

You are invited to join with the
Ballarat U3A Recorder Ensemble
in a concert of

Music to Delight!

On Wednesday June 22
at 2.00 pm
in the Function Room at GPlace
English St., Golden Point



To be followed by afternoon tea.



BALLARAT

UNIVERSITY OF THE THIRD AGE

the BULLETIN

JUNE 2016

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VACANT ☎

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CLASSROOMS & OFFICE

GPLACE, 102 ENGLISH ST, BALLARAT,
VIC 3350

BALLARAT NORTH CAMPUS, BNCC
702 WALKER ST, BALLARAT NTH.

OFFICE HOURS –

1ST WED 10.30 - 11.30 - BNCC

4TH WED 1.00 - 2.00 - GPLACE

Public Officer: Ros McArthur 11 Hamlet St,
Wendouree 3350 Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the 3rd Wednesday
9.30 am; Feb to Nov. BNCC

DIARY DATES 2016

Wed June 1	New members' morning tea and tour, Bingo Room, Ballarat North Community Centre, 10.30 - 11.30 am, Office open at North 10.30 – 11.30 am
Tue June 7	Celtic Band at St. John's Anglican Ladies' Fellowship
Wed June 15	U3A Committee Meeting. Ballarat North CC 9.30 am – 12.00 pm
Wed June 15	Deadline for June Bulletin articles (to Phill Grant – and indeed before the ABC TV's comedy shows begin - grantphillip@hotmail.com)
Wed June 22	Recorder concert, GPlace Function Room, 2 pm
Fri June 24	School Holidays commence – will your classes be 'on'?
Sat June 25	Celtic Band at Rosalind Lawson's Art Exhibition Opening in Camp St., Ballarat
Wed July 6	New members' morning tea and tour, Bingo Room, Ballarat North Community Centre. 10.30 - 11.30 am.

Quick Reference - what's in this Bulletin?

- * Have you seen the new webpage? www.u3aballarat.org.au
- * What is a Poem?, page 3
- * Membership, page 5
- * What has happened to News and Views? page 5
- * Volunteers, page 5
- * What's on the Web? page 6
- * New Classes, page 7
- * Class Vacancies, page 9
- * U3A Chamber Music Group – are you interested? page 9
- * Twilight Talks Program, and The *Memory Atlas*, page 11
- * City of Ballarat 'Senior of the Year Award', page 18

U3A Ballarat Musical Performances

Tues 7 June - **Celtic Band**; St John's Anglican Ladies' Fellowship.

Wed June 22 – **Recorder Concert**: GPlace Function Room

Sat 25 June – **Celtic Band**; Rosalind Lawson's Art Exhibition, opening in Camp Street Ballarat.

Phill Grant (grantphillip@hotmail.com)

PRESIDENT'S REPORT

Renovations at Ballarat North

Structural steel is up where the old stage used to be, bricks for the west wall are in, stumps to support the floor are in the ground and the roof timbers are in place - so progress has been quick over this last few days of May. The contractor assures the City of Ballarat all work will be completed by the sign-off date of 30 June. What this means to us is that the classes can commence again in the hall in early July. Tutors and reps will be kept in the loop when they can start classes in the hall – so please read your emails and look at the webpage.

Grant Received for Program Support

Thanks to the hard work and wordsmith skills of John Olsen, our branch received close to what we asked for from U3A Network for equipment, new programs/classes, upgrading our digital platforms for the new U3A office at BNCC, and providing support for new enrolment and membership procedures for 2016/2017. Your committee is efficiently making plans for next year – implementing our membership in *MyU3A* and making online enrolment and payment possible from late October (after the AGM). This grant will compliment much appreciated support received from the City of Ballarat during rectification work at BNCC.

Busy times for your Committee

This year we've initiated many new and promising classes, enrolled a record 200 new members, and endured a lot of changes in a short time – both at GPlace and Ballarat North Community Centre. But sometimes change means we lose some program that was valued by the membership – for example; *News and Views*. U3A Ballarat has talent and we will be adding several social functions – including a concert from our Recorder Ensemble, Christmas in July with our Choristers, Celtic Band and Ukulele performances, events to showcase our dance groups, and displays by our artists, woodworkers, and jewellery crafts people. Let's celebrate these new initiatives and support them with your attendance! Your ideas for new functions are always very welcome – just tell a committee member.

Winter is Coming

With June almost upon us, some lucky people head off for warmer environs - even Europe! Please let your tutor/rep know if you are going to be away. This may open up vacancies in classes that your class rep might fill – and start a new member (who has been on a waiting list) on their U3A path to learning by doing. It also is the time for colds and flu – so please consider your classmates and apologize from class attendance if you are not well.

Keep up the Good Work

Classrooms are looking better since we initiated some cleanup time on Fridays and Mondays at GPlace Rooms 1 and 2 and the Tea Room. A new vacuum cleaner in Room 1 has been warmly received – so keep the tidy-up ethic going and try to leave each place in better condition when you depart.

Blake Gordon, President

INTERNATIONAL U3A NEWSLETTER

U3A SIGNPOST can be found online at:

<http://worldu3a.us6.list-manage2.com/track/click?u=4591b7dedb80e8dc4ca93c1af&id=df90a16210&e=a1f77c0935>

What is a Poem?

Robert Sidler

What is a poem?
A bunch of words
trying to form
metre and rhythm.

A story, a glimpse
from something to think.
To stop and wonder
of scenarios
and words.

Shapes and sizes.
Dimensions created
which relate to you.
The illusion, delusion
fact or fiction.
History or mystery
of metaphorical truths
upon the poets words.

Or simple nothings
a waste of time.
Which mean nothing at all
as the wind in fall
the snow in winter.

A lovers touch
a knight's sword.
The apple and the snake
upon a will
against a heart.

Outside of thoughts,
inside a mind.
A poet hopes
his words will stand
the tests of time.

Then only then
may this be called
a poem.

Robert Sidler is a class member in the Poetry class. He composed the poem in response to our tutor, Alice Mills, asking, 'What is a poem?'

Millicent Reed, Class Rep

MEMBERSHIP

Planning for the implementation of the *MyU3A Management System* - announced last month - is well advanced. Our office at North will soon be open on a regular weekly basis and we are now training volunteers to assist those who have no internet access. Alternatively, you will be able to make enquiries by phone. The *MyU3A Management System* will go live in July, although at this stage there is little you can do except look at your own details.

Initially, once the volunteer office staff have been trained, Tutors and Class Reps will then be trained to use the Tutor Portal which will give them great flexibility in organizing their class.

We will keep you closely informed by mail or email, as appropriate, and you will also receive information about your own personal password and details about how to access your information. By the end of October, you will be able to organize your membership renewals and class bookings on-line.

Membership is steadily increasing each month so this new system is necessary to spread the workload among more volunteers. As we will be opening the office more often, we are calling for volunteers to assist on a rostered basis - see notices elsewhere in the Bulletin.

Many new members have expressed their appreciation of our New Members' Morning Teas. If you are a relatively new member and have not been to one of these, we welcome you at North on the first Wednesday of the month between 10.30 and 12.00. You will receive a warm welcome, hot coffee or tea and extras! And a chance to make new friends.

Please note the information regarding the access to the Bulletin via the website. We have tried to make it easier to access the Members Only area. The format of the Bulletin is the same as when I used to send it out in the email, so you should not have trouble downloading it. But if you do, you might need to update *Adobe Acrobat* software. Mary has therefore placed a link to *Adobe Acrobat* which can be freely downloaded. If you would like help please contact me.

Nina Netherway, Membership Secretary: 5334 4836, ninan06@bigpond.com

----- What has happened to 'NEWS AND VIEWS'?

News and Views is changing. Rather than being a monthly occasion and following the same format each month, it has been decided to plan irregular meetings with a special emphasis for each meeting. The decision was made by the Committee after discussions that have been occurring over the last twelve months or so. While the discussions focused on ways of enhancing the *News and Views* format, the decision was also hastened by an inability to recruit a coordinator for the monthly meetings.

The new meetings will still be open to all U3A Ballarat members and will provide an opportunity to 'chat over a cuppa'. It is hoped that a variety of activities, performances and events, as well as speakers, will appeal to a wider audience in the U3A Ballarat community. The emphasis for the next meeting, on June 22, will be on enjoying the music of the Recorder Ensemble, while that for the July 28 meeting will involve enjoying the music of other U3A Ballarat music makers in the context of a 'Christmas in July'.

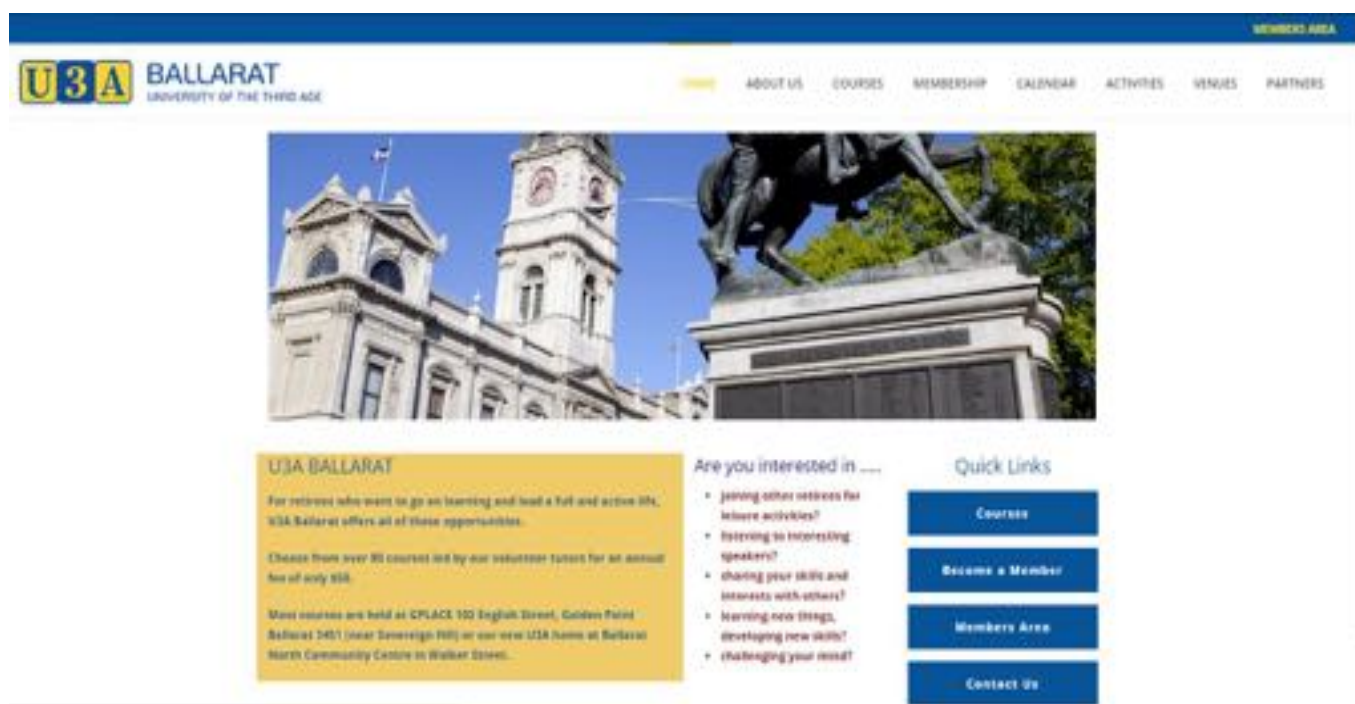
VOLUNTEERS

One of the strengths of U3A is that it is totally voluntary. U3A Ballarat is very fortunate to have so many people who are prepared to be tutors, class representatives, participants and committee members. Indeed, it is apparent that U3A Ballarat is fortunate in having 'high calibre' volunteers. Naturally enough, more volunteers are always welcome, indeed, for 'large or small' positions. Please contact *Anne Ottrey, 0422 963 985 or ottrey@ncable.net.au*

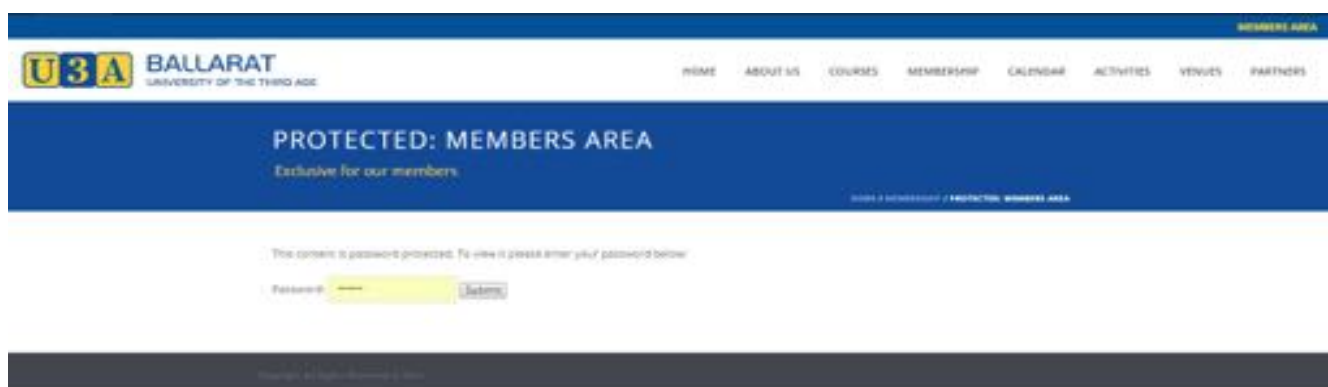
WHAT'S ON THE WEB?

GETTING TO KNOW OUR WEBSITE

www.u3aballarat.org.au



You will notice on the front page of our website above that there is a new blue button – the 3rd one down – and it says **Members Area**. You can use it or the one in the right hand corner of the page to go to the Member Login page, which looks like this:



You now need to type in the password **Balrt16** and you will then be on the member's page:



If you click on the **blue** button you should be able to download your bulletin. If you have trouble downloading it, you may need to install *Adobe Reader*. The **purple** button will link you to the *Adobe Reader* download.

Mary Maloney; Web Manager. moomoo@southernphone.com.au

CLASS COORDINATOR'S NOTES

NEW CLASSES

Planning for Semester Two, which begins on Monday 11 July is well under way. There are several new subjects on offer, some of which have been advertised in previous Bulletins. Please contact the relevant tutor if you are interested in joining one of these classes. There are three new classes on offer. The three new classes are:

Positive Practices, Positive People

This ten-week course, with a class limit of eight participants, explores research around the practice of various virtues beginning with gratitude. Utilizing resources from The Greater Good Science Centre, Berkeley <http://greatergood.berkeley.edu/expandinggratitude> (and others), we'll undertake specific practices, and discuss their effects on our day-to-day lives. Participants will have opportunities to contribute to course structure, and experience a positive energy to support their practices.

Thursdays: Weekly, 1.00 – 3.00 pm, G Place – Room 2

If you are interested in this class please contact Madonna Quigley 0421 043 072
madonna.quigley@gmail.com

Exploring Spirituality

'Exploring Spirituality (non-religious): A Discussion Group'. The group will look at different sources of spiritual information that are becoming more mainstream. I would like to place a limit of ten people, so that discussion and sharing of ideas will be reasonably manageable.
2nd and 4th Wednesday of each month, 10.45 am – 12.15 pm, G Place, Room 2

Please contact Marilyn Rister 5368 1543 or groverdog77@yahoo.com

Tasting and Talking Wine

This would be less structured than the course I have just finished. It would be continuous and not a short course. I would choose topics for the first few weeks and then we could move to topics chosen by the participants. Blind tastings would include wines brought by the participants.

Tuesdays: Weekly, 10.45 am – 12.15 pm, G Place, Room 1

Contact Steve Goodwin goodwins@netconnect.com.au

New Classes that have been previously advertised

There are some new classes that are already listed in the class information booklet and they are on the timetable. All of these classes have vacancies. The contact details are listed in the class information booklet and on the timetable which can be found in the members' area of the website.

Cooking when you are not sure how has three vacancies. Contact Gail Desnoy
windydolphin@gmail.com

The Sublime has vacancies. Contact Kate Simons 0478802505

Dutch is still looking for more participants but it will not start now until September. Please email Denise Grant if you are interested in joining this class.

Chamber Orchestra. If you play an instrument and would like to join this group, please contact Barry Robbins 0423840988 or
barry@bajelu.com.au

Two subjects that originally had been going to stop at the end of Semester One are now continuing on.

Scottish Dancing, and History and Spread of the English Language

Music, Music, Music will stop at the end of May.

REMINDER: ALL CLASSES WHICH WERE TIMETABLED IN THE HALL AT BALLARAT NORTH COMMUNITY CENTRE AT THE START OF THE YEAR WILL RETURN FROM THEIR VARIOUS TEMPORARY VENUES TO THE HALL FROM THE WEEK BEGINNING 11 JULY.

These subjects are:

Ballroom dancing

Choristers of U3A

Celtic Band

Dancercise, both classes

Mahjong will return to the library at Ballarat North Community Centre

Meditation

Painting Group

RAPT in singing will return to the Bingo room

Clogging will change from the Function Room at G Place to the Hall at Ballarat North Community Centre

TIME OUT With thanks to Blake... *Advice from a Bicycle*

Stay on track Lean into life's curves

Stay balanced

Know when to put the brakes on

Coast when you need to

Don't let the tough spots derail you

Get in gear!

CLASS VACANCIES: at 20 May 2016 for Term 2.

CLASS	
Ballarat History	yes
Canasta	yes
Chamber Orchestra	contact Barry Robbins
Community Gardening	yes
Cooking when not sure how – Term 3	yes
Current Affairs	yes
Cycle Touring Group	yes
Dining Out Group	yes
Dutch	yes
Exploring Spirituality	yes
Film Musicals	yes
History (Australian) through Film and Fiction	yes
History of the Spread of the English Language	yes
Introduction to Ipads (Short Course)	yes, for Term 3
Latin 1 Beginners	yes
Latin 2	yes
Latin 3 and 4	yes
Latin 5 and 6	yes
Nordic Walking	yes
Poetry	yes
Positive Practices, Positive People	yes
Preserve your Memories	yes
RAPT in Singing	yes
Recorder Ensemble	yes, if you can play
Roman History	yes
Scottish Dancing	yes
Scrabble	yes
Sit and Stitch	yes
Taste and Talk Wine	yes
(The) Sublime (Short Course) 2 nd Semester	yes
The Fall of the Roman Republic	yes
The Stuarts	yes
Weave your own Stars	yes

If the class is not on this list, it has no vacancies, but you may be able go onto a waiting list. The classes listed at left still have vacancies so ring the Class Rep to enrol. If there is no Class Rep ring the tutor.

**U3A Chamber Music Group
Call for Expressions of Interest**

Contact Barry Robbins barry@bajelu.com.au or 0423840988 if you are interested in joining the proposed **U3A Chamber Music Group**. The group is open to orchestral instrument players (preferably strings and woodwind) who can read music and have a reasonable degree of competence on their instrument (e.g. AMEB grades 3 - 5). Barry would also like to hear from anyone with the skills and interest to lead the group. The group will commence in Term 3 if there is sufficient interest.

Contact Barry Robbins by email barry@bajelu.com.au or phone 0423840988 if you would be interested in joining this group.

*Denise Grant –Class coordinator
email DeniseU3A@hotmail.com*

U3A cyclists in the Grampians



ODDS AND SODS FROM THE COMMITTEE AND OTHERS

- * Did you know that GPlace has new keys?
- * Denise would love to hear from anyone interested in taking or facilitating classes in Semester 2.
- * Christmas is so great that we will be organizing a Musical Christmas in July. Cool, eh? (And, everyone knows that Christmas lights look really fantastic when eyeglasses are removed and one or two mulled wines are enjoyed.) This could be a reason not to travel to Queensland this year.
- * Nina is always pleased when members wear their badges, with the completed medical contact details, to class.
- * Ros McArthur hasn't received any letters of complaint about the kitchen at GPlace being kept spic and span. However, Anne has. So, there is now a roster. U3A is 'on' on Mondays and Fridays.
- * Did you know that enrolment numbers continue to 'trend'?
- * Did you know that the new U3A Ballarat website has also 'trended'? (Cool, eh?!) The web address is on the second page of this Bulletin. Mary has posted instructions on how to download the Bulletin from the website.
- * Did you know that U3A Ballarat has made a big contribution to 'Stars against Violence'? Have you seen the 4000 stars in Buninyong and those at Stocklands?
- * Did you know the 2016 Census is coming? Did you know you could get a job?
Visit census.abs.gov.au

THE DIVERSION FOR JUNE



Congratulations to Andrew Parker, Nina Netherway, Blake Gordon, Meredith Harvey, Ann Reynolds and Jenny Barton for correctly naming the Queen Victoria Rotunda in the Buninyong Botanic Gardens. The rotunda was opened on November 13, 1901 (thank you Meredith for the information). It seems many have 'lunched' there recently.

Similar fabulous prizes (in other words, the pleasure of solving a puzzle) are offered to those who can answer JUNE'S diversion; **where in the world is?**



Answers to Phill Grant: grantphillip@hotmail.com

Twilight Talks Program: Mid-Year Series
Mechanics Institute, 5.00 pm (drinks) for 5.30 pm

- 3 June Dr Jessie Harman, Director of Partnerships and Commercial Engagements at Federation University, will speak about how Australian universities are changing especially in relation to International students. Jessie, a former Rotary District Governor, has wide experience in the world of marketing
- 10 June Phil Roberts author and Haymes family members will discuss the first 80 years of 'Haymes Paint'. Phil, author of 16 local history books, has written *Paint Running Through the Veins* that is to be launched in May this year. A panel of Haymes family members will answer questions about their company.
- 17 June Ross McMullin, author of the award-winning *Pompey Elliott*, will talk about 'Australia's worst 24 hours: The Battle of Fromelles' shortly before the disaster's centenary. Pompey, who was dux of Ballarat College, commanded a brigade that was shattered at Fromelles. Ross's most recent book *Farewell Dear People* was awarded the Prime Minister's Prize for Australian History.
- 24 June Bill Tyrer, a Cabin Steward of the Cunard luxury liners of a bygone era, has written a book *Merseyside to Manhattan*. Bill will provide his talk about his experiences in looking after famous people such as Rita Hayworth, Richard Burton, Liberace, the Aga Kahn and Winston Churchill. This talk will concentrate on the 1940's and 50's.
- Phil Roberts (Twilight Talks Coordinator)*

The Memory Atlas

(Editor's Note: The following is an edited version of a letter sent by Mike Trembath (0402 359 730). The invitations to a series of seminars, in May, about 'how to interview and get stories' have been removed – the letter arrived too late to be included in an earlier Bulletin.)

The *Memory Atlas* is a project that aims to capture the living memory of the Ballarat area and to connect these memories with the buildings of our city. We at the *Memory Atlas* think this is important because:

- There are so many extraordinary people in Ballarat and surrounding areas whose achievements deserve to be documented and their stories told.
- These stories are a priceless legacy to leave to future generations. Everybody's life story will be an invaluable document in a 100 years time.
- There has never been a time in history where simple technology can be used to create accurate and genuine records of peoples stories so quickly and easily.

We are therefore asking you, or your organisation, to consider if there is any story, either historical or personal, that you think should be told and recorded. We believe every community organisation in Ballarat has many people whose contributions or achievements should be recorded. These stories are important for a multitude of reasons. They create greater awareness of what people have done in the community, serve as inspiration for the people who will come after them, and leave personal history of how organisations came into being. We want to record as many stories as we can that are a part of the living history of our city. The fact is when a person passes, their stories pass with them and this is a loss to us all. The *Memory Atlas* wants to create a local culture where we can celebrate our stories. There is no need to have climbed mountains or sailed across seas. We want to capture all the stories because we believe that you can never tell what is fascinating to someone else.

The *Memory Atlas* existing interviews are being hosted at:

http://www.hulballarat.org.au/cb_pages/memory_atlas.php

Facebook page- <https://www.facebook.com/TheMemoryAtlas/?fref=ts>

Facebook invite- <https://www.facebook.com/events/875308029261829/>

Courier Article- <http://www.thecourier.com.au/story/3864677/smartphone-workshops-for-history/>

CLASS NOTES

The next Bulletin deadline;
Wednesday 15 June 2016
to Phill Grant, PO Box 2058,
Bakery Hill, 3354 or
grantphillip@hotmail.com

ART

2000 YEARS OF CHRISTIAN ART

2000 Years of Christian Art is held on the 3rd Wednesday of each month, at 2.00 pm, in Room 2, GPlace.

The Child Jesus in Art and Legend.

In our programmes before and after Christmas we took a close look at the legends concerning the Virgin Mary, her antecedents, her education in the Temple and her marriage to Joseph the builder, as well as the miraculous conception and nativity of her son Jesus. In Session 11 we examine what folklore tells us about Jesus during his childhood years. We are told about his fraught and rather alarming relationships with other children, and of how he used (and at times seemed to misuse) his miraculous powers. We learn lost details concerning the 'Wise Men', their origins and their journey to Bethlehem as well as their escape from the wicked King Herod. (Where are their remains buried? Well, we are told that as well.) All sorts of fascinating and miraculous details about the 'Flight into Egypt' are in the traditions too. And we are told more about that attendance at the Temple for the Bar Mitzvah at the age of 12. Loads of intriguing old paintings you simply have never seen or heard of. All this and more in Session 11. Au Revoir, Ron.

Ron Hedgcock, Tutor.

ART - PAINTING and DRAWING

This class will re-commence on **Thursday July 14**, 10.am at 2 Clarkson Street, Sebastopol. There is a long waiting list for this activity, so if you are still interested, in June, contact Ian McKee, Class Representative, for the Art Group, or Barbara Preston, Tutor, to secure a spot, as there is a limit of six people. A requirement list is available.

Barbara Preston, Tutor

AUSTRALIAN HISTORY

The Australian History Group meets on the 2nd and 4th Tuesdays of each month, 1.00 – 3.00 pm at GPlace Room 1.

Joan Macmillan, Class Rep.

Nina Netherway and Zelda Martin, Tutors

BALLARAT HISTORY

Our speakers for the month are Dr. Fred Carr, on Wednesday 8 June and then Phil Roberts and Lorraine Harvey on Wednesday 22 June.

Remember the class meets at 10.30 in the lecture theatre at M.A.D.E. where the coffee shop offers a wide variety of choice. Any queries please contact Margaret, especially if you will be an apology for a class.

Margaret Eedle, Class Rep.

telephone 5339 4465 or

email margaret@eedle.com)

BALLROOM DANCING

This class meets on Mondays, 1.30 – 3.30 pm, in the Function Room at GPlace.

Lorraine Amour Chambers, Class Rep.

BUSHWALKERS

Walks for June

June 9: Meredith. A walk around the bounds of Meredith township, including the Police Paddock which is a grassy woodland on the Victorian Volcanic Plain. Mostly flat with a couple of short steep pinches. Distance 6 km. B.L. Code A, Car Pool \$8 Led by Ann Gooding.

June 23: Walk through the Wombat Forest is approximately 12.5 km with medium grades through mainly undulating country. Part of the walk is along the Great Dividing Trail with a lunch stop at Wombat Station. B.L. Code B, Car Pool \$8 Led by Helen Slater

June 30: Mini Rogaine.

The area for the mini Rogaine is Dolly Creek Bush (Forest Road), which is part of Lal Lal

State Forest (link elbow) near Elaine and Morrisons. We have thirty Borhoney Ghurk orienteering maps and Dale will provide compasses. The distance to the area is 38 km and travel time from GPlace is thirty five minutes. Bring lunch. Make up teams of two or more with at least one person who is confident to navigate. The goal is to navigate to as many check points as you can in the allotted time, which will be decided on the day (2-3 hours?). Car Pool \$8 plus \$1 to \$2 each to pay for your map. Organisers , Dale Gordon, Helen Slater, Heather Bice and Corrie Hart. Our last Mini Rogaine was a great success !! Below is an explanation from *Wikipedia*.

‘Rogaining is a sport of long distance cross-country [navigation](#), involving both route planning and navigation between checkpoints using a variety of map types. In a rogaine, teams of 2 – 5 people choose which checkpoints to visit within a time limit with the intent of maximizing their score. Teamwork, endurance, competition and an appreciation for the natural environment are features of the sport. Championship rogaines are 24 hours long, but rogaines can be as short as three hours.’

For walk details and photos from past walks please go to our Blog at:
<http://bushwalkersu3aballarat.blogspot.com.au>

KEY. A – easy, B – undulating, C – hilly, longer, D – strenuous. BL – bring lunch. NOTE. Meeting place is GPlace at 9.20 am to leave at 9.30 am

Laraine Gunning, Class Rep.

CANASTA

This class is on Fridays, 1.30 – 3.30 pm at GPlace, Room 2. On the first Friday of each month our group will meet for lunch at 12.00. We have room for a few more players.

Ros McArthur, Tutor 5332 5714

CELTIC MUSIC BAND

On April 11, the Band played for an evening performance at Rosebank Retirement Village, in Sebastopol. With encouragement from Corrie, the audience played along with many of the tunes – singing, clapping, playing percussion instruments and foot tapping.

The following week, we travelled to the John

Curtin Nursing Home to perform with Patricia, who plays glockenspiel in the Band. It was a wonderful time having Patricia join us – playing glockenspiel, singing along with the choruses in songs, and occasionally directing the audience participation. The glockenspiel was featured in one particular tune and sounded fantastic. A return performance is planned with the band sharing the Gig with the Choir, which Patricia conducts. A performance not to be missed!

Meanwhile the Band is rehearsing for Gigs at Helmsley Park Retirement Village, the St. John’s Anglican Ladies’ Group and Rosalind Lawson’s Art Exhibition at the *Lost Ones Gallery*, Camp Street.

Corrie will compile programs which include ‘old favourites’ as well as new tunes which we are working on.

It is all so good.

Ros Cole, Class Rep.

CHOIR

As usual there is not much happening in our world of singing and as we missed the *Eurovision* spectacular George will have to set us another task.

To those who wish to hear us perform under our new Maestro, we will be singing on Thursday 28 July during Xmas in July. We may need some more tenors as we have lost two, one for health reasons and the other had a better offer. The basses are as usual going from strength to strength and their sound is terrific. The women are not to be outdone though.

Liz Bailey, Class Rep.

CLASSIC CINEMA

May 31: *Who's Afraid of Virginia Woolf* (USA, 1966, Dir: Mike Nichols, 129 mins) provides an opportunity for Elizabeth Taylor to display her acting skills in a most challenging role. (Note that this is no longer a Film Only session.)

June 14: Unusually, Jacques Tati was the creative force behind a string of unique 'mime' films - acting, writing and directing. There are many amusing moments to enjoy in *M. Hulot's Holiday* (1953, France, 94 mins).

Please be seated ready for a 1.30 pm start

Shirley Faull, Tutor
Marion Dick, Class Rep.,
5332 4831, or mobile: 0429 691 470

CLOGGING

A happy and enthusiastic group of learners has been dancing each Friday morning (10.30 - 12.00, Function Room, GPlace.)

Gail Henderson, Neil Reither; Class Reps.
Val Kerr, Rina Cocking, Tutors

COMMUNITY GARDENING

Our harvest lunch last month was attended by sixteen gardeners from U3A and BRMC. These lunches are a very pleasant way of getting to know the BRMC volunteers better, and enjoying the company of the U3A gardeners over a shared meal. Our next session on Thursday 2 June will consist of more weeding, raking, tidying and bed preparation as we wait for the winter seedlings to appear and grow.

Anne Ottrey, 0422 963 985 or
ottrey@ncable.net.au

CRYPTIC CROSSWORDS

The clue given in last bulletin was **Roost in super cherry tree (5).**

Answer **Perch** This was a run-on of letters which indicates how easily it is to camouflage clues.

Mary Chappell, Class Rep. 5330 1633

CULTURAL CAPITAL

Our series of three day-long trips to explore lesser-known and unusual museums, galleries and other places of cultural interest in Melbourne will continue on June 2 and July 7.
Denise Wilson, Class Rep., 5341 3416
treden@vic.chariot.net.au

The CYCLING GROUP

Somebody has been looking after this group. All rides have been held in perfect weather conditions.

The three days of the Hall's Gap trip, the first of the 'credit card touring' trips, were enjoyed with good company, great scenery and good weather. The recent trip to Lal Lal Falls also included some exploration of the Lal Lal – Bungal historic area. (Below: the happy crowd at Silverband Falls)



Phill Grant, Convener

DANCERCISE

The Dancercise classes for both Mondays and Wednesdays now have no vacancies.
Lorraine Amour Chambers, Class Rep.

ESSAYS AND IDEAS

The essays to be read for June are as follows:-

June 13: From Better than Fiction
A visit to San Quentin

and from Personal Essays *Tangier*

June 27: From Better than Fiction
On my Way

and Personal Essays *Stranger in the Village.*

Mary Chappell, Class Rep. 5330 1633

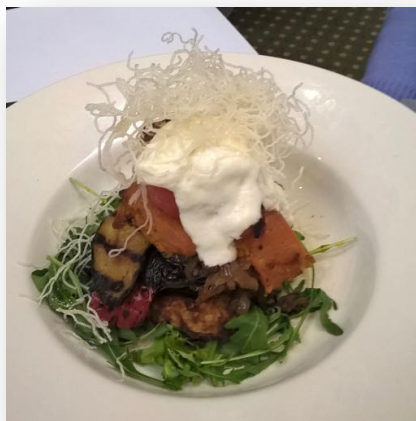
The HISTORY and the SPREAD of the ENGLISH LANGUAGE

The next topic for discussion will be the dictionary.

Kim Gram, Class Rep., 5339 6277
kimgram8@gmail.com

DINING OUT

Photographs from the group's visit to the *American Hotel*, Creswick, by Jenny Barton



Ann Reynolds, Class Rep. 5309 1718
annreynolds@hemsleypark.com.au

FILM MUSICALS

The remaining films for term two will be *White Nights* on 10 June and *Sweet Charity* on 24 June. If anyone is interested in joining the class please contact Bob Whitten

Bob Whitten, Class Coordinator
53418189 or ibobdown@hotmail.com

LANGUAGES

FRENCH C

This month sees the start of the big changeovers (*le grand chassé-croisé des vacances*) as class members arrive and others depart.

In class we are following our reading of Australia's French author, Paul Wenz, with dictation from a classic by Emil Zola, *Au Bonheur des Dames*. The book tells the story of the *Bon Marché*, the first ever Parisian department store, which opened in the 1860's. Our dictation is taking us through the book, one paragraph at a time, so we are possibly in for a long stint!

We were interested to hear that one of our class has managed to pick up (from Paris, no less) a First Edition of *Contes Australiens* by Paul Wenz, dated 1911.

Jan Leishman, Class Rep 0427 531 333

FRENCH E – Playing Pétanque





Peter Jones, Class Rep
5339 6170 Email tljones80@bigpond.com

FRENCH G

This class is on the 2nd and 4th Mondays in each month, 2.15 pm in Room 2, GPlace.

Ken Gittins, Tutor

GERMAN

The beginners' class has 'arrived in Düsseldorf' and found their way to their hotel room. Now they are about to 'hit the town' (ie 'lass die Sau raus')

The advanced class is waiting to hear if anything happens between Max and *Die Frau in der Bar*. Grammatically speaking, reflexive verbs are on the 'to do' list.

Ken Gittins, Class Rep

LITERATURE

Please note that there are no vacancies in this class for 2016.

Robyn McKnight, Class Rep

MEDITATION

Tuesday 9.30 am to 10.30 am
at St. Peter's Church Hall,
Sturt Street, Ballarat.

Cynthia Richards, Class Rep., 5331 1679

MUSIC APPRECIATION

June 3: Janice Cook will present a program.
Janice Cook, Class Rep.

MYTHS AND MYTHMAKING

Marion Dick, Class Rep., 5332 4831

NORDIC (POLE) WALKING:

Meet at 10.00 am every Tuesday – all welcome.

Mike Maloney Class Rep

5330 1334 or 0413 971 951

<maloney28@southernphone.com.au>

Pat McCarthy Tutor, 5331 6219

PRESERVING YOUR MEMORIES

There is still room in the group and we meet in G Place in Room one 1st and 3rd Tuesdays 1.00 to 3.00. We'd love you to join us.

Alice Christie, Class Rep.

RECORDER ENSEMBLE

We were invited to play at an Expo for Volunteers' Week in the Art Gallery Annex. We did not know what to expect and it turned out to be an event with a lot of background noise. We had to listen very carefully to each other, which is a skill in itself. There's always something to take away from a performance. It was rather a shame to play some pieces really well and not be heard. So - come and hear us in June - the fourth Wednesday, at GPlace. You will hear us clearly, which puts the pressure on to make the playing perfect!

Jacqueline Cleverley, Class Rep. 0410641357

SCIENCE

Over the last two classes we have been following a time-line from the first life on earth, 41 – 25 billion years ago to the Pleistocene 2.6 million years ago – 11,700 years ago. It is thought life began with Prokaryota, single celled organisms Archaea and Bacteria, with no organelles and asexual reproduction. 25 Billion years ago Eukaryota are recorded having evolved a more complex structure with organelles such as a nucleus, mitochondria or chloroplasts, sexual and asexual reproduction. The Eukaryota are plants, animals or fungi, plus Protista, such as protozoans. Differentiation of the Eukaryota led to complex structures and the evolution of multi-cellular organisms. From these minute organisms we followed the evolution of arthropods, giant insects, dinosaurs and the megafauna, their extinction and the affect plate tectonics and climate change have had on the survival and distribution of fauna throughout the world.

A new innovation in the Science Class was a stimulating discussion based on questions posed by Brenda around the theme of mass extinctions and climate change. Many thought provoking ideas were put forward.

In June we look forward to Ross Priddle enlightening us on the huge subject of 'polymers'.

Heather Bice, Class Rep.

SILVER JEWELLERY MAKING

Steve is back, and listening to the tales of his of travels around Europe was a bit like listening to a reading of Gulliver's Travels, only he didn't get attacked by little people. He did have a little problem with the Italian bread and even though he is learning Italian he still had a little trouble trying to express himself and understand the language, thank goodness for the two way translation app on his phone. Jokes aside, it does sound like Steve and Kaye had the most fantastic trip. I suspect they will be off again in the not too distant future.

Now we (those left behind) have to settle down to some serious silver jewellery making and prove our worth. Thank you again to the class members who filled in during Steve's absence.

Wendy Chandler, 5331 8904, Class Rep. (am)
Anne King, 5341 8002, Class Rep. (pm)

SIT AND STITCH

Our class is now able to take more members, contact Margaret on the number below.
Margaret Copping, Class Rep., 5334 1191, or 04 0902 1949

STROLLERS AND COFFEE

Walks start at 10 am sharp from nominated meeting areas on the 1st and 4th Wednesdays

1 June: *I Made It Cafe*. 113 Albert Street, Sebastopol.

22 June: *Lake View Hotel*, Wendouree Parade, Lake Wendouree

6 July: Victoria Park, Corner Sturt and Russell Streets, Coffee at Bakery on La Trobe Street.

27 July: *Pipers by the Lake*, coffee at *Special Treats*, Gillies Street.

For further Information on these walks, please contact John

Chris Cullen, Class Rep.
John Elischer, 0421341288

2016 City of Ballarat

SENIOR OF THE YEAR AWARDS



INFORMATION & NOMINATION FORM



CITY OF
BALLARAT 

A message from the Mayor and the Positive Ageing Advisory Committee Chair Cr Amy Johnson

The Ballarat Senior of the Year Awards recognise the contribution older people in Ballarat make to our community.

The Awards celebrate Ballarat's people over the age of 60 whose volunteer involvement supports and inspires others in our community.

The 2016 Awards have been updated to more closely reflect the Victorian Senior of the Year Award categories and we invite you to nominate colleagues, friends or family members to be considered for the 2016 Ballarat Senior of the Year award categories.

This year's awards will be presented at a reception in the Town Hall on Friday September 30 as the opening event of the 2016 Ballarat Seniors Festival.

Please consider supporting this celebration of Ballarat's seniors by submitting a nomination for someone you think deserves recognition.

About the Awards

The annual Ballarat Senior of the Year Awards acknowledge and celebrate inspirational Ballarat seniors.

2016 Award Categories

Mayor's Award for Ballarat Senior of the Year

For an outstanding contribution to the local community

Veteran Community Award

For exceptional contribution to the veteran community

Promotion of Multiculturalism Award

For significant contribution to promoting the benefits of cultural diversity

Healthy Active Living Award

For helping create active and healthy communities

Senior Achiever Awards

For significant contributions to their local communities

CITY OF BALLARAT SENIOR OF THE YEAR AWARDS

CITY OF
BALLARAT 



2016 BALLARAT SENIOR OF THE YEAR AWARDS NOMINATION FORM

Who is eligible for the awards?

To be eligible for these awards, the nominee must be an Australian citizen, a resident of or volunteer in the City of Ballarat local government area and be aged 60 years or over. Nominees will be assessed on their volunteer contribution and achievements since reaching the age of 60.

What are the selection criteria?

Nominees will be assessed on:

- How they make a difference to community wellbeing through volunteering
- Their good standing in the community
- How their positive attitude to ageing inspires others

Step by step guide to making a nomination

1. Complete the form in this information pack following the instructions carefully
2. Keeping in mind the selection criteria above, on two separate pages tell us:
 - a) How your nominee makes a difference to community wellbeing through their service to social, cultural or civic life.
 - b) How their positive attitude to ageing involves and inspires other people
3. Attach
 - a) You *must* attach at least two letters supporting the nomination from colleagues or individuals in the community
 - b) You *can* attach copies of up to 10 pieces of supporting information about your nominee such as awards and media articles
4. Send completed nominations to Ballarat Senior of the Year Awards
Community Development
City of Ballarat
PO Box 655 Ballarat VIC 3353
Or email roseyoung@ballarat.vic.gov.au

Further Information

For more information or help with completing a nomination form, phone Rose Young on 03 5320 5586 or email roseyoung@ballarat.vic.gov.au.

The awards are assessed by a selection panel with Councillor and officer representatives from the City of Ballarat Council and the Positive Ageing Advisory Committee.

The decisions of the panel are final. Information supplied with this form will not be returned, will be kept confidential and will not be used for any other purpose.

CITY OF BALLARAT SENIOR OF THE YEAR AWARDS



NOMINATION DETAILS

NAME AND AGE OF PERSON YOU ARE NOMINATING

Title _____

Date of Birth _____

First Name _____

Surname _____

Address _____

_____ Postcode _____

Telephone _____

Mobile _____

WHICH AWARD(S) ARE YOU NOMINATING THE PERSON FOR (Please Tick)

☐ Mayor's Award for Ballarat
Senior of the Year

☐ Senior Achiever Award

☐ Promotion of Multiculturalism
Award

☐ Healthy Active Living Award

☐ Veteran Community Award

YOUR DETAILS (the nominator)

Title _____

First Name _____

Surname _____

Position
(if representing an organisation)

Name of organisation (if relevant)

Address _____

_____ Postcode _____

Telephone _____

Mobile _____

Email _____

HOW DID YOU FIND OUT ABOUT THE BALLARAT SENIOR OF THE YEAR AWARDS? (Please tick)

☐ City of Ballarat Website

☐ My Ballarat

☐ Radio

☐ Newspaper

☐ Other (please specify)

**Closing date for nominations
is Friday 26 August 2016**

CITY OF BALLARAT SENIOR OF THE YEAR AWARDS

