





BALLARAT

UNIVERSITY OF THE THIRD AGE

the BULLETIN

MAY 2016

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CLASSROOMS & OFFICE

GPLACE, 102 ENGLISH ST, BALLARAT,
VIC 3350

BALLARAT NORTH CAMPUS, BNCC
702 WALKER ST, BALLARAT NTH.

OFFICE HOURS –

1ST WED 10.30 - 11.30 - BNCC

4TH WED 1.00 - 2.00 - GPLACE

Public Officer: Ros McArthur 11 Hamlet St,
Wendouree 3350 Reg. No. A 13304 K
ABN 3371 3445 856

MEETING DATES

EXECUTIVE MEETINGS

monthly on the 3rd **Wednesday**
9.30 am; Feb to Nov. BNCC

NEWS and VIEWS

monthly on the 4th **Wednesday**
2.00 pm. GPlace

DIARY DATES 2016

Wed May 4	New members' morning tea and tour, Bingo Room, Ballarat North Community Centre, 10.30 - 11.30 am, Office open at North 10.30 – 11.30 am
Friday May 13	Recorder Group, Art Gallery, 12.10 pm
Mon May 16	Celtic Band at Hemsley Park
Wed May 18	U3A Committee Meeting. Ballarat North CC 9.30 am – 12.00 pm
Wed May 18	Deadline for June Bulletin articles (to Phill Grant – and indeed before the mug of hot chocolate and the nightly Sudoku have been completed - grantphillip@hotmail.com)
Wed June 1	New members' morning tea and tour, Bingo Room, Ballarat North Community Centre, 10.30 - 11.30 am, Office open at North 10.30 – 11.30 am

Quick Reference - what's in this Bulletin?

- * Have you seen the new webpage? www.u3aballarat.org.au
- * What's on the Web? page 4
- * Class Vacancies, page 6
- * U3A Chamber Music Group – are you interested? page 6
- * Twilight Talks Program, page 8

U3A Musical Performances

Fri 13 May – **Recorder Group**; 12.10 pm at the Art Gallery
Mon 16 May - **Celtic Band**; Hemsley Park Retirement Village.
Tues 7 June - **Celtic Band**; St John's Anglican Ladies' Fellowship.
Sat 25 June – **Celtic Band**; Rosalind Lawson's Art Exhibition, opening in Camp Street Ballarat.

Many thanks to those who commented on the new format of the Bulletin. It seems that removing the columns from some pages makes those pages easier to read on computers and tablets. The 'Class Notes' pages remain in columns, simply because otherwise they take up too much space.

Some photographs have been held over until the next issue. Space is an issue when the number of pages has to be a multiple of four for printing the hard copies.

Phill Grant (grantphillip@hotmail.com)

PRESIDENT'S REPORT

Ballarat Joins MyU3A

With nearly 850 members attending classes this year the committee has decided to join the MyU3A family of U3A's. What does this all mean to you? The main benefit for members is they will be able to join, pay membership subscription, and sign up for 2017 classes online from the U3A webpage. The sophisticated database has fantastic functionality so that tutors, reps and committee member's tasks will manage the day-to-day business of scheduling classes, keeping track of attendances, checking apologies, and so much more. Watch this space over the next few months as the membership committee gets up to speed with this promising system.

Changes at Ballarat North Community Centre (BNCC)

The west wall has been demolished and the steel work will be erected soon. Then the external walls go up, the new larger hall and flooring will be brought up to standard, a new audio-visual system added, the heating provided by a new boiler installed, and a final paint job to brighten up the whole area. The Operations Group has had further discussion with the architect outlining our need for the new larger hall, a single office for all three residents, and revised plans for the toilets, a new classroom, new access to the library, and a revised kitchen and café/lunchroom. The bad news is that the Council of Ballarat (CoB) budget for 2016-17 does not include our staged plans after the hall's rectification. So what can you do? Lobby your city councilor to provide money in the budget to continue the structural changes to the BNCC in 2016 – 2017. Your committee has been working hard to achieve this aim – but the bottom line is that with CoB rate capping in 2017, the business plan to continue the staged process of rebuilding has not been given priority number one. Please talk to your local councilor and tell them how much U3A Ballarat contributes to your health, learning, support, companionship, and quality of life. With over 185 new members in 2016, we are anticipating going over 1000 in 2017-18. So give them a call/email – or eyeball them - and explain why we need their support.



U3A Regional Meeting

Committee Grows

Lidia Aitken has been a welcomed addition to our committee. Already she has taken on the organization of the 'Xmas in July' social function and is helping with catering for functions - the morning and afternoon teas, and tutors' luncheon. Her experience with food is very welcome and will spread the tasks your committee handles during the year.

Cleaning at GPlace

Please continue to work on the ongoing problem of keeping Rooms 1 and 2 clean during the week. To make the job easier, we will purchase two new vacuums that should make light work of the class-to-class cleaning over the week. Tutors and reps could help by making a roster to share the weekly cleaning and tidy-up responsibilities. The cleaning of the toilets, halls and kitchen are somewhat improved, but U3A will also help on Mondays and Fridays to insure that the tearoom is left in good order (while BRMC looks after Tuesday to Thursday). With winter fast approaching be sure if you are the last to leave GPlace or BNCC turn off the heater, draw the blinds, and exit through the front door (after checking the other external doors) and set the key pad alarm. If everyone leaves the places better than when you came in – the problems will vanish!

Blake Gordon, President

INTERNATIONAL U3A NEWSLETTER

U3A SIGNPOST can be found online at:

<http://worldu3a.us6.list-manage2.com/track/click?u=4591b7dedb80e8dc4ca93c1af&id=df90a16210&e=a1f77c0935>

MEMBERSHIP

Great excitement this month with a trial and demonstration of the *MyU3A Management System*. This system, which will replace our present database, has now been approved by Committee and will be in place well before the 2017 enrolments begin.

MyU3A, which is used by many U3A's in Victoria and NSW, is an online system which will enable members to enrol, pay and book into classes online. Tutors will be able to obtain class data and mark rolls online. We will have office facilities available five mornings each week for those with no computer access. Each member will receive a password and information on how to use the system. We will be running training sessions for Tutors and Class Reps in the use of the system. This change is necessary due to our continued increasing enrolments, the difficulty of keeping track of class numbers and the need for the administration of Ballarat U3A to be shared among more volunteers.

It will be a big change in the way things are done, but we are sure that we can all meet the challenge!! Watch this space for further information!

Nina Netherway, Membership Secretary: 5334 4836, ninan06@bigpond.com

WHAT'S ON THE WEB?



More Tips on using our website.

Check out our **Events Page**.

This month take a look at the **Events** Page. Go to our website using the address www.u3aballarat.org.au

and in the menu at the top of the page you will see the word, 'Events'. Click on it and you will find a number of photos showing activities our classes get up to.

If you would like to show us what **your class** is doing or planning, just send a photo and details to me and I will put it on the events page. Remember too that important dates and activities for **your group** can also be added to the calendar page.

There will be more hints in the next issue of the Bulletin. If you need help in using the website, please contact me, Mary Maloney

REMINDER :

The Members Area has full timetable details including Tutors and Reps contact details. Instructions for accessing and using the **Member's Area** are in the **March Bulletin** on page 4. Instructions for using the **Course Page** are in the **April Bulletin** on page 4.

Mary Maloney; Web Manager. moomoo@southernphone.com.au

CLASS COORDINATOR'S NOTES

Who would like to lead a bushwalking or strolling group for Semester Two?

Bushwalkers and Strollers and Coffee would like to divide their classes into two groups. Is there anyone who would like to take over as Facilitator of a second group, for either Bushwalkers or Strollers and Coffee?

Dutch

The phone number for Ingrid Parker, Dutch tutor was incorrect in the last Bulletin. However, on the website it is correct, both in the class information booklet and on the timetable. The phone number for the class rep. is also correct.

Here is the correct phone number for **Ingrid Parker, the tutor for Dutch : 0417014610**

Ingrid is still taking the names of anyone who is interested in joining the class and the class should start soon with a small number of participants.

Chamber Orchestra Starting Up See Barry Robbin's article in this bulletin. If you are interested, please contact Barry.

Semesters and Terms The U3A year is divided into two semesters, ie two half years. The second semester begins in July after the school holidays. We mostly work using semesters. There are also four terms for the year, which coincide with the Victorian school terms. However there is only one subject that starts new classes at the start of the term.

Introduction to Ipads offers two new classes for term 2. Greta Dekker is running a class weekly on both Tuesday and Wednesday at the Forget-me-not Café at the New Cemetery. There are three vacancies at this stage. Greta will be starting the classes a few weeks later due to personal reasons. Please contact Greta by email if you wish to join her classes.

Meditation and Yoga@North

Julie has emailed most members of her class about changes to when some of her classes are running. Please read your email from Julie carefully, and check with your class mates to see that everyone is aware of the changes.

Classes which have finished for now

Book folding

Sudoku

Wine production and assessment

PLANNING FOR SEMESTER TWO

Planning for Semester Two is beginning now. There are some new classes that are already listed in the class booklet. These classes still have vacancies. The contact details are listed in the class information booklet and the timetable which can be found in the member's area of the website.

Cooking when you are not sure how - six vacancies. Contact Gayle Desnoy

Cultural Capital - one vacancy. Contact Denise Wilson

Painting and Drawing - a short six week course. Contact Ian McKee

The Sublime - has vacancies. Contact Kate Simons

Denise would love to hear from anyone who wishes to start a new class for Semester Two. Please contact her on the email address above if you would like to introduce a new class. She needs to know by mid-May at the latest.

Tutors, you will be contacted soon, to find out whether or not your class is continuing for Semester Two. Most classes will continue, but some were listed as Short Courses for Semester One only. You may have changed your mind?

The classes that originally said that they were for Semester One only are:

Ballarat Botanic Gardens

History and Spread of the English Language

Music, Music, Music

Scottish Dancing

Yoga for Absolute Beginners and the Less Agile

CLASS VACANCIES: at 23 April 2016 for Term 2.

Class		
Ballarat Botanical Gardens (short course)		yes
Ballarat History		yes
Canasta		yes
Chamber Orchestra	contact Barry Robbins	
Community Gardening		yes
Cooking when not sure how – Term 3		yes
Current Affairs		yes
Cycle Touring Group		yes
Dining Out Group		yes
Dutch		yes
Film Musicals		yes
History (Australian) through Film and Fiction		yes
History of the Spread of the English Language		yes
Introduction to Ipadis (Short Course)	yes for term 2 and Term 3	
Latin 1 Beginners		yes
Latin 2		yes
Latin 3 and 4		yes
Latin 5 and 6		yes
Nordic Walking		yes
Poetry		yes
Preserve your Memories		yes
RAPT in Singing		yes
Recorder Ensemble	yes, if you can play	
Roman History		yes
Scottish Dancing		yes
Scrabble		yes
Sit and Stitch		yes
(The) Sublime (Short Course) 2 nd Semester		yes
The Fall of the Roman Republic		yes
The Stuarts		yes
Weave your own Stars		yes
Yoga (Buninyong)	contact Lori	
Yoga for Absolute Beginners and Less Agile, Buninyong	contact Lori	

If the class is not on this list, it has no vacancies, but you may be able go onto a waiting list. The classes listed at left still have vacancies so ring the Class Rep to enrol. If there is no Class Rep ring the tutor.

U3A Chamber Music Group Call for Expressions of Interest

Have you got an old violin, clarinet, cello, flute etc lurking at the back of the cupboard and have often thought about playing it again? Do you enjoy playing your instrument in the safety of your lounge room but don't think you would be good enough to join an ensemble? This may be your opportunity.

Expressions of interest are being sought for a U3A chamber music group. It is proposed that the ensemble be small enough (6-8) players to operate without a conductor (unless there are any keen conductors out there that would like to volunteer). The group would be open to players of orchestral instruments (particularly strings and woodwind) who can read music and have a degree of competence on their instrument (e.g. AMEB grades 3-5 level). It is likely that the proposed group would focus predominately but not exclusively on classical music.

Contact Barry Robbins by email barry@bajelu.com.au or phone 0423840988 if you would be interested in joining this group.

*Denise Grant –Class coordinator
email DeniseU3A@hotmail.com*

ODDS AND SODS FROM THE COMMITTEE AND OTHERS

- * Denise would love to hear from anyone interested in taking or facilitating classes in Semester 2. Please refer to her note in the Class Coordinator's notes.
- * Another fabulous opportunity has arisen – U3A Ballarat is looking for a Coordinator for **News and Views**. The usual skills are needed, you know, be able to leap tall buildings in a single bound and a belief that, to fly, all one has to do is throw oneself towards the ground, but miss.
- * Christmas is so great that we will be organizing a Christmas in July. Cool, eh? (And, everyone knows that Christmas lights look really fantastic when eyeglasses are removed and one or two mulled wines are enjoyed.) This could be a reason not to travel to Queensland this year.
- * Nina is always pleased when members wear their badges, with the completed medical contact details, to class.
- * Ros McArthur hasn't received any letters of complaint about the kitchen at GPlace being kept spic and span. However, Anne has. So, there is now a roster. U3A is 'on' on Mondays and Fridays.
- * One of the endearing features of U3A is that it is all voluntary and consequently everything is done collaboratively.
- * Did you know that enrolment numbers continue to 'trend'?
- * Did you know that the new U3A Ballarat website has also 'trended'? (Cool, eh?!) The web address is on the second page of this Bulletin. Mary has posted an 'index of instructions - reminder' in her notes on page 4
- * Did you know that U3A Ballarat has made a big contribution to 'Stars against Violence'?
- * Did you know the 2016 Census is coming? Did you know you could get a job?
Visit census.abs.gov.au

THE DIVERSION FOR MAY



Congratulations to Blake Gordon, John Garner and Wendy Taylor for correctly naming the place where the photos were taken as Nimmon's Bridge on the Ballarat – Skipton Rail Trail.



Similar prizes (in other words, only the pleasure of solving a puzzle) are offered to those who can answer MAY'S diversion; **where in the world is?:**

Answers to Phill Grant
(grantphillip@hotmail.com)

More on the Kokoda Trek

Greg Jakob, the speaker for February's 'News and Views' presented a very interesting topic, being his experience hiking the Kokoda Track. The questions reflected the interest in the topic, and he has forwarded a link to a longer video on the Federation University website for anyone who is interested. The link is: <http://federation.edu.au/about-us/facilities-and-services/campus-life/accommodation/residential-life/activities-and-events/kokoda-trek>

Twilight Talks: Mid-Year Series

The Series of Twilight Talks will take place from 13 May until the 24 June.

We have an exciting and varied program of high quality speakers.

Program

- 13 May Pam Baragwanath, co-author of the recently published book *These Walls Speak Volumes: A History of the Mechanics' Institutes of Victoria*, will speak about the history of Victoria's institutes. Pam a former teacher and librarian, has restored the Healesville Mechanics Institute and is an expert concerning Victoria's almost 1000 institutes.
- 20 May Dr Anne Beggs-Sunter, author of a chapter in *Under Minerva's Gaze*, will discuss the relationship of our Institute to the founding of the Ballarat Art Gallery. Anne is a lecturer in the Education and Arts School of Federation University and is very well known for her heritage work in Ballarat.
- 27 May Peter Zala, Deputy President of the Royal South Street Society, will outline the highlights of 125 years of South Street competitions. Peter has been a Board member of the Society for over thirty years and has held many committee positions. He has been chair of a number of disciples including the well-known Herald Sun Aria.
- 3 June Dr Jessie Harman, Director of Partnerships and Commercial Engagements at Federation University, will speak about how Australian universities are changing especially in relation to International students. Jessie, a former Rotary District Governor, has wide experience in the world of marketing.
- 10 June Phil Roberts author and Haymes family members will discuss the first 80 years of 'Haymes Paint'. Phil, author of 16 local history books, has written *Paint Running Through the Veins* that is to be launched in May this year. A panel of Haymes family members will answer questions about their company.
- 17 June Ross McMullin, author of the award-winning *Pompey Elliott*, will talk about 'Australia's worst 24 hours: The Battle of Fromelles' shortly before the disaster's centenary. Pompey, who was dux of Ballarat College, commanded a brigade that was shattered at Fromelles. Ross's most recent book *Farewell Dear People* was awarded the Prime Minister's Prize for Australian History.
- 24 June Bill Tyrer, a Cabin Steward of the Cunard luxury liners of a bygone era, has written a book *Merseyside to Manhattan*. Bill will provide his talk about his experiences in looking after famous people such as Rita Hayworth, Richard Burton, Liberace, the Aga Kahn and Winston Churchill. This talk will concentrate on the 1940s and 50s.

Phil Roberts (Twilight Talks Coordinator)

CLASS NOTES

The next Bulletin deadline;
Wednesday 18 May 2016
to Phill Grant, PO Box 2058,
Bakery Hill, 3354 or
grantphillip@hotmail.com

ART

2000 YEARS OF CHRISTIAN ART

2000 Years of Christian Art is held on the 3rd Wednesday of each month, at 2.00 pm, in Room 2, GPlace.

Session number ten: The art and tradition of the Saints.

Wednesday 18 May, 2 pm GPlace.

The saints of Christianity have sometimes been described as the 'Elite Athletes' of the Faith. These are the men and women who have stood out among the multitudes of the faithful for their insights and super-human endeavours. Many have displayed extraordinary courage and indomitable will, as they faced persecution and heavy labour in their lives, and performing miracles in the process.

In this session we will be taking a look at the ways that Saints have been depicted in art, and the traditions histories and legends that make up their legacies. We will discuss saintly stories that are bizarre, exciting, inspiring, as well as those that are frankly fabricated – in many cases by well-meaning authorities in the Church. Some of the art works display revolting sadism or a seeming delight in sheer savagery. Some show up to our modern eyes as saccharine sweet in imagery. But they are always fascinating. What about saints who having been decapitated, proceeded to pick up their severed heads and carried them to their graves? What about those who are reported as performing miracles of healing such as transplanting a leg (of a different coloured race) onto the body of an amputee? Was Francis the only saint who took a rare delight in the other creatures of nature? Come and find out. Cheers, Ron.

Ron Hedgcock, Tutor.

ART - PAINTING and DRAWING

A very successful beginners' drawing class has finished for this term, in which participants

explored varying techniques. It is now time to look forward to the next six week class. This will commence on **Thursday July 14**, 10.am at 2 Clarkson Street, Sebastopol.

There is a long waiting list for this activity, so if you are still interested, in June, contact Ian McKee, Class Representative, for the Art Group, or Barbara Preston, Tutor, to secure a spot, as there is a limit of six people. A requirement list is available.

Barbara Preston, Tutor

AUSTRALIAN HISTORY

The Australian History Group meets on the 2nd and 4th Tuesdays of each month, 1.00 – 3.00 pm at GPlace Room 1.

Joan Macmillan, Class Rep.

Nina Netherway and Zelda Martin, Tutors

BALLARAT HISTORY

During April we have heard of the early years of gold, its finding and exploitation. Now in May we shall hear from Dr. Jane Smith (Director of the Museum of Australian Democracy at Eureka); 'Eureka, Why and Impact'. So come along at 10.30 on 11 May to hear both Dr. Smith and Jack Engwerda on the topic.

Later, on 25 May, 'The Chinese on the Goldfields' is our subject; the speaker is yet to be confirmed.

Remember the class meets at 10.30 in the lecture theatre at M.A.D.E. where the coffee shop offers a wide variety of choice. Any queries please contact Margaret, especially if you will be an apology for a class.

Margaret Eedle, Class Rep.

telephone 5339 4465 or

email margaret@eedle.com)

BALLROOM DANCING

The Ballroom Dancing Class has now learnt a number of dances, with many thanks to Brian,

Elizabeth and Andrew. Although we are not quite ready for competition work yet, we aim to struggle along knowing the benefits of fitness and friendship.

Dance elevates our mood by raising our endorphin levels. This is what allows us to heal stress and depression - two of our immune system's biggest enemies! It helps us establish our self-confidence and self-discipline. It improves the harmony between our mind and body, giving us a sense of well-being. Knowing all this, we are happy to put on our 'dancing shoes' each week and try to tread the boards.

Lorraine Amour Chambers, Class Rep.

BUSHWALKERS

Walks for May

May 12: This walk has been cancelled as twenty-three of us will just be on our way back from camp along with the scheduled leaders of the walk.

May 26: John Maguire will be leading a walk from Buninyong Botanic Gardens to peak of Mt Buninyong. Code C, 8-9 kms, Bring Lunch. Car Pool \$3.

It is advisable to bring sticks.

Thanks John for stepping in and agreeing to do this walk!

For walk details and photos from past walks please go to our Blog at:
<http://bushwalkersu3aballarat.blogspot.com.au>

KEY. A – easy, B – undulating, C – hilly, longer, D – strenuous. BL – bring lunch. NOTE. Meeting place is GPlace at 9.20 am to leave at 9.30 am

Laraine Gunning, Class Rep.

CANASTA

On the first Friday of each month our group will meet for lunch at 12.00. We have room for a few more players.

Ros McArthur, Tutor 5332 5714

CELTIC MUSIC BAND

On Saturday March 19, the Band played at *Rosalind Lawson's Studio* as part of the Golden Plains Arts trail. While seated in the

paper-making Shed, the band played to an enthusiastic audience seated in the beautiful bushland of Napoleons. Afterwards, people travelled in convoy to the Garibaldi Hall where we performed for a group of *Blaze Aid Volunteers* who were 'winding up' their activities in the area with an evening of music and a barbeque. It was great to play to a group of people who responded to the music by dancing, foot tapping and singing along with the variety of tunes.

Most recently, we performed for a Probus Group at the Uniting Church in Creswick. People enjoyed the music and showed their appreciation with many positive comments and the purchase of lot of CD's.

Meanwhile Corrie has prepared a Folder of new music which we shall learn and play at future Gigs, already on the horizon.

Ros Cole, Class Rep.

CHOIR

This month we had a blow when our Conductor Ken decided it was time to retire. His health hasn't been good for a while and we will miss his guiding hand. At the same time our pianist Val was having problems with her hands but with help she's back with the ivories.

Fortunately for us, George has agreed to fill the position. He's the one who plays the flute etc. and sings tenor and now conducts.

So it's all go now with many opportunities presenting themselves for us to entertain.

Liz Bailey, Class Rep.

CLASSIC CINEMA

Our films this month will follow the career of Elizabeth Taylor, much loved in her youthful roles and highly praised for the dramatic parts she later took on. And, of course, one of the most publicized actors of all time. We'll also be able to see the striking changes in cinematic styles, acting techniques and acceptable content over that decade and a half.

May 10: *Father of the Bride* (1950, Dir: V. Minnelli, 93 mins)

May 31: *Who's Afraid of Virginia Woolf?* (1966, Dir: Mike Nichols, 129 mins)
Please be seated by **1.30 pm** ready for a prompt start.

Shirley Faull, Tutor
Marion Dick, Class Rep.,
5332 4831, or mobile: 0429 691 470

CLOGGING

A happy and enthusiastic group of learners has been dancing each Friday morning. All dancers have surprised themselves with the many new moves they have successfully accomplished. Many thanks to Ursula for helping us get on top of our public address system.

Gail Henderson, Neil Reither; Class Reps.
Val Kerr, Rina Cocking, Tutors

COMMUNITY GARDENING

Our next gardening session on Thursday May 5 will also be a Harvest Lunch. You are invited to bring some food to share, or use the kitchen on the day to prepare something. The kitchen and Function Room are booked, but we may eat outside if the weather is kind. RSVP if you will be coming to the lunch (starting at 12 noon), letting me know what you will bring. All welcome!

Anne Ottrey, 0422 963 985 or
ottrey@ncable.net.au

CRYPTIC CROSSWORDS

Some hidden answers are well camouflaged; others are more obvious. Photograph: Tibor Olah/EPA

Here's an example – Roost in super cherry tree (5). Answer next month

Mary Chappell, Class Rep. 5330 1633

CULTURAL CAPITAL

Our series of three day-long trips to explore lesser-known and unusual museums, galleries

and other places of cultural interest in Melbourne will be held on May 5, June 2 and July 7.

This class is now full. Our first outing on Thursday, May 5, will include several varied museums at Melbourne University.

Confirmed class members will receive an email outlining the itinerary by May 2. Please contact me if you do not receive it.

Denise Wilson, Class Rep., 5341 3416
treden@vic.chariot.net.au

The CYCLING GROUP

Some statistics for 2016:
So far, about 2300 'people km' have been cycled, at least 42 cappuccinos/coffees/teas/drinks and at least 42 scones/cakes/muffins have been consumed.

Many thanks to Lesley and Bill for their organization of the Beaufort to Elmhurst ride, and especially the tea and scones on a sheep station. They also organised perfect Autumn weather. Previously, the return trip to Clunes was well-rewarded by the lunch at Clunes.



Phill Grant, Convener

DANCERCISE

The Dancercise classes for both Mondays and Wednesdays now have
No Vacancies.

Both these classes have been packed to capacity, many new class members have attended this year and will all agree that it has been a fun filled time.

With the capable tuition of Jenny we aim to improve our memory by focusing on the required steps. Also improve our

cardiovascular system, muscle strength, posture and balance etc. While we always remember the bottom line, which is to ENJOY and HAVE FUN.

Lorraine Amour Chambers, Class Rep.

DINING OUT

Following our last two very successful lunches, we are next going 'out of town' to Creswick, just twenty minutes from Ballarat. Our booking is for 12.30 on Sunday, 15 May at the *American Hotel*, the first hotel on the right as you enter the township. There is street parking and as I have booked a separate room (the Bistro is quite small) it is best if you enter through the black wrought iron gate under the large Bistro sign. Please let me know by Thursday, 12 May if you are joining us so I can give our numbers to the hotel on the Friday.

*Ann Reynolds, Class Rep. 5309 1718
annreynolds@hemsleypark.com.au*

ESSAYS AND IDEAS

The essays to be read for May are as follows:-

May 9; from *Better than Fiction, A Tohunga with a Promise to Keep* by Keri Hulme
From *Personal Essays, My Father* by Doris Lessing.

May 23; from *Better than Fiction, Death Trip* by Peter Ho Davies.
and from *Personal Essays William Zinsser – Jury Duty*.

Mary Chappell, Class Rep. 5330 1633

FILM MUSICALS

The remaining films for term two will be *Umbrellas of Cherbourg* on 13 May, *Seven Brides for Seven Brothers* on 27 May, *White Nights* on 10 June and *Sweet Charity* on 24 June. If anyone is interested in joining the class please contact Bob Whitten

*Bob Whitten, Class Coordinator
53418189 or ibobdown@hotmail.com*

LANGUAGES

FRENCH C

We enjoyed a week off for *La Fête de Pâques* (Easter) but have been busily at work since, looking at a short story, *Le Petit Murphy*, written by the French-born author, Paul Wenz, who moved to Australia permanently in 1897.

The story recounts the dramatic and tragic events that took place in a small farming community during the prolonged *secheresse* (drought) in 1901.

Paul Wenz married an Australian, Hettie Dunn, and they lived near Forbes, NSW. He wrote most of his work in French and was published primarily in France, so is not so well known in Australia. Interestingly, on his first journey to Australia in 1892, Paul Wenz visited Ballarat!

Of note: His family owned the Wenz wool brokers and by chance, our 'prof' knew Denis Wenz, Paul's great nephew, who at the time was head of the firm.

This month: We are looking forward to welcoming home one of our class members who has just spent a whole year living in France!

Jan Leishman, Class Rep 0427 531 333

FRENCH E

Our second term of the year is now upon us and our journey continues. While holiday time usually sees us putting aside our textbooks for other pleasures, we now return to delving into the joys of expanding our knowledge of French!

The French language is spoken in many countries other than France: - several African countries, Canada and the Pacific to name a few. Just think of the places you can travel once you gain a working knowledge of the language!

The more you put into learning any language means the more you will get out of it. So don't be afraid of doing that little bit more homework if you can find the time. However, many of us just appreciate our class time

without spending all week studying!
Remember there are no exams at U3A and no final reports to stress us out so just enjoy the experience.

Peter Jones, Class Rep
5339 6170 Email tljones80@bigpond.com

FRENCH G

Our French G class finally commenced on Monday 11 April after some teething problems. Because of the late start our room allocation has been limited to only the 2nd and 4th Mondays in each month and due to the number of holidays we will only be able to hold twelve classes for this year. Next year will probably bring about a different situation. Because French is so popular, eighteen people as beginners, were unable to fit into the existing six classes, which were full. Hence the creation of French G.

Only eleven of the eighteen were at the first class and the majority had at least some experience with the language, but all needed to go back to basics. An effort is being made by email to contact all class members to advise that the next class will be on Monday 9 May at 2.15 pm in Room 2. Mary Allison will be the Class Representative

We started off with the French alphabet, numbers and introductions. Next will be personal pronouns and verbs.

Ken Gittins, Tutor

GERMAN

The beginners' class have established the pattern for regular verb endings, in the context of 'coming and going'. If you hear someone talking to themselves in German as they enter a café, restaurant, hotel or supermarket it is likely that that someone will be from this class.

The advanced class have finally heard who stole *Nofrete* from the *Egyptian Museum* in Berlin and been able to work out the vital clue to the thief's identity. Grammatically speaking, separable verbs, especially those with 'hin' and 'her' have been studied.

Ken Gittins, Class Rep

LITERATURE

Our class will be reading *The Tennant of Wildenhall* by Anne Bronte, with tutor Helen Boshier.

Please note that there are no vacancies in this class for 2016.

Robyn McKnight, Class Rep

MEDITATION

Tuesday 9.30 am to 10.30 am

at St. Peter's Church Hall,
Sturt Street, Ballarat.

Note that it is possible, as the term progresses, that this class may be moved to the slightly later time slot of
Tuesdays 9.45 am to 10.30 am

The class caters for people who are absolute beginners to the practice of meditation as well as those who are regular practitioners. During the first few weeks, Julie has been helping members determine which meditation techniques work best for them. To achieve this, she has introduced us to a range of techniques and ideas. We have practised using breath awareness, mental body scanning and relaxation, a range of visualisations, repeating mantras and affirmations as well as practised walking meditation. We have experienced meditating in silence, with background music and discussed how to make our environment conducive to effective meditation.

The second term has commenced well with members continuing to practise and refine their meditation techniques and concentration skills. At present the class is full, as is the waiting list.

Cynthia Richards, Class Rep., 5331 1679

MUSIC APPRECIATION

Bring along any favourite vinyl records for the session on Friday May 6 so they can be played and enjoyed on Doug Rutherford's record player. Then on June 3, Janice Cook will present a program.

Janice Cook, Class Rep.

MYTHS AND MYTHMAKING

Marion Dick, Class Rep., 5332 4831

NORDIC (POLE) WALKING:

We have reached the eastern end of the Yarrowee trail and will be meeting at the first carpark at Gong Gong Reservoir, just off Daylesford Road during May.

Meet at 10.00 am every Tuesday – all welcome.

Mike Maloney Class Rep
5330 1334 or 0413 971 951
<maloney28@southernphone.com.au>
Pat McCarthy Tutor, 5331 6219

OPERA ON VIDEO

Friday, May 27, 1 pm;

Ernani, an early opera by Verdi, La Scala production starring Domingo, Mirella Freni, and Nicolas Ghiaurov.

Graham Worrell

PRESERVING YOUR MEMORIES

What fun our group is having, putting together our photographic memories. With Irene's experienced tutelage we are being taught various creative styles and ideas used in scrapbooking, along with colours and designs. Irene has provided us with the ability to access her huge range of resources collected over many years. We get to know about places to shop and knowledge about workshops held in the district we can attend at minimal cost. We have all based our work on themes, many on our family histories and the results have been most satisfying.

There is still room in the group and we meet in G Place in Room one 1st and 3rd Tuesdays 1.00 to 3.00. We'd love you to join us.

Alice Christie, Class Rep.

RECORDER ENSEMBLE

On Sunday April 17 a group of eight from the U3A recorders played at the Steiner School Autumn Fair. Our music was well received and the whole event was quite delightful. Go

and visit this school if you get the chance. It has the sort of play areas that children in mainstream schools would love. No harsh asphalt here! At Christmas we joined with their recorder players adding the alto, tenor and bass parts to the carols they had learnt. This was a follow-up invitation. We played music from different eras - from the thirteenth century to the twentieth - with Bach and Vivaldi somewhere in between.

STOP PRESS; the U3A recorder group are playing for Volunteers' week at the back of the Art Gallery at 12.10 pm on Friday May 13. More details can be obtained from the Class Rep.

Jacqueline Cleverley, Class Rep. 0410641357

SCIENCE

The excursion to the Devil's Kitchen and Clarksdale bird sanctuary was a great success. At the Devil's Kitchen Brenda explained the significance of the Avoca Fault and we observed the different layers of lava from four to six volcanic eruptions in the area. In a cutting on the Piggoreet road we looked at a bedding plane that had been pushed upward to a vertical position with deformation and metamorphism, due to immense pressure from moving plates that caused the Avoca Fault.

Lunch was at the Clarksdale bird sanctuary where the Environment Centre has been named to honour Clare Miller, one of our class members, for all the work she has put into establishing and maintaining the bird sanctuary.

The next class will be on Tuesday 3 May.

Heather Bice, Class Rep.

SILVER JEWELLERY MAKING

It seems I was mistaken and Steve has gone a lot further than Northern Australia, I am reliably informed he has gone to Switzerland, and will be back to start classes again on Tuesday 10 May.

Many thanks to those who taught us their skills while Steve was away. Laraine Gunning

showed us different ways to enamel copper, Terry Dixon showed us how to work with silver on wood to make a beautiful leaf and Jacki Pyke will be showing us how to make double or triple chain mail and beaded earrings. Thanks again to our temporary tutors.

Classes resume as normal with Steve on Tuesday, 10 May.

Wendy Chandler, 5331 8904, Class Rep. (am)
Anne King, 5341 8002, Class Rep. (pm)

SIT AND STITCH

We have welcomed several new members to our class and everyone is busy working on a variety of projects. Marie has demonstrated many helpful sewing hints for dressmaking. Yvonne demonstrated 'Sleeveys', a top you wear under a sleeveless top to add sleeves.

Several members had fun decorating Easter Bonnets with June's judged best hat and Marjorie's an honourable mention.

Our class is now able to take more members, contact Margaret on the number below.



Margaret Copping, Class Rep., 5334 1191, or 04 0902 1949

STROLLERS AND COFFEE

Walks start at 10 am sharp from nominated meeting areas on the 1st and 4th Wednesdays

27 April; Ballarat Special School, Norman Street.

4 May; Eclipse Ford. Albert Street, Sebastopol, meet on the side street.

25 May; Krooze in Cafe Corner of Boak Street

and Geelong Road.

1 June; 'I Made It' Café, 113 Albert Street, Sebastopol.

22 June; Lake View Hotel, Wendouree Parade, Lake Wendouree.

For further Information on these walks contact John

Chris Cullen

John Elischer, 0421341288

WINE PRODUCTION AND ASSESSMENT TERM 1 2016

The ten week Wine Production and Assessment Course run by Steve Goodwin and thoroughly enjoyed by all participants has now finished. Steve's vast knowledge and experience of the wine industry both in Australia and around the world added to enjoyment of the course by all class members.

We covered:

The history of wine,

The annual cycle of activity in the vineyard,

The science and different methods of production of various styles of wine,

The critical role of the winemaker

The role barrels play in ageing wine, and much more.

We looked forward to our weekly blind tastings of various styles of wines comparing local to overseas versions with some surprising results. We covered the full gamut of wine production from sparkling wines, white wines, red wines, desert wines, fortified wines and even touch on spirits.

Steve has indicated he would be prepared to run another course in the future on different wine related topics if enough U3A members showed interest, so keep an eye on the bulletin and book your seat in the class early.

Rod Bolton, Class Rep.

If undeliverable return to:

U3A

PO Box 2058

Bakery Hill, Vic 3354

U3A BULLETIN

BALLARAT

Reg. No. A 13304 K

Print Post Approved

PP 100004965.

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