes!

We welcome thirty-seven new members who have joined over the last month and invite them to a morning tea on Wednesday May 3 at Ballarat North Community Centre, Walker Street, Ballarat North, from 10.30 to 11.30. This morning tea has been most successful and 'old' members are welcome to attend and chat with our new members!

We were saddened by the sudden death of Ken Steel from Geelong U3A, who was our guru and support for *MyU3A*. He was always willing to help and his kindness and patience were much appreciated by those of us who had need to contact him.

Tutors and Class Reps

Please make sure your class lists on *MyU3A* are up to date; that is, members no longer attending deleted, and new members to your class added. It is best to add new members to *MyU3A* as soon as they join your class rather than wait until the end of term. If you wait they will only appear from the date you add them – you can't retrospectively mark them on the roll. As you create a new roll each term, it's good to clear up at the end of term. If you have any problems call Nina or Mary.

Due to the number of locations we use for classes and the fact that many people are confused by dates, please contact Denise or Nina if you are continuing your class during the school holidays.

Don't forget if you need assistance marking the roll on *MyU3A*, call in at the office. Your friendly and helpful office staff are always willing to help you!!!!

Help wanted

There is an elderly gentleman at Kelaston who has no family to visit him and would love a visitor. He is an American, has been an Attorney and is interested in Word War I. If you are interested please contact Nina on 5334 4836

Nina Netherway
Membership Secretary/MyU3A Support
5334 4836 or ninan06@bigpond.com

ODDS AND SODS FROM THE COMMITTEE and OTHERS

- * Wanted: Pianist to accompany the U3A Choristers on Tuesday afternoons. Please contact George Walpole 0427661699.
- * Helen would be rapt if those who haven't a nametag, would collect their nametag from the office at Ballarat North Community Centre
- * Did you know there is a library at the Ballarat North Community Centre? Indeed, a library that can be used by U3A Ballarat members.
- * Wouldn't it be nice if more tutors 'crawled out of the woodwork'? Another tutor for Art, for example, would be most welcome.
- * Classes during the school holidays? Tutors, Reps and class members need to take responsibility for the necessary arrangements – especially the cappuccino and cake arrangements.

INTERNATIONAL U3A NEWSLETTER – U3A SIGNPOST can be found online at
<http://worldu3a.org/signpost/index.htm>



Website 2017 What's New?

The front page has a new link – a **BLUE** button, which will take you to information about upcoming events in 2017. Be sure to check it out.



U3A BALLARAT

For retirees who want to go on learning and lead a full and active life, U3A Ballarat offers all of these opportunities.

Choose from over 100 courses led by our volunteer tutors for an annual fee of only \$50.

Most courses are held at the Eastwood Leisure Complex in Eastwood Street, or Ballarat North Community Centre in Walker Street.

CELEBRATING 30 YEARS IN BALLARAT

Are you interested in

- joining other retirees for leisure activities?
- listening to interesting speakers?
- sharing your skills and interests with others?
- learning new things, developing new skills?
- challenging your mind?

Quick Links

- Courses
- Become a Member
- Members Area
- Contact Us
- MyU3a
- Tutors



All venues on the **Venues** page now have links to *Google Maps*. The main venues have the map beside them and you can click on it to enlarge it. For the other venues listed, just click on the name of the venue and a map and photo will appear.

Don't forget:

To access the Bulletin and other **members only content**, log onto our website

www.u3aballarat.org.au

Click on the **Members' Area** and put in the password **Balrt16** (yes, it is still the same password).

Click on **Submit**.

Contact me by phone or by email if you have any questions.

Mary Maloney, Website Manager. 5330 1334

moomoo@southernphone.com.au

Photos from
the 30th year
celebrations



CHANGES TO CLASSES

Practical Techniques and Knowledge in Creative Writing This class will not be starting in Term 2 due to the illness of the tutor. It will now commence at the start of Term 4 and will run for one term, not a Semester.

Introduction to iPad This course commenced in the first week of Term 2. There will be no courses in terms 3 and 4. Remember that this is for iPad, not other tablets. You can still enrol in the course.

Positive People, Positive Practices This class will continue into Term 2 and now is a Semester course. New members are very welcome to join.

Yoga@North We have replacement tutor for Terms 2 and 3 while Julie is away. Judy Lavings, who is a trained Yoga teacher, has offered to take the classes. Classes will commence for this term on **2 May**.

Meditation While Julie is away during Terms 2 and 3, Marilyn Rister will be taking her Meditation class, as well as her own class, which is called Meditation (guided). The class will start on **9 May**.

Board Games This is now permanently timetabled in the Old Library at Ballarat North.

REMINDERS – PREVIOUSLY ADVERTISED NEW CLASSES FOR THIS TERM

All details for the following three courses, which were advertised in the last *Bulletin*, can be found on *MyU3A*. It isn't too late to enrol.

So you would like to use a Mac Computer? This short course, run by Phill Grant, commences on **12 May**.

Writing for Pleasure This ongoing course with Dyane Bain will commence on **2 May**.

Silver Jewellery - short course This class, under the direction of Robyn Thornton, began on Wednesday 19 April. There are a few places left.

THREE BRAND NEW CLASSES not previously advertised, have been added to *MyU3A*.

These classes are available for enrolment now on *MyU3A*, or you can ring or email the tutors to put your name down for the class.

Memory Atlas This is a short 6-week course run by Mick Trembath. The class will be in the Hall at Ballarat North Community Centre on Wednesdays, starting at 9 am on **Wednesday May 17**.

How to use the smartphone studio in your pocket to speak to the world.

The revolution of the smartphone means we now carry around a small device that is all we need to create broadcast quality video and audio recordings that can be shared around the world within minutes.

Over six weeks, we'll look at how you can use your smartphone to record as both camera and microphone, how to transfer these recordings to your computer to edit projects and how to share these projects with loved ones, add to existing online projects or share with the entire planet. Learn what apps and buttons do, how to interview people, how to use light and sound to improve the look

of projects, how to edit recordings, how to use social media, and how to have fun with the extraordinary device that is the smartphone.

At the end of six weeks, participants will have a short, finished smartphone video project and the skills to create further independent work. All experience levels welcome. Great skills to have to record your own life story or any family history projects!

Course outline

Week1: Introduction to smartphone and apps. How to use video and audio recording apps. How to save and retrieve recordings.

Week 2: How to interview people. How to make interviews easy. How to prepare for an interview. How to set up and interview space.

Week 3: How to use light. How to work indoors. How to work outdoors. How to use studio lights.

Week 4: How to use sound. How to get better audio recordings.

Week 5: Editing. How to cut video and sound. How to save and organise work.

Week 6: Completion of finished project. How to share to social media.

Class duration- 90 mins

Tutor: Mick Trembath, 0402 359 730, micktrembath@gmail.com

Psychology

This is a short course which will run for 8 weeks with Margaret Trommestad. It will be in the Canteen at Eastwood, starting on **Wednesday 17 May**, from 10 - 12 weekly.

Concept - Psychology - our thoughts feelings and behaviour through the prism of psychological thought. Looking at the field of psychology, then focusing on how we understand ourselves through psychological ideas, thought and research.

For further information, ring Margaret 0414 268 661 or email her margtromm@gmail.com

Seeing the World Through Economics

This is a 10-week short course, to be taken by Doug Bradby and Chris Dickinson, which does not start until Term 3, but you can enrol now for the class on *MyU3A*. The class will be timetabled on Fridays, Weeks 1 and 3 from 10.45 – 12.15 pm in the Bingo Room.

Aim of the Course

The aim of this program is to recognise the importance of understanding the Economics behind issues and enable you to have a more informed position on historical and contemporary issues. Society is facing a whole range of social issues from 'Immigration' to 'Income and Wealth Distribution' that are informed by economic data. To have an informed opinion you need to be able to identify the economic elements of the issue and acknowledge the contribution of the key Economic statistics that are available. Key questions plus economic data combined with individual contributions will drive the discussion.

Possible topics: International Trade, The Australian Economy, Brexit, Change under Trump, Wealth and Income Distribution, Immigration, Changing Demography, Going Green, The Dutch Disease, Changing size of world economies since WW2, Key data on the USA economy, Increasing urbanization, National Debt, The Great Depression.

Note: No formal knowledge of Economics is assumed.

Denise Grant –Class coordinator
email DeniseU3A@hotmail.com

U3A BALLARAT – LAW WEEK ACTIVITY: ‘PLANNING AHEAD’

U3A Ballarat has organized a ‘Planning Ahead’ session, dealing with enduring powers of attorney. Please see the note about Law Week below.

Thursday 18 May, 1.00 pm
BNCC Hall
Speaker: Gary Ferguson

RSVP

Denise Grant DeniseU3A@hotmail.com
or Phill Grant grantphillip@hotmail.com

WHAT’S ON IN BALLARAT?

The activities mentioned below are not U3A Ballarat activities. They have been mentioned in the U3A Ballarat *Bulletin* because they may be of interest to some members.

Seniors’ Rights and Law Week

Seniors Rights Victoria provides free information, support, advice and education to help prevent elder abuse and safeguard the rights, dignity and independence of older people. You can find out more about elder abuse and our services by visiting our website www.seniorsrights.org.au

Law Week occurs annually and is an opportunity to easily access legal resources. This year it will take place from **15 May to 21 May**. Enduring Powers of Attorney are documents which appoint another person to make decisions, in the event that such decisions can’t be made. These decisions relate to lifestyle, medical treatment, assets, property and finances. The Planning Ahead session presents information in a simple and interactive way on Enduring Powers of Attorney. A free kit “Take Control” is provided to participants.

Documenting the experiences of Ballarat residents living with dementia

This project will document 100 stories about the experiences of Ballarat residents living with dementia. The project aims to challenge the stigma and silence around dementia. Stories will be used to educate community members and service providers. This project will be completed in November 2017.

Please contact the Project Coordinator, Dr Catherine Barrett, for more information on 0429 582 237 or go to the 100 stories webpage at: celebrateageing.com

This project has been funded by the Helen MacPherson Smith Trust and is a partnership between Celebrate Ageing, Wendouree Neighbourhood Community House, North Ballarat Community Centre, City of Ballarat and is supported by Alzheimer’s Australia Vic. A full description of this project was given in last month’s *Bulletin*.

Table Tennis for Seniors

The Ballarat Table Tennis Stadium has a special program, called *Keenagers*, designed for those over fifty years. We meet twice a week; Tuesday and Friday 1 - 3 pm. Cost for the day’s activity is \$5

The venue is the Wendouree sports complex on Dowling Street. Further information call Kellie at the Ballarat Table Stadium 5339-2680 or 0430829701

A full description of the program was printed in last month’s *Bulletin*. Please note that this is not a U3A Ballarat activity. That means, you don’t have to be a Ballarat U3A member to attend.

The First Australians - The untold story of Australia

Creswick U3A has conceived this short course to ensure that our members are aware of both sides when the Federal and Victorian Governments announce the time

Overview of the course

First Australians chronicles the birth of contemporary Australia as never before, from the perspective of its first people. This series explores what unfolds when the oldest living culture in the world is overrun by the world's greatest empire.

Over seven units the course depicts the true stories of individuals, both black and white, caught in an epic drama of friendship, revenge, loss and victory in Australia's period of history. The story begins in 1788 in Sydney, with the friendship between an English man (Governor Phillip) and a warrior (Bennelong) and ends in 1993 with Koihi Mabo's legal challenge to the foundation of Australia. First Australians chronicles the collision of two worlds and the genesis of a new nation.

Course details:

Creswick Neighbourhood House

Each session starts at 1.30 pm to 3.30 pm each Tuesday for seven weeks. The remaining sessions are March 28, April 4, 11 and 18.

Each session will consist of 1 hour of videos (thank you SBS) plus 1 hour of discussion. Discussion will be led by John Morris Ph.D. A former university lecture in the subject.

THE DIVERSION FOR MAY



Congratulations to Louise Martin and Susan Greenbank; both of whom used some clever research skills to identify the church at Croick, in Scotland.

The clue: in 1845 people being forced from their land scratched their names on the *outside* of the window shown on this church. The scratched names and messages are still there.

That the names were scratched on the *outside* of the window pane was to me unexpected and dismaying, when I visited the church in 2012.

To win the pleasure of solving a puzzle, the question for April is:

where in the world is?

In addition to giving the location of this 'lighthouse', the real origin of the place name should be given.

There are of course, no fabulous prizes, just a dubious sense of glory

Solution to Phill Grant

grantphillip@hotmail.com



CLASS NOTES

The next Bulletin deadline;
Wednesday 17 May 2017
to Phill Grant, PO Box 2058,
Bakery Hill, 3354 or
grantphillip@hotmail.com

ART – PAINTING *Rob Petrie and Margaret McCarthy*



Group members found artistic delights in Linton's garden.

Recently, our Thursday Art Class was invited by one of our members, Linton Horsfield, to visit his home at Brown Hill to do some painting, sketching, walking around or just sitting to take in the surrounds of his picturesque property. The weather was perfect and our host had provided tables and chairs inside and outside for us to use. This was after we had enjoyed an enormous morning tea. A most enjoyable day for all. The picture shows part of Linton's lovely garden setting.

Recently, U3A Art Group was honoured with a visit from Peter McDonald, one of Ballarat's great artists. He told us of his introduction to art and his

love and passion of watercolour. He brought along many of his beautiful paintings and shared with us his techniques, choice of colours, many hints and suggestions. Peter is a very gentle, humble and inspiring artist. We were all very grateful for his visit, and I am sure we all benefited from it.

BALLARAT HISTORY *Jack Engwerda, Tutor; Ann Boag, Class Rep.*

U3A Ballarat and District History is held every 2nd and 4th Wednesday, 10.30 am - 12.00, at M.A.D.E.

26 April: Dennis Spielvogel: 'History of Bungaree and Grandfather'

10 May: Visit to Trigg's Museum at Bungaree (bus trip)

24 May: 'Beginning of industry. Who, where and why in Ballarat'

14 June: 'How did World War 1 and 2 impact on Ballarat?'

BOOK GROUP TWO *Rhonda Gray, Facilitator, 5341 8461 Helen McDowell, Class Rep*

The Children's Book, by A.S. Byatt, is a novel set in England in the period 1895 to 1919. A book of many pages, layers, characters, relationships, surprises and tragedies, interwoven with a thread of ambition and shrouded in a veil of fantasy. 'Delightful, confusing, challenging and intriguing' were some of the comments proffered by members who enjoyed plumbing the depths of this intricately crafted story.

Our next book is, *The Cuckoo's Calling*, by J.K. Rowling, writing as Robert Galbraith.

FOURTH THURSDAY BOOK GROUP *Jean Laing, Class Rep. 53313394, 0438534818*
jeanlaing@hotmail.com and Ellen Ryan, Class Rep.

Meeting as usual at Eastwood Room 1. It was lovely to see all in attendance at the last meeting. Hoping new members are enjoying being part of the group.

TIME OUT

How does Jack Frost get to work? ...By icicle

What did Jack Frost say to Frosty the Snowman? ...Have an ice day!

What do you get if a vampire crosses the road with Jack Frost? ...Frost bite.

BUSHWALKERS *Laraine Gunning and Lynne Fenton, Class Rep.*

Walks for May.

May 11: Steps back in time in Sebastopol 2

Meet at Yuille Station Park at the eastern end of Vickers Street (on the north side of Vickers Street at the end of the black wire fence of DELWP depot). We will be walking partly along the Yarrowee Trail and partly along various footpaths. There are some gravelly slopes and about 60 steep steps from the river to the plateau. By our ready reckoning system, we estimate the distance will be approximately 8 kms. We will return to Yuille Station Park for lunch at the end of the walk, which ranges from sites of early squatters to Ballarat's richest mines. Various toilet possibilities are available along the way. B.L, Code B

May 25: Moorabool and Lal Lal Falls

An easy 5 km return walk through the grasslands that follow the Lal Lal Creek and East Moorabool River to the Moorabool Falls. It includes a couple of short uphill/downhill sections. The walk will then continue for approximately 2 kms (after a short drive to the Lal Lal Falls picnic area) which provides a better view of the Lal Lal Falls and gorge, and where we will have lunch (toilets also available there). Meet at Llanberris car park at 9.20 am to leave at 9.30 am. Alternatively meet at the entrance to De Sosa Park, Warrenheip Street, Buninyong to depart 9.45 am for Lal Lal. Code A - B, B.L. Car Pool \$5

For walk details and photos from past walks please go to our Blog at:

<http://bushwalkersu3aballarat.blogspot.com.au>

KEY. A – easy, B – undulating, C – hilly, longer, D – strenuous. BL – bring lunch. NOTE. Meeting place is Llanberris Netball Courts car park at 9.20 am to leave at 9.30 am



Many thanks to Robyn Phillips for the photographs

CELTIC MUSIC BAND *Ros Cole, Class Rep.*



Our most recent Gigs were on March 17 at Kelaston Nursing Home, on March 25 at Rosalind Lawson's Gallery during the Golden Plains Artstrail and on March 31 at the U3A Concert when we were joined by Patricia Prendergast, a long time member of the Band. Programs were compiled to suit the occasion. Each time the audience responded with enthusiasm and enjoyed the many opportunities to join with the Band, clapping foot tapping and singing choruses. At present, plans are being made for more tunes to be recorded for our second CD. This project has been enhanced by a successful grant application. During regular sessions we are practising for Gigs at Creswick and Avoca. People in the Band frequently gather together for extra practice of tunes and songs that Corrie introduces and modifies with harmonies etc which feature the many instruments and vocal styles in the Band. It's all so enjoyable.

CHOIR *George Walpole, Tutor*

Wanted: Pianist to accompany the U3A Choristers on Tuesday afternoons.
Please contact George Walpole 0427661699

CLASSIC CINEMA *Shirley Faull, Tutor. 5331 4408*

This month, we'll focus on Joseph Losey. His career as a director had barely begun when the anti-Communist blacklist forced him to leave the US so that he could continue making films.

May 9: *The Boy with Green Hair* (1948, USA, 82 minutes) is a folksy, semi-musical with social and political concerns.

May 30: *The Go-Between* (1971, Britain, 116 minutes) shows how a boy is manipulated while he's the guest of an upper-class family.

Please direct all enquiries to Shirley (5331 4408) during May.

Note that our class is now timetabled in Room 1 at the Eastwood Leisure Centre. Please be seated for a prompt start at 1.30.

TIME OUT

If you had to decide between a diet and a piece of chocolate, would you choose dark, white or milk chocolate?

CLOGGING *Val Kerr, Rina Cocking, Tutors 0409138610*

Our new Cloggers are progressing extremely well and enjoying the small challenges each week.

U3A Cloggers have been to Geoffrey Cutter Residential Care and Talbot Place at the Queen Elizabeth Centre, presenting our routines. Many thanks to those who participate as our presentations are always well received by residents and staff.



CRYPTIC CROSSWORDS *Mary Chappell, Class Rep. 5330 1633*
marry.chappell@bigpond.com

I came across this clue for an Easter Egg Hunt. Can you solve it?
'tri,tri, as hard as you can, the cycle will soon be complete'

The **CYCLING GROUP** *Phill Grant, Convener*

Trips to Cape Clear, to Skipton and back on the rail trail, and a very scenic tour to Buninyong for a cappuccino have been completed in recent weeks. These recent rides have included distance options, based on different starting points, and this has opened the rides to a greater range of members.



DINING OUT GROUP *Anne McKee 0403 079 216 or anneianmckee@ozemail.com.au*

We next meet on Sunday May 21 at the *Farmers Arms* in Creswick at 12.30. Please let Ian or me know whether you can attend by Thursday May 18, so we can let them know the numbers. Also could you please try and remember your name tags. Thanks.

ESSAYS AND IDEAS *Mary Chappell, Class Rep. 5330 1633* *marry.chappell@bigpond.com*

I hope you have had a peaceful, relaxing and enjoyable Easter. We will be back at Eastwood Leisure Centre from 24 April. See you there. Enjoy the following essays over the next month.

Better than fiction

9 May – *Into Unknown Climes* by Nikki Gemmell

23 May – *Nuestro Pueblo* by Tea Obreht

This will conclude use of this book. From June we will discuss essays from *The Best Australian Essays 2016*. Edited by Geordie Williamson.

Personal Essays

9 May - *Tools of Torture* by Phllis Rose

23 May – *Ron Her Son* by Nancy Mairs

FILM MUSICALS *Bob Whitten, Class Coordinator. 53418189*

ibobdown@hotmail.com

Once again we have planned a diverse group of films for term two, ranging from classical to very modern. The films to be shown in the class during term two are as follows:

28 April: *Fantasia*.

12 May: *Gigi*.

26 May: *De-Lovely*.

9 June: *Brassed Off*.

23 June: *Carousel*.

30 June: *Cilla*.

The class is almost full now with room for just one more person. Please get in touch with Bob Whitten (class rep) if you are interested in joining the class, by 'phone or email.

HIKING *Andrew Parker; 0418 562 977. canlodge@gmail.com*

While a relatively short walk of 11.6 km, and without the hairpin curves of stage four, it was quite a demanding walk: medium-hard given some of the terrain. A small group of eleven met at Myrniong before driving along a ridge which afforded spectacular views of farmland stretching to the west, with Mt Buninyong and Mt Warrenheip in the far distance. Folded bush covered hills to the east. We left some cars atop Mt Blackwood before heading to the starting point at O'Brien's Road.



After walking a short distance on the road accompanied by the sounds of raucous white cockatoos and the more subdued yellow crested black ones, we came to a track labelled a Parks Conservation Area. This gave us a leafy and mostly shady walk through bushland with some early blossoming pink and white heath, stands of prickly hakea, young blue gums and a scattering of older trees among mostly regrowth bush.

Our easy pace altered when we reached a very steep descent along the Whiskey Track down to the dry stony bed of the Whiskey Creek, where we stopped for morning tea. We had, of course, to climb back up the other side of the gully to join the Square Bottle Track. This was probably the steepest climbing of our Lerderderg experience so far, and quite arduous. Fortunately Andrew called a few rest stops. The curious names of the tracks perhaps give an insight into the pursuits or preoccupations of past travellers....



The last part of our walk included a small section of bitumen through mature and young manna gums on the roadside before the

final ascent up the gravel road to the top of Mt Blackwood and a welcome lunch under a shady tree or two. Thanks again Andrew, especially for telling us that the walk was around fifteen km and then surprising us when it wasn't!

The final stage of the Lerderderg Track was completed on 20 May. Many thanks to Andrew for his organisation and leadership, and many thanks also to Ingrid for providing the excellent celebratory lunch that marked the group's completion of the Lerderderg Track.

If anyone is interested in joining the group, you can enrol through *MyU3A* or contact Andrew Parker on 0418 562977 or email u3aballarathikers@gmail.com

Our website has lots more information: <http://canadianlodge.wixsite.com/u3a-ballarat-hiking>

LANGUAGES

DUTCH *Ingrid Parker, Tutor, 0417014610. Andrew Parker, Class Rep., 0418562977*

Dutch language classes commenced at U3A Ballarat late in the third term 2016. At that first session we had a total of five people, including the tutor Ingrid Parker. Since then we have grown steadily to where we now have a classroom of fifteen.

Some recent comments from members include:

Ours is a happy class of friendly people. Under Ingrid's leadership, lessons are varied and interesting, and we are growing in competence and confidence. (Elwyn)

A long time coming - Dutch language lessons - thanks to Ingrid for putting up her hand and taking this class. There are lots of people in Ballarat with various Dutch connections and this is the first chance that I have had to share in lessons in this language. The class is engaging, social and supportive. As students we vary in ability and as a relative beginner I have felt comfortable "having a go". The class is a way for me to be disciplined in my learning and I hope that on my next visit to the Netherlands and my Dutch relatives-in-law I will be able to hold my own in general conversations, with a little patience from them (or maybe still a lot of patience!). (Jan)

I don't mind having a go and making mistakes because everyone is very accepting and encouraging and Ingrid knows the language so well. (Iris)

I've very much enjoyed my first term of Dutch classes. It has been a terrific way to connect with others with an interest in the Dutch language or those of a similar background. It has given me the opportunity to use and expand my knowledge of the Dutch language. As a teacher, Ingrid brings her sound knowledge of Dutch to the class and varies what we do each week, making sure that things are kept relevant and interesting. All students are encouraged to have a go at the various language activities presented in our textbook in a supportive atmosphere. (Pat)

Dutch classes are held at Eastwood Leisure Centre, Wednesday's 9 am to 10:30 am. For more information contact Ingrid Parker, Tutor or Andrew Parker, Class Rep.



FRENCH B *Yfke van Riel, Class Rep*

Notre monsieur le professeur sera en vacance en France jusqu'au 19ieme Juin. Nous sommes tous très jaloux de Ron. Meanwhile the class will have a break until Ron returns. Therefore, the next class will be on June 19.

FRENCH C *Jan Leishman, Class Rep 0427 531 333*

FRENCH E *Peter Jones, Class Rep., 5339 6170 Email tljones80@bigpond.co*

FRENCH F *Heather Wood, Class Rep*

FRENCH G *Mary Allison, Class Rep.*



FRENCH ELEMENTARY PLUS *Margaret Gardner, Tutor, 0419 879 421*

marlyngar04@gmail.com

This class is on Mondays at: Ballarat North Neighbourhood House,
6 Crompton Street, North Ballarat

FRENCH NOVELLAS in FRENCH *Arthur Lipscombe, Tutor. arthur.lipscombe@gmail.com*

If you are interested in this class, you should be confident of reading French stories in French that are not too long nor too difficult, with the help of vocabulary notes provided and a dictionary. Classes are held in English; reading is done at home, a few hours each week. You can join our class when we start our next book, but first contact Arthur Lipscombe.

GERMAN A *Terry Baker, Class Rep.*

After the completion of a series of stories in which the text could be simultaneously read and heard, we now embark upon a novel in German. *Am kürzeren Ende der Sonnenallee*, by Thomas Brussig, tells the story of a family living just beyond the wall in East Berlin.

Class members who have just joined the class will be continuing with language associated with shopping and visiting department stores (leading to separable verbs).

GERMAN B *Ken Gittens, Class Rep*

This class has been 'coming and going' (kommen und gehen) and will continue their travels in and around Düsseldorf – and rely on their language to get accommodation, eat, drink and be merry.

LATIN *Anne McKee, Tutor, 0403 079 216*

LATIN 5 *John Poliness, Tutor*

LATIN 5 and 6 *Janice Cook, Class rep.*

LITERATURE *Robyn McKnight, Class Rep*

Our class will be reading *Burial Rites* by Hannah Kent with tutor Helen Carrucan.

MUSIC APPRECIATION *Janice Cook, Class Rep. 5331 8898*

What an interesting last session in April presented by Chris Baulch, on Musical Theatre up until the 1930's. Already we are anticipating the next program on this theme.

On 5 May, Dorothy Douglas will present a program called 'All Things Bright and Beautiful' and then Janice Cook will have a program 'Getting up to Date' on 2 June.

MYTHS AND MYTHMAKING *Marion Dick, Class Rep. 5332 4831 or mobile 0429 691 470*

We can look forward to more good stories, plays and interesting discussions on **8 and 22 May**.

POETRY *Jean Laing, Class Rep, 53313394, 0438534818, jeanlaing@hotmail.com. Alice Mills, Tutor*

The next meeting is on 1 May due to the Easter holidays. We are looking at Robert Graves, and Alice also has one of her usual surprises in store for us.

Looking forward to seeing you.

SCRABBLE *Leslie Norwood,*

Second and fourth Wednesdays in Room 1, Eastwood Leisure Centre, at 1.30 pm (please be on-time as it is sometimes very inconvenient to re-start a game for a late-comer)

SILVER JEWELLERY MAKING *Terry Dixon, Class Rep. (am)*
Anne King, 5341 8002, Class Rep. (pm)

SIT AND STITCH *Margaret Copping, Class Rep., 04 0902 1949*

Classes are held 2nd and 4th Thursdays, 9.30 to 3.00 at Ballarat North Community Centre.

WALKERS AND COFFEE *Chris Cullen, Walk Leader. Information; John Elischer, 0421341288*

Walks are on 1st and 4th Wednesdays of the month. Walks start 10 am sharp from the nominated meeting place.

May 3: Sebastopol Bowling Club. 213 Albert St Sebastopol.

May 24: Midvale Shopping Centre, Coffee Shop. Mt Clear.

WEAVE YOU OWN STARS *Jean Laing, Class Rep., 53313394, 0438534818,*
jeanlaing@hotmail.com
Lidia Aitken, Tutor

We are getting close to the finishing line before we send the stars to Brisbane in readiness for the Commonwealth Games in 2018. Third Thursday of the month, but Lidia would also like help on the 1st Thursday if you are available.

WINETASTING *Andrew Parker, Class Rep.*

The course is led by winemaker Steve Goodwin. He started his career making gin at Gordon's in the UK. In Australia, he has worked for iconic wineries, such as Seppelt Great Western and Baileys of Glenrowan. He is unsurpassed for both experience and skill as a winemaker. When he was in charge at Witchmount Estate Winery in Plumpton he put that winery on the map when it took out the 2008 Syrah Du Monde wine competition held in France. The Witchmount 2004 Estate Shiraz

was named the top Shiraz in the world.

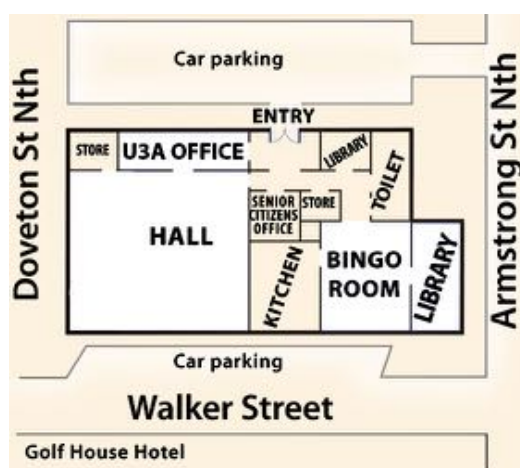
'Who would have thought Chemistry would be so enjoyable? Learn about yeasts, fermentation and systems from a (world) champion winemaker, all framed around the joy of tasting four wines a week. The class naturally encourages laughter and conversation. Ask the winemaker about grapes, terroir and vintages, but don't mention blackberry wine. Our wine is derived from grapes. Plumb the complexities of Chardonnay and savour the elegance of Reisling. Enjoy that moment of doubt as the first masked bottle is tasted... is it Grange or is it Chateau Cardboard? Is it Malbec or Merlot? What to say? It doesn't really matter since we are all learning and encourage each other to take risks with our judgements, enjoying the more outlandish assessments and in awe of the occasional correct assessment.

Oh, and the jokes are clever and spontaneous, making sessions very entertaining. I learnt that Limoux produced the world's first sparkling wine in 1531... and there are cows there as well. A class that demonstrates how adults learn, through a great balance of content and conviviality. Highly recommended.' Clem Barnett

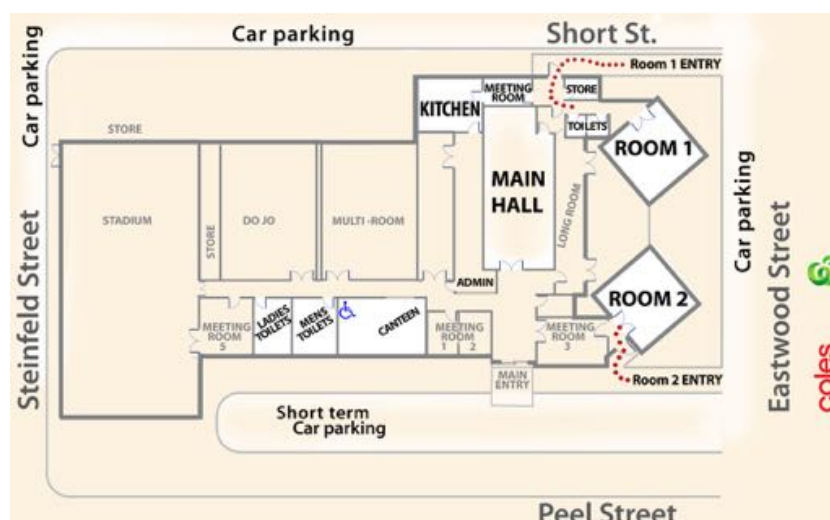
If Steve runs this course again in 2018, be sure to get in early...

Cheers, Andrew Parker

Ballarat North Community Centre Plan



Eastwood Leisure Centre Plan



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